



Association of Gay and Lesbian Psychiatrists

OPENING MINDS

VOLUME XXIX(3) · AUGUST 2003

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Frank Rundle, M.D., with David Kessler, M.D., (Second AGLP President) at the AGLP Awards Banquet in San Francisco.

Photo by Robin Rundle

President's Column

Mary Barber, MD

A year ago, I had one daughter; now my partner and I have two. Last summer we went through Department of Social Services training to become foster and adoptive parents, and now we have three-year-old Trinity in our home and are in the process of adopting her. Our family has grown, and all of us are learning from and adjusting to the change.

I recently saw other evidence of what change a year can bring when I attended my five-year-old daughter's second dance recital. Kennedy's steps were not exactly in sync with the music, and all the dancers in the line were still looking at the teacher offstage. Even so, there was a noticeable difference between last year's show and this year's. Kennedy and the others in her class appeared much more graceful and grown-up-looking after another year of classes and practice.

I can say much the same thing in looking back from last year's successful meeting in Philadelphia to this year's meeting in San Francisco, and in looking at how far our organization has come since then. This year's annual meeting built upon the strengths of last year's, with several wonderful social events highlighting the hospitality of local members. The showcase of the San Francisco meeting was the Saturday all-day symposium, which brought together many high-quality presentations and discussion groups. The sessions were extremely well attended, drawing 125 people for the day of educational programming. It was a tangible bit of evidence that scholarship on LGBT mental health has gone to a new level of depth and breadth, and for that, we can all feel proud to have con-

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Photo Highlights begin on page 14

The Newsletter of the
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The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Cheryl Chessick, M.D., Editor, *Newsletter* of AGLP; is 4455 East 12th Avenue, Box A011-21, Denver, Colorado 80220. (Phone: 303-315-9884, FAX 303-315-9570, E-mail: cheryl.chessick@uchsc.edu). Submissions should be clearly readable. Submissions on electronic media (5.25 or 3.5 inch floppy disks) in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is September 30, 2003.

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Editor's Column

Well the APA has come and gone. For those of you who were at the AGLP meetings, the San Francisco did a wonderful job. I would also like to say congratulations to our two awardees. Frank Rundle will be interviewed by Rick Hire and I have the interview of Francis Lu as follows.

I had the pleasure of being able to go through Francis Lu's CV. It was quite impressive and I must say he has a tremendous amount of energy. Francis Gordon Lu is a Professor of Clinical Psychiatry, Step III, Department of Psychiatry, School of Medicine at the University of California, San Francisco. He was this year's recipient of the Distinguished Service Award "for his tremendous efforts in promoting cultural competence within the APA and psychiatric residency training which has thereby fostered improved treatment and acceptance of GLBT people." He noted this on page 2 of his 54 page CV. I take in whole from his personal statement as I feel I could not improve upon it. During my 25 years at the Department of Psychiatry at San Francisco General Hospital, I have participated in several phases of clinical, administrative, teaching and research activity.

From 1977 to 1980, I was primarily involved with initiating a University service of psychiatry at SFGH focusing on very basic changes in the inpatient program, medical records, and residency training, while at the same time providing direct clinical service.

With the support of John Hopkin, MD, first as Director of Clinical services in 1980 and then as Acting Chief from 1981-1988, I have focused my efforts in originating and developing the Asian/Pacific American Psychiatric Inpatient Program. This Program was the first of its kind in the United States, and has served as a model for other programs such as the Asian/Pacific Inpatient Unit at Metropolitan State Hospital, which opened in October 1986. It provides a unique service to the Asian/Pacific population of San Francisco. Our multi-cultural staff on site to provide services in Cantonese, Mandarin, Shanghainese, Tagalog, and Vietnamese and nine other Asian languages and dialects of Chinese. Through arrangements with outpatient clinics, we have access to other Asian language staff. The Program liaisons work actively with the other treatment modalities to provide a system of care for these patients. Where no modality existed, such as residential services for Asians, I have involved myself in the creation of such a program at Conrad House. I have worked actively in the Asian American Mental Health Task Force. The Asian/Pacific Focus Program on Unit 7C served as a model for the eventual development of five other ethnic/minority psychiatric inpatient programs at SFGH focusing on Latinos, Blacks, Women's Issues, AIDS, and Lesbian/Gay/Bisexual/Transsexual persons. I coordinated an application by these five programs for the American Psychiatric Association Achievement Award of 1987; we were awarded a Certificate of Significant Achievement.

Secondly, the Program has provided a unique training site for UCSF medical students, psychiatric residents, and other trainees who are interested in working with multicultural patients while being supervised by ethnic/minority faculty. Minority medical students and residents have greatly appreciated the opportunity to train at the Program, and it has aided in the recruitment of minority psychiatric residents and elective medical students. I have contributed to the Department's effort to recruit and train minority medical students and residents. I initiated the idea of creating minority focus groups for the MSII Psychiatry 131 A-B course on

President's Column

Continued from page 1

tributed. As the symposium's title suggests, we as a community are moving "Beyond Coming Out." Many congratulations and thanks are in order to Dan Karasic for organizing all the AGLP programming, and to Ellen Haller and Bob Kertzner for presenting at and helping Dan put together the Saturday symposium.



ZEUM, Site of the AGLP Opening Reception

We also used the San Francisco meeting to continue refining AGLP's mission and goals. We had another retreat to come up with goal statements, somewhat akin to the treatment plans with which we are all familiar. We also worked on ideas for a new logo. We hope to have goal statements finalized at the September meeting, and may have the logo by then as well. These items are not mere packaging, but will help us focus on our priorities as we move forward. They will also help us appear more graceful and grown-up-looking to potential supporters as we begin to apply for foundation grants.

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potential joint membership arrangement with the Lesbian and Gay Child and Adolescent Psychiatrists (LAGCAPA), discussion and possible approval of a new logo, and discussion of new projects. Please call Roy Harker or me if you are interested in attending the meeting. If you have potential agenda items for the meeting, you should bring them to my attention as well.

LGBT people everywhere have received some very heartening news this past month, with the Supreme Court decision striking down state sodomy laws. Although in many ways this decision seems long overdue, it is still wonderful to know that we are now 'legal' in all fifty states, and that these archaic and unfair laws can no longer be used as a pretext for denying LGBT people basic civil rights. This is a sign both of the growth and maturity of the LGBT rights movement as a whole, and of the movement's effectiveness in communicating the essential fairness of LGBT rights to the nongay majority.

In past columns, I've often asked you to look back on AGLP's history as a way of seeing where we've come from in relation to where we are now. In this issue of the newsletter, you'll read about the recipients of awards given in San Francisco at our closing banquet. Each year since 1986, AGLP has given a distinguished service award to an individual who has fostered a better understanding of LGBT men-

The showcase of the San Francisco meeting was the Saturday all-day symposium, which brought together many high-quality presentations and discussion groups. The sessions were extremely well attended, drawing 125 people for the day of educational programming. It was a tangible bit of evidence that scholarship on LGBT mental health has gone to a new level of depth and breadth, and for that, we can all feel proud to have contributed.

If you can think ahead of the summer for a moment, let me direct your attention to AGLP's fall planning meeting. Held in Washington, DC, concurrently with the APA fall components meeting, AGLP's planning meeting gives the Board and Council the opportunity to plan our annual meeting, as well as to move other business forward between annual meetings. We will have a retreat on the afternoon of Friday, September 13, to finalize our organization goal statements, review logo ideas, and discuss long-range funding goals. The main meeting will be all day on Saturday, September 14. There will also be a dinner gathering Friday, at the home of Dan Hicks and John McCall. Although Board, Council and Committee members are the only people required to attend the fall meeting, any AGLP member is welcome to come to listen and add voice to the discussion. Many important and interesting items are likely to come up, including incentives for members to bring in new members, a

tal health issues, or who has been an ally of AGLP. This award has been given to twenty exceptional people, both gay and straight, over these years.¹ Since 1996, AGLP has given the James Paulsen award for service to AGLP, to an AGLP member who has done exemplary work for the organization. Eight of our distinguished members have received this honor.² We need to remember, as we move forward as an organization and a greater LGBT community, that we are always standing on the shoulders of people like these who have been our leaders, our supporters, and our friends.



Mary Barber, M.D.

Enjoy the rest of your summer, and I hope to see many of you in DC this September.

President's Column

Continued from page 3

1. Recipients of distinguished service award

- 1986 Barney Frank, first openly gay Congressman
- 1987 Judd Marmor, MD, early researcher on lesbian and gay mental health and past APA president; instrumental in removing homosexuality from DSM
- 1988 John Spiegel, MD, APA president when homosexuality removed from DSM
- 1989 Emery Hetrick, MD, one of the founders of AGLP and founder of a center for gay youth in NYC
- 1990 Evelyn Hooker, PhD, psychologist whose research helped pave the way to de-pathologize homosexuality
- 1991 Paulette Goddard, founder of PFLAG
- 1992 Urvashi Vaid, activist and Executive Director of National Lesbian and Gay Task Force
- 1993 Marlon Riggs, film producer who dramatically spoke for lesbians, gays, people of color, and people with HIV, through "Tongues Untied"
- 1994 Frank Kameny and Barbara Gittings, pioneers in the lesbian and gay rights movement
- 1995 Carolyn Robinowitz, MD, APA Deputy Medical Director and long-time AGLP supporter
- 1996 Martin Duberman, author and educator, who wrote of his often traumatic experiences with mental health professionals in *Cures*
- 1997 Mel Sabshin, MD, APA Medical Director and long-time AGLP supporter
- 1998 Sven Robinson, openly gay Canadian representative
- 1999 Bob Cabaj, MD, and Terry Stein, MD, for editing the landmark *Textbook of Homosexuality and Mental Health*
- 2000 Richard Isay, MD, pioneering openly gay psychoanalyst, author of *Being Homosexual, and Becoming Gay*
- 2001 Lawrence Hartman, MD, first openly gay APA president
- 2002 John Fryer, MD, whose appearance as the hooded "Dr. H Anonymous" in 1972 helped spur the psychiatric community to depathologize homosexuality
- 2003 Francis Lu, MD, head of APA Council on Minority Affairs, for promoting cultural competence inclusive of GLBT people within the APA

2. Recipients of James Paulsen award

- 1996 James Paulsen
- 1997 Bert Schaffner
- 1998 Jim Krajeski
- 1999 Peggy Hanley-Hackenbruck
- 2000 David Scasta
- 2001 Marshall Forstein
- 2002 Margery Sved
- 2003 Frank Rundle

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Editor's Column

Continued from page 2

interviewing to facilitate discussion of cross-cultural issues. I also initiated an ethnic minority section of the MSIV Psychiatry 140 senior clinical clerkship; students can choose to participate in one of six ethnic/minority inpatient programs at San Francisco General Hospital. This clerkship facilitates recruitment of minority medical students to our residency program. During my 17 years on the Residency Selection Committee, I have been heavily involved in minority resident recruitment. In 1986, I became the Coordinator of this effort, which succeeded in increasing the number of minority residents; currently, 38% of the residents are ethnic minority. Many residents I have supervised have been awarded APA/CMHS Minority Fellowships and I encouraged many minority medical students and residents to participate in the Program for Minority Research Training in Psychiatry. In 1999, the American College of Psychiatrists awarded the Ethnic/Minority Psychiatric Programs the Creativity in Psychiatric Education Award. In 1999 and 2000, I was awarded the UCSF Psychiatric Residents Association Excellence in Teaching Certificate (co-awardee).

On the national level, I had been active on the American Psychiatric Association Committee of Asian-American Psychiatrists, being the Chairperson from 1989 to 1992. During my years on the Committee, among other projects, we secured funding for the annual Asian/Asian-American Award (which was presented for the first time in May, 1992), co-sponsored an international symposium on psychiatric research in Asia with the Pacific Rim College of Psychiatrists (May 1989), and initiated a recruitment effort for Asian medical students to enter psychiatry. In the past 10 years, I have presented at the Annual Meetings of AAD-PRT, AAP and ADMSEP – three major organizations involved with psychiatric education – on the issue of minority resident recruitment and development and cultural competence.

During my career, I have developed an area of expertise in transpersonal psychiatry and psychology. I am on the Board of Editors for the Journal of Transpersonal Psychology. I have presented workshops and have been a faculty member since 1989 of a CME Course on Transpersonal Psychiatry at the APA Annual Meeting. With two colleagues, I proposed a new V Code category for DSM-IV entitled "Religious or Spiritual Problems," which was accepted by the Task Force on DSM-IV. I have also explored the interface of transpersonal psychology and film in my public seminars.

In 1995, as part of a SFGH Department of Psychiatry reorganization, I became Co-Director of the Cultural Competence and

MEMBER PROFILE: DR. RUEDI GLOOR

Debbie Carter, M.D.

Introduction

I was intrigued with the AGLP newsletter feature in past issues in which a brief profile featured an AGLP member. I have been an AGLP member for a number of years and have been excited about our increasing diversity and growth in membership. AGLP is not just a U.S. organization. Currently our organization is comprised of members representing seven other nations. I see our growth of full inclusion of international members mirroring the global GLBTI efforts of advocating for equality as an essential human right. I wanted to briefly introduce one of our international members, Dr. Ruedi Gloor who is in Aarau, Switzerland.

How did you decide to become a psychiatrist?

After residencies in anesthesiology and surgery I decided to take a 3-month "time out", traveled to India and thought about my professional future. When I turned back to Switzerland in spring 1986 I decided to work one year in psychiatry. During my there in social psychiatric outpatient clinic I decided to stay and was looking for a curriculum in psychiatry, which I found at Berne University at the clinics of Prof. Luc Ciompi, Prof. Edgar Heim and Prof. Wolfgang Böker.

AGLP is not just a U.S. organization. Currently our organization is comprised of members representing seven other nations. I see our growth of full inclusion of international members mirroring the global GLBTI efforts of advocating for equality as an essential human right. I wanted to briefly introduce one of our international members, Dr. Ruedi Gloor who is in Aarau, Switzerland.

What does being a member of AGLP mean to you?

During my program as an exchange visitor student at Moffit Hospital at S.F. I met many other students and I always feel very close to what is going on across the Atlantic ocean. I was looking forward to travels to the US this spring but at the last moment I felt obliged to cancel my trip to the APA in SF because of the outbreak of this unhappy war. I hope that we face more peaceful times, which allow visiting your interesting conferences again.

What is your current practice/work role?

Since 1998 I work at my own private practice, together with 4 colleagues. We cover a wide range of different specialties in psychotherapy; my patients are the average outpatients, about 50% are individuals with gay, lesbian, bisexual and transgender lifestyle.

Are there any current Gay, Lesbian, Bisexual, and Transgender Issues in your country that we, your peers should be aware of?

Since July 1 there is in Zürich a possibility to register same sex partnership with almost equal rights to heterosexual marriage, but it is still not possible to adopt children, even not those of the partner.

On a national level the law for equal rights is close to be passing the parliament; At the end of August there will be hearings at a parliamentary commission about adoption by gay and lesbian couples. We all hope that we are able to go a step forward but the history of Switzerland tells us, that we have to take small steps, one after the other.

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Executive Director's Column

Roy Harker, Executive Director

The events of this year's Annual Meeting were successful on many, many levels, and my thanks, and those of a grateful Executive Committee, go out to all those who dedicated much time and effort in the process. In particular, I would like to thank the San Francisco Local Arrangements Committee: Dan Karasic, M.D., Chair, Ellen Haller, M.D., George Harrison, M.D., Guide Editor, Gene Nakajima, M.D., Charles Lee, M.D., David Sutherland, M.D., Cindy Benton, M.D., Simon Pickstone-Taylor, M.D., Betty Sullivan, Robert Kertzner, M.D., Howard Rubin, M.D., Robert Daroff, M.D., Kristin Riley-Lazo, M.D., and Dennis Lin, M.D. Social events were hosted by Dan Karasic, John Kruse, Randall Solomon, Yim Chan, and Simon Pickstone-Taylor. Special thanks go out also Simon who got together all the materials for the "goody bags" and Cynthia Benton who helped immensely in the organizing of the women's events. The very successful Saturday Symposium was attended by 130 people! We took in 25 new members during the week – a new record for membership at any annual event. All of the feedback I've been getting in regards to the hotel, banquet arrangements, venues and other planned events has been extremely positive. Congratulations to all who made this possible! Each year AGLP Local Arrangements Committees set new standards for the future of these meetings.

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Now looking to the future...

AGLP Fall Meeting

Saturday, September 13, 2003

Plans for the AGLP Fall 2003 Business Meeting are in place and your attendance is strongly encouraged. This important planning meeting of the AGLP Council is open to all members, although Council members alone may vote. The Bylaws allow the president of AGLP to appoint task forces whose chairs serve on the Council. If you have an issue that you feel needs to be brought to the attention of the membership, this is your opportunity! Your concerns and suggestions should be made known to Mary Barber, M.D., AGLP President, at least two weeks before the meeting date to be included on the agenda. The Meeting will take place in the JW Marriott Hotel, 1400 Pennsylvania Avenue, NW, Washington, DC, from 9:00am to 5:00pm on Saturday, September 13.

I have booked the same hotel again as this year's official AGLP Hotel – at the same rate as last year. A block of 15 hotel rooms has been reserved for AGLP members at the Washington Terrace Hotel (formerly the Doubletree) on Embassy Row, 1515 Rhode Island Avenue, NW, Washington DC 20005. The discounted room rate is \$149.00 per night (single/double). Call 202-232-7000 and ask for the AGLP block. You may also reserve online at reservations@washingtonterracehotel.com. The block runs Friday, September 13 and September 14 (two nights only). The cut-off date for reservations is August 22.

Executive Director's Column

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AGLP will be holding another in our continuing series of planning and visioning meetings on Friday, September 12, beginning at 3:00pm. As before, this meeting will take place at the Washington Terrace Hotel and will conclude in time for members to attend the Friday Welcoming Reception. This sessions topics will include finalizing of our Goal Statements, new logo development, and grant writing reports. If you attended the retreat I hope you will consider coming to the follow-up as well. More specific information will follow shortly.

A welcome reception is being planned on Friday, September 13, at the new home of Dan Hicks and his partner John McCall. Their address in Washington is 1822 Wyoming Avenue, NW. If you plan to attend, please contact the National Office at 215-222-2800 or visit our website at www.aglp.org and make your RSVP. More information on this dinner, catered by Meals From the Heart, event will follow.

Please make a point to attend these important meetings. I'll see you in Washington!

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THANKS TO THE FOLLOWING MEMBERS WHO HAVE JOINED AT THE SPONSOR AND PATRON LEVEL, AND TO THOSE MEMBERS AND FRIENDS OF AGLP WHO HAVE CONTRIBUTED TO THE STUDENT TRAVEL FUND FOR 2001.

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Garden,
Golden
Gate Park,
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Francisco*



Photo by Bill Herz

*Grant and
Bill at
Wawona
Grove,
Yosemite
National
Park*

AGLP Post-APA Yosemite Renewal

Dan Hicks, M.D.

Thanks to much organization and pre-planning by Gene Nakajima and his partner Howard Rubin, several (20+) AGLP members and their partners were able to experience a fantastic rejuvenating trip to Yosemite National Park. One year ago, Gene had sent out notices at last year's APA in Philadelphia for people to call Yosemite and reserve rooms at the Wawonna lodge, which many of us did. During the year, he and Howard made several trips there, and came up with excellent suggestions for hiking trips each day, as well as for wonderful meals at the various venues in the park. The grand Awanahoe lodge provided a delicious dinner and breakfast for those in the group who chose to eat there. The Yosemite Lodge restaurant has one of the most spectacular views looking out at Yosemite Falls, the largest in the Park. The Wawonna Hotel was a cluster of beautiful, well-kempt buildings from the late 1800's that were reminiscent of the hotel in the movie *Somewhere In Time*. Each day, the adventurers would meet for breakfast, and then gather our gear for the days' hike. Some went their separate ways, some tried rock climbing, but all of us experienced the beauty and grandeur of one of our nations' most spectacular parks. The weather was sunny and warm, almost too hot, and the trails were challenging (especially the drenching at Vernal Falls), but the experience was rejuvenating and totally worthwhile. There was also the opportunity for gentler hikes, such as through the giant sequoias in the south of the park.

The annual APA meeting is always exciting and fun, with opportunities for intellectual stimulation and emotional reunions with friends. San Francisco's meeting had a record turnout, terrific parties and receptions due to the local arrangements committee, and beautiful sunny days all week. But having the opportunity for spiritual renewal by experiencing the magnificence of the great outdoors, and getting closer to several of our colleagues by sharing this together, was priceless. Thanks to Gene and Howard, and here is hoping we can find some similar opportunities at all of our annual meetings.

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Photos by Dan Hicks



Gene Nakajima, Dan Hicks, and John McCall

International Issues: Report from the APA's Annual Meeting and Vienna

Lesbian and gay psychiatrists from outside the United States were more visible this year despite a few who stayed away due to the war in Iraq. Several people came to the reception for minority and international psychiatrists. Many thanks to Yim Chan, MD for hosting the reception. The last issue of the *Journal of Lesbian and Gay Psychotherapy* featured international perspectives on mental health and homosexuality. (If you are an international member, you do not automatically receive this journal. If you are interested in receiving the journal please contact the AGLP office about subscribing and ordering a copy of this issue). A symposium featuring authors from that issue was well attended despite a competing gay and lesbian symposium. If you were unable to attend you can order a tape through the following website: http://www.psych.org/sched_events/ann_mtg_03/audiota-peall42903.pdf

At next year's APA we hope to organize another symposium on international issues. Please contact me as soon as possible if you are interested in participating because the symposium deadline is in early September 2003.

Six AGLP members attended the World Psychiatric Association meeting in Vienna on psychiatric diagnosis. We presented one workshop on diagnostic issues and homosexuality. We had a meeting of gay and lesbian participants where we discussed the problems of having the next world congress of psychiatry in Cairo Egypt in 2005. Several people seemed interested in presenting a symposium in Cairo despite the difficulties of meeting there.

The next World Psychiatric Association meeting, which will be smaller than the World Congress, is on psychiatric treatments in Florence Italy in November 10-13, 2004. The deadline for submission is September 30, 2003 (one year ahead of the conference). Please contact me as soon as possible if you are interested in presenting, since the deadline will be soon after this newsletter comes out. For more information about the meeting please see www.wpa2004florence.org

Gene Nakajima, MD
 (415) 292 1554
Gnakajima@alumni.stanford.org

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Medical Student's Column

David Tompkins

Want Ad: Mentors, Please

After the Supreme Court decision in *Lawrence v. Texas*, we have been thinking about heroism. By coming forward and standing up against unjust treatment, Mr. Lawrence and his partner have managed to set in motion a serious re-conceptualization about the status of same-sex couples in the law. Heroic indeed is the action of the plaintiffs, their lawyers, the historians who gave testimony, and the 6 justices who voted in favor of the decision ("By a margin of 6 to 3, the U. S. Supreme Court likes gay sex"). Practicing as an LGBT-identified psychiatrist is similarly heroic, particularly to LGBT patients and LGBT physicians in training. And APA decisions on LGBT issues clearly impact the way society conceptualizes gender and sexuality. Cue the cheesy Mariah Carey music, and you, as readers, can progress to our logical conclusion for this allegory. We, as medical students, NEED mentors/heroes in the professional arena to serve as our guides in our educational development. As well, mentors can encourage future MDs to choose psychiatry as their field of specialty. The need is great, and we're optimistic that your commitment will match it.

What makes a mentor? A mentor should be an established psychiatrist who has time and desire to work with medical students in his or her geographic area. One should have access to email and/or a phone number by which students could use to contact. A time commitment is needed, but the amount of time lies upon the mentor and mentee's discretion. A mentor should have a working knowledge of psychiatry, of its subspecialty areas, of its various career opportunities, and of its many choices for residency. Personal experience and knowledge are invaluable commodities to a fledgling medical student trying to make it on the wide prairies, the wide avenues, the tall peaks, or the tall skyscrapers in this great country. International experience could be useful for those students wishing for away electives or perhaps for training outside the USA. Face to face meetings would not be required, as we all remain very busy; however, these encounters would certainly be helpful.

We, as medical students, NEED mentors/heroes in the professional arena to serve as our guides in our educational development. As well, mentors can encourage future MDs to choose psychiatry as their field of specialty. The need is great, and we're optimistic that your commitment will match it.

There exist intangible benefits for the mentors. First, you help mold and shape the future of psychiatry even if you are not involved in academic medicine. If you are, you can even recruit new members (while helping to provide honest descriptions about other training programs). Second, you help strengthen AGLP as new psychiatrists join early in training and then stay involved over the years of their careers. This benefit cannot be overstated as we progress past thirty years from the APA's de-pathologization of homosexuality, and we attempt to redefine ourselves as an organization. Your help can maintain and grow AGLP for the next 30 years.

So, we encourage all potential mentors to send an email at david_tompkins@nymc.edu or palmer.brian@mayo.edu expressing your desire, your location, your contact info, and the limit (if any) on the number of mentees you could conceivably handle. If need be, you can call Andy at 212.828.5011 or Brian at 507.358.6178. We also ask all medical students who desire to be mentees to send an email or phone message to the above contact info. We hope you can help us launch this worthwhile AGLP initiative.

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Institute of Psychiatric Services Meeting, Oct 29th to Nov 2nd.

The APA's other major meeting, the Institute of Psychiatric Services, will take place in Boston from October 29th to November 2nd. AGLP is sponsoring two workshops. The first, on Thursday, Oct 30 from 1:30 to 3:00pm will be on "Lesbian and Gay Parenting, Professional and Personal Issues" by Margery Sved, M.D., Phil Hernandez, M.D., and Marshall Forstein, M.D. The second will be on November 1 from 1:30 to 3:00pm with Gene Nakajima, M.D., Elizabeth LeQuesne, M.D., Ron Albucher, M.D., and Bob Cabaj, M.D. and is an Update on Clinical and Educational Issues for lesbian and gay patients. We will have a brief AGLP networking meeting on Saturday, Nov 1st from 12:00 to 12:30pm and then go out to lunch. There will also be a full day session on the Psychiatric Dimensions on HIV/AIDS with Marshall Forstein, M.D. and Milton Wainberg, M.D. and others on Friday October 31st. For more information about the meeting please contact the APA at www.psych.org or (703) 907-7815. Early registration deadline is Sep 29th.

The Office of HIV Psychiatry of the American Psychiatric Association

is interested in identifying psychiatrists who would like to provide training under its auspices. Interested persons should contact:

Candice Peggs
 Training Manager
 Office of HIV Psychiatry
 APA
 703-907-8641
cpeggs@psych.org

The American Academy of Psychoanalysis & Dynamic Psychiatry, one of the two major national psychoanalytic organizations – the other being the American Psychoanalytic Association – has elected (to our knowledge) the first openly gay person to its presidency. **Joseph Merlino, M.D., M.P.A.**, was elected President-Elect this past May and will become President next May.

Employment Opportunities at the Central Office of the National Mental Health Association

Internship Opportunities
<http://www.nmha.org/intern/internhome.cfm>
 Summer 2003

The National Mental Health Association, a nonprofit organization addressing all aspects of mental health and mental illness, is seeking undergraduate and graduate students for its internship program. The program is designed to provide a unique opportunity for students to gain real-world work experience relevant to their academic and career goals. Internships are

available in Fundraising/Development, NAMHPAC, Communications/Media and Publications Sales. See the internship program <http://www.nmha.org/intern/internhome.cfm> section of this web site for more details or to apply online. Other application options include sending a resume to NMHA/JDL, 2001 N. Beauregard Street, Alexandria, VA 22311, a fax to (703) 684-5968, or an e-mail interns@nmha.org <mailto:interns@nmha.org>. No phone calls please. EOE

Public Affairs/Communications Vice President, Media Relations

Mental health advocacy organization seeks senior level media relations professional to manage all reactive and proactive communications with print and broadcast reporters. The candidate must demonstrate experience with promoting and maintaining national media relations activities including a protocol for responding to media requests on a timely basis. This position will be responsible for crafting responses and training spokespersons for media interviews, and for advising senior management on publicizing the organization. Requires 10+ years experience in progressively responsible positions, excellent communication skills, experience in management, budget and supervision. Knowledge of cultural competence. Experience with non-profit organizations is helpful in addition to mental health advocacy. Send resumes to NMHA, Attn: LBM via email: jobs@nmha.org <mailto:jobs@nmha.org> or fax: 703-684-5968.

Research and Services Program Coordinator

National Mental Health Association seeks Program Coordinator to coordinate programs that contribute to the work of the research and services area. Responsibilities include coordinating a technical assistance program, general contract and project management, and providing support to board and several committees. Requires Bachelor's degree, Master's preferred. Must be proficient in Microsoft Office (Word, PowerPoint, Access and Outlook). Good benefits. Send resume to: NMHA, Attn: JS, 2001 N. Beauregard Street, 12th Floor, Alexandria, VA 22311, fax: 703-684-5968 or email to: jobs@nmha.org <mailto:jobs@nmha.org>. No phone calls please. EOE

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Ellen Mercer: A Word of Thanks

To AGLP: I am deeply honored by the certificate of appreciation I received from the Association of Gay and Lesbian Psychiatrists at your annual awards dinner on May 21, 2003 in San Francisco. My time as Director of the APA' Office of International Affairs was greatly enhanced by having the opportunity of working with you on your important programs.

My international work on gay and lesbian issues began, by accident, when I was in Romania in the early 1990s and was asked by a journalist for an interview on homosexuality. This journalist had written an article to which she received many anonymous responses of appreciation. Homosexuality was against the law in Romania and people were afraid to voice their opinions openly. Not long after that visit, the movement began to have the World Psychiatric Association (WPA) pass a resolution similar to the one accepted by the APA years before. In conjunction with this effort, I sent a survey to all WPA member societies with specific questions in order to alert them to the APA resolution and to gather information that might be helpful to AGLP and others. As time went on, it was my pleasure to work with and learn from AGLP as I publicized your activities and outreach with international colleagues. I participated on a symposium on "Perspectives on Gay Affirmative Psychiatry" at the World Congress of Psychiatry in Madrid and in the first meeting you organized where many colleagues from around the world gathered. It was such a moving and meaningful experience for me. For the remainder of my time at the APA, I heard from colleagues around the world for assistance in their struggles and I was always happy to oblige.

While I am currently working on refugee mental health issues, I have continued to be involved in the Geneva Initiative on Psychiatry (GIP), an organization working on mental health reform in the former USSR and Eastern/Central Europe. In 1993, I presented a talk to their first meeting of the network of reformers on the role of psychiatrists in combating racism, sexism, homophobia, and anti-Semitism in their countries. We were very pleasantly surprised by the reaction of the audience, many of whom I'd known for some time. They actually rated this talk number one on the evaluations and a number of people asked to publish these remarks. GIP has recently started arranging for 'mental health tours' of the region, upon special request. Perhaps AGLP might wish to lead such a tour in those countries that were so repressed in Soviet times.

Since the elimination the Office of International Affairs at the end of 1999, I've greatly missed working with you on your important goals. If I can ever be of service, it would be my honor to do so. I'm still in Washington, D.C. and my email address is ERMercer@aol.com.

Ellen Mercer

Support Needed

AGLP is trying to get the *Journal of Gay and Lesbian Psychotherapy* into MEDLINE. Letters of support, addressed to the **Committee for Selection of Journals in Index Medicus/Medline, National Library of Medicine**, Washington, DC., would be most appreciated. MEDLINE Review Committee members look to judge the overall contribution the journal makes to the coverage of the subjects in question. They also judge a journal's quality. The Committee members break this down into two areas: Scientific Merit (validity, currency of information & references, originality, contribution to the field) and Editorial Work (credibility of contents). The Committee also makes a value judgment with regard to the importance they believe the journal makes to the following: researchers, clinicians in the field, clinicians not in the field, educators, administrators, allied health professionals, students, and policy makers. They consider whether the journal presents original research, original clinical observations accompanied by analysis and discussion, analysis of philosophical, ethical or social aspects of the health professions or biomedical sciences, critical reviews, statistical compilations, descriptions of evaluation of methods or procedures, and case reports accompanied by discussion. They look for evidence of peer review in the journal. They inquire: Does the journal critically synthesize and organize knowledge in its field? Does it present significant new techniques? And, they also note if the journal is covering an emerging field. Letters of support in any of these areas would be extremely valuable in the approval process.

Expressions of support should be mailed to Richard Rockman, who is the Director Indexing/Abstracting and Bibliographic Coverage for Haworth Press. If you know of others who can write as well, letters from clinical/research faculty, any deans of Schools of Medicine, and also medical librarians would also be most helpful.

Forward letters to:

Richard Rockman
 Director of Bibliographic Coverage
 The Haworth Press, Inc.
 37 West Broad Street
 West Hazleton, PA 18202-3821

(570) 459-5933, Ext. 317
 rrockman@haworthpress.com
 570-459-3025 - fax

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Nominations Sought

Several positions on the executive board of SLP will be opening up in May. These include the offices of Vice President, Secretary, and *Newsletter* Editor.

The VP's main duties consist of coordinating all of the activities that take place in the hospitality suite during the annual meeting. More importantly, the VP is also in charge of the educational program at the annual meeting which includes the Saturday morning symposium as well as other educational activities taking place during the week. The VP serves on the executive board of AGLP and fills in for the president when she/he is not available.

The secretary is responsible for recording minute' at all executive committee and board meetings and general business meetings and making them available to the general membership via the newsletter.

The *Newsletter* editor is responsible for editing and distributing the quarterly newsletter and also serves on the executive committee.

Anyone interested in these positions or who has suggestions for suitable candidates should contact me.

As past-president, I am also seeking nominations for the annual AGLP Distinguished Service Award and the James Paulsen Award. The Distinguished Service Award was first presented in 1986 to Barney Frank for his tremendous contribution to the gay and lesbian community as the first openly gay congressman. Other honorees have included Dr. Judd Marmor, Emery Hetrick, Dr. Evelyn Hooker, Paulette Godard (founder of PFLAG) Uvrashi Vaid, Marlon Riggs, Frank Kameny and Barbara Gittings, Dr. Carolyn Rabinowitz, Martin Duberman, Mel Sabshin, Sven Robinson, Dick Isay, and Larry Hartman, Jon Fryer, and Francis Lu.

The James Paulsen Award has been sponsored in years past by Janssen Pharmaceutica and is intended for honoring one of AGLP's own. Dr. Paulsen was one of the founders of an underground gay physicians group that predated AGLP, and was then instrumental in the founding of AGLP as one of its largest contributors. Past winners of this award have included Frank Rundle, Bert Schaffner, Jim Krajieski, Peggy Hanley Hackenbruck, David Scasta, Marshall Forstein, and Margery Sved among others.

Please forward all nominations to me by Dec. 31.

Contact information:

Philip A. Bialer, MD

Beth Israel Medical Center · First Ave. and 16th St. Fierman 509

New York, NY 10003

Phone: 212-420-4352

e-mail: pbialer@bethisraelny.org

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GLBT&Q Suicide Prevention Coalition

Dear AGLP Members,

I appreciate this opportunity to introduce you to the GLBT&Q Suicide Prevention Coalition. The Coalition is a newly formed 501(c)(3) organization that has long-range goals of having an impact on preventing suicide among GLBT&Q individuals. However, today, as a new organization, we seek to create heightened awareness of the issue and to create a sound organization with a solid board and advisory committee to guide our growth.

We understand the demands of the psychiatry field, but we ask, if this is a topic of interest for you to please visit our website (which is still in development) at www.GLBTCCoalition.org <http://www.GLBTCCoalition.org>, call toll-free 877-855-6820, or feel free to e-mail me directly at dtucci@afsp.org to find out how you could become more involved through volunteering your expertise, joining the board or one of its committees, or by becoming a member.

On behalf of the Coalition, thank you for your consideration.

Respectfully,

Darrell L. Tucci
Interim Board Chair

Darrell L. Tucci
Development Manager
AFSP - National Office
120 Wall Street, 22nd Floor
New York, NY 10005
dtucci@afsp.org
www.afsp.org

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Frank Rundle wins the James Paulsen Award

By Richard Hire, M.D.

The James Paulsen Award was created in 1996 and is given annually to an individual who has made an outstanding contribution to AGLP and is AGLP's highest internal award. This year's recipient is Frank Rundle, M.D., one of the founders, along with James Paulsen, of the organization that evolved into AGLP, and who was AGLP's first President.

The award presentation took place in San Francisco during our festive closing party and banquet. Dr. Rundle accepted the award with gratitude. "It is special to me because this is the 25th anniversary of the initiation of the formal organization of what has become AGLP and because of my connection with Jim Paulsen, who was a close friend, colleague and who worked with me in the initial struggles to establish and legitimize what began as the Gay, Lesbian and Bisexual Caucus of the APA."

Dr. Rundle gave a brief history of the early struggles of forming our organization. He remembered meeting Jim Paulsen in 1976 at the APA meeting in Miami, "where we were the only gray heads who attended - a loosely organized meeting of the then GLBC."

In the 1977 meeting in Toronto the caucus was poorly attended so he and Jim started organizing. The 1978 meeting in Atlanta, where arrangements were made to include the Caucus in the APA's printed program and with meeting space provided, the formal organization and the efforts to legitimize it, began. Dr. Rundle described many incidents of harassment as well as some institutional resistance within the APA, such as initially being denied an exhibit space in 1979, "because we were not a 'scientific' organization." He also acknowledged the support and courage of many within the APA such as Judd Marmor, M.D. and others on the Board of Trustees, as well as activists like Barbara Gettings, who created exhibit booths in the early years supporting our cause.

The following year he spent working on By-Laws and arrangements for the 1980 meeting in San Francisco. "This time there was a local arrangements committee and we had a truly memorable meeting. Our Sunday night reception set a new standard for elegance and good taste which has continued, as you all know. David Kessler took over as the new President - the work then was political, and David is very good at that." (1)

Dr. Rundle went on to acknowledge "the many dedicated and hard-working people who carried on the work of advancing our organization and its work in many areas. This is to impress all of you, especially the younger generation, that it was a struggle from the beginning and is still a struggle in many ways which will require ongoing dedication. It gladdens me to see so many people here, especially the younger generation, and at the same time saddens me that I know so few of you now. In the past I knew everyone in the organization."

"When Jim retired and withdrew from active participation in the organization he said, 'It is time that we old fogies get out of the way and let the young ones take over. I challenge the new generation to carry on the struggle, which is by no means over.'"

Dr. Rundle currently works in the State Psychiatric Hospital in Anchorage, Alaska, caring for patients and teaching medical students. His career in psychiatry spans 50 years and has been distinguished by, among other things, his courageous activism on behalf of gay and lesbian physicians and patients, and also by his activism in bringing and upgrading health and mental health services to prisoners in state and federal facilities.

(1) For a more detailed history of the founding of AGLP and of Dr. Rundle's career in psychiatry, see *An Interview with Frank Rundle, M.D.*, by Richard O. Hire, M.D., JGLP, Vol. 5(2) 2001, pp83-97



AGLP Women's Dinner at Chevy's

Photo by Cheryl Chessick



Getting ready for registration at the Saturday Symposium

Photo by Mary Barber



Women's Pre-reception at Zeum

Photo by Cheryl Chessick



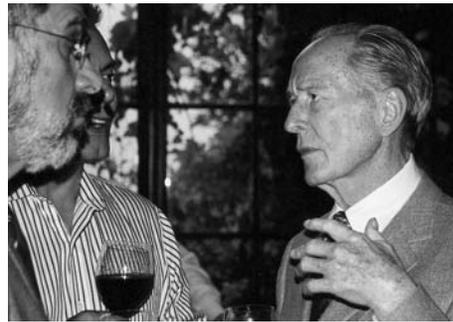
Opening Reception at Zeum

Photo by Mary Barber



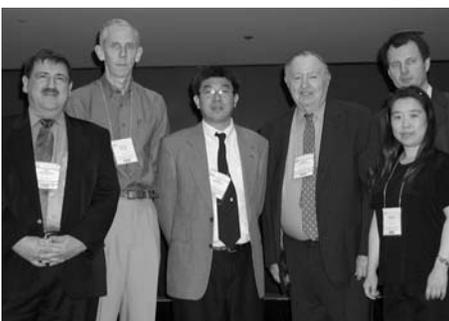
Ed Hannemann, Anne Bodie, and Frank Rundle at the Awards Banquet

Photo by Robin Rundle



Frank Rundle, M.D., this year's recipient of the James Paulsen Award.

Photo by Robin Rundle



AGLP Symposium: from left to right are Jack Dresher, Michael King from the UK, Gene Nakajima, Mel Sabshin former APA medical director, Jin Wu from China, and Reidar Kjaer from Norway

Photo by Howard Rubin



Editor's Column

Continued from page 4

Diversity Program, a new program which will enlarge this work beyond the inpatient units to all divisions and disciplines within the Department. In 1997, I became a Director.

Since 1997, I have been immersed in development of Cultural Competence standards and performance measures with the Federal Substance Abuse and Mental Health Services Administration Center for Mental Health Services (CMHS). In 1999, I was appointed to the National Advisory Council of CMHS for a three-year term. I also serve on the California State Department of Mental Health Cultural Competence Advisory Committee and the UCSF Chancellor's Committee on Diversity. In May 2001, I was awarded the American Psychiatric Association Kun-Po Soo Award that recognizes an individual who has made significant contributions toward understanding the impact of Asian cultural heritage in areas relevant to psychiatry. In May 2002, the American Psychiatric Association for research, publications and advocacy for cross-cultural psychiatry awarded me a Special Presidential Commendation.

In summary, I have devoted my career to date in the areas of public hospital psychiatry, cultural psychiatry, cultural competence and diversity, psychiatry and religion/spirituality, and residency training. I have experience in direct clinical care of minorities and the severely mentally ill; administration of clinical programs for minorities, women, and the severely mentally ill; and education of medical students and residents, especially focused on minorities.

Many things in Dr Lu's CV but want to note that he has developed also caught me: "A Curriculum for Learning About Asian-American patients in Psychiatric Residencies. *Academic Psychiatry*, 26(4): 225-236.

Congratulations once again.

I would like to note that this will begin my last year of being editor for the AGLP newsletter. This is more of a force move on my part as my plate over the next couple years is just too full. I am president elect for Colorado Psychiatric Society so my responsibilities are increasing here in Colorado. My goal is to still stay active and hopefully more active once I finish this position. Phil Bialer will be looking at replacements so if you have or know of someone, who would like to look at this position, please contact him.

Have a wonderful rest of the summer.

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Photo by Mary Barber

In the Japanese Tea House Garden, Golden Gate Park, San Francisco



Photo by Mary Barber

The Castro District, San Francisco



Photo by Mary Barber

The Labrynth and grounds of Grace Cathedral, San Francisco



Photo by Gene Nakajima

Top of Vernal Falls, Yosemite National Park

AGLP MEMBERSHIP APPLICATION FORM

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City: _____

State: _____ Zip: _____ - _____

Country: _____ Membership Status: _____

FULL MEMBER - \$185.00, FOUNDING MEMBER - \$1,000, PATRON - \$500, SPONSORING MEMBER - \$250, ASSOCIATE MEMBER - \$185.00, RESIDENT - \$30.00, MEDICAL STUDENT - \$15.00, NEWSLETTER ONLY - \$40.00, INTERNATIONAL (OUTSIDE OF US AND CANADA) - \$60.00 US

Date membership status changes: _____

Are you a member of the American Psychiatric Association?
 Yes No

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(E.G. LABEL "PERSONAL")

Do you want your name and address listed in a
 NON-CONFIDENTIAL directory of AGLP members?
 Yes (Initial) _____ No

Do you want to be a NON-CONFIDENTIALLY LISTED
 referral source?
 Yes (Initial) _____ No

IF YES, FILL IN OFFICE ADDRESS AND PHONE NUMBER AND LIST SPECIALTY INFORMATION BELOW.

O P T I O N A L

Age: _____ Gender: _____ Ethnicity: _____

Home Phone: _____ Office Phone: _____

fax: _____ e-mail: _____

Home Address: _____

City: _____

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Make check out to "AGLP" and mail to:
 AGLP, 4514 Chester Avenue, Phila., PA 19143-3707

APPLICATION FORM

CAUCUS OF LESBIAN, GAY & BISEXUAL PSYCHIATRISTS

AMERICAN PSYCHIATRIC ASSOCIATION

(CLGBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: _____

Address: _____

City: _____

State: _____ Zip: _____ - _____

*APA Membership Status: _____

Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.

Signed: _____ Date: _____

Send this form to: Office of Membership
 American Psychiatric Association
 1400 K Street, NW
 Washington, DC 20005

** Member-In-Training, General Member, Fellow, Life Member, Life Fellow*



Photo by Bill Herz

AGLP
 Members
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 Nevada
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