



In this issue . . .

VOLUME XXXV (3) · AUGUST 2009

AGLP Distinguished Service Award <i>George Harrison, MD</i>	1
Editor's Column <i>George Harrison, MD</i>	2
President's Column <i>Ubaldo Leli, MD</i>	3
Vice-President's Column <i>Kenn Ashley, MD</i>	5
AGLP APA Representative Column <i>David Scasta, MD</i>	6
Secretary-Treasurer's Column <i>Andy Tompkins, MD</i>	7
JGLMH News <i>Mary Barber, MD, an Alan Schwartz, MD</i>	7
Announcements	8
GID and DSMV Update <i>Dan Karasic, MD</i>	9
Upcoming Subspecialty Meetings <i>Kenn Ashley, MD</i>	10
AGLP Donors	11
AGLP Welcomes New Members	12
AGLP Meeting Minutes <i>Andy Tompkins, MD</i>	13
AGLP Annual Meeting Photos <i>George Harrison, MD</i>	16
Membership Forms	18

AGLP Distinguished Service Award

(Editor: On May 19, 2009, the Association awarded Jamison Green the Distinguished Service Award for his work in advancing the issues for trans people. As part of this work, he has often led the psychiatric community to a greater understanding of the issues and concerns of the Transgendered Community. The Newsletter asked him his thoughts about the Award which reprinted here for our members.)

Jamison Green

It is truly an honor for me to receive this award. As a gender variant child and young adult, I was really quite concerned that others would think I was crazy if I told the truth about myself. I thought that because I was attracted to

women, being a lesbian would be safer and more acceptable than actually telling anyone that while I knew I had a female body, I also knew I was a boy, and I felt that I should grow up to become a man. When I was 13 or 14 I reasoned that I could never have a partner because no matter whether I chose a woman or a man, people looking at me with that partner would make assumptions about me that weren't true. I was 19 when my first lover, a woman my own age, told me that she thought I would enjoy having a sex change. I told her, "Don't give me that! Only crazy people do that!! I have enough problems!! Don't you ever mention that again!!"

I didn't mention it to anyone for another 9 years, until I was in a relationship in which I felt safe enough to disclose my feelings. And it was another 10 years before I finally found the information I needed to enable me to actualize myself. By then, in my late thirties, I was pretty clear that I was not crazy, and after having spent about 20 years in the lesbian & gay community I was also aware that being fabulous didn't always mean everyone in our community was a paragon of mental health. Indeed, some people could definitely use some help. But by 1987, when I saw psychiatrist Paul Walker as part of my evaluation for sex reassignment, I had only seen psychiatrists on television prior to that point, so I was a bit suspicious of him, though he turned out to be very reasonable and professional. At the same time, I came to be involved in a small support group for female-to-male crossdressers and transsexuals, and I also learned more about the male-to-female community in all its variety. I came to realize that trans people frequently have issues with self-esteem, issues with stress and depression that manifest in a variety of ways, issues about being betrayed or abused by others who want them to deny who they really are, and different levels of ability to manage the anger, frustration, and sadness arising from these situations. But the majority of the community of mental health practitioners didn't seem to be very well-disposed toward helping trans people in those days, and those who were helpful had limited capacities.

Over the past 20 years I've watched that situation change, and the ranks of truly helping professionals have grown tremendously. My first experience at an APA convention was as an exhibitor at

Continued on page 4



The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor, George Harrison, MD

Published quarterly from 4514 Chester Avenue,
Philadelphia, PA 19143-3707.

The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: George Harrison, MD, Editor, *Newsletter* of AGLP; UCSF AIDS Health Project, 1930 Market Street, San Francisco, CA 94102. (Phone: 415-502-4818, FAX 415-502-7240, E-mail: gharrison@aglp.org). Submissions should be clearly readable. Submissions on electronic media in IBM compatible formats are appreciated. A hard copy should be included along with a notation indicating which word processing program was used. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is November 6, 2009.

ADVERTISING RATES

The *Newsletter* of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$300
Half-Page Ad	\$200
Business Card	\$100

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.

AGLP National Office

Executive Director,
Roy Harker
rharker@aglp.org
4514 Chester Avenue
Philadelphia, PA 19143-3707
Voice: (215)222-2800
Fax: (215)222-3881
aglp@aglp.org
www.aglp.org

Editor's Column George Harrison, MD

GHarrison@aglp.org



George Harrison, MD

Since we were together in San Francisco for the Annual Meetings, time has flown. Which must mean that it's summer! While the state and country are in the middle of economic turmoil, it seems that my thoughts are turning to what's out doors and away from the usual 9 to 5. Sure the University announced a 8% furlough plan but it's warm outside, the sun is shining (at least somewhere in the Bay Area) and the days are long. Could you ask for anything more?

This mix of economic crisis and summer days have led me to think more about gratitude and what we take for granted. So often in my practice I'll have two patients bookended in such a way that they offer me a study in contradictions; one is burdened by his sense of entitlement and the next stoically faces her life threatening circumstance. Against my better judgment I remind my needy patient of all he has. I indirectly refer to gratitude but he'll have none of that. He brushes my comment aside as my failure to understand him and is just one more example of how the entire system doesn't serve him.

I think of myself as grateful for the enormously fortunate circumstances of my life. But in truth, I feel the need to be better, faster, brighter or any number of other comparators. I try to locate my gratitude at these times but it just seems like defeatism. Should I be content and thankful for being "less than better"?

I think of myself as grateful for the enormously fortunate circumstances of my life. But in truth, I feel the need to be better, faster, brighter or any number of other comparators. I try to locate my gratitude at these times but it just seems like defeatism. Should I be content and thankful for being "less than better"?

This isn't very sensible. Of course, even psychiatrists have senseless thoughts. Acknowledging what great things we enjoy should allow us to feel secure and comfortable to reach out for something more or different. It should be our foundation on which to build. In the weird way my mind works, I merged "settling for less" and gratitude.

So I am thinking about gratitude and about grace. How to achieve this lovely balance and how to talk to my patients about the comfort and security of enjoying what one has while reaching out for more. And all of this in the context of the gift of summer.

'Hope your summer is treating you well.

• • •

More photos from the Annual Meeting continue on page 8



Larry Soucy, Roy Harker, and Ubaldo Leli at the Opening Reception

President's Column

Ubaldo, Leli, M.D.

ULeli@aglp.org



Ubaldo Leli, MD

Two months have passed since returning from the San Francisco convention, but I still feel as if I came back only last week. This year, AGLP had one of the more successful and exciting spring conferences ever. As the year progresses, our organization continues to do well, both financially and in terms of overall morale. Despite the country's economic difficulties which have forced many professional associations to make painful budget cuts to their activities and governance, AGLP is in relatively good shape. After years of running in the red, we now have funds in the coffers, and can look forward to the development and further stabilization of the Association. The contributions of dedicated members have been exceptionally abundant this year, and most AGLP committees and projects are running in good order and looking forward to expansion. I feel confident that AGLP will continue to play a central role in promoting our ideals of better, freer and more pervasive mental health and social protection for the whole LGBT population.

Before mentioning anything else, I want to thank the Local Organizing Committee for San Francisco which was led by Mason Turner. The entire committee did an incredible job in setting up the outstanding series of educational, social and creative events that made the convention so stimulating and satisfying. Kenn Ashley, my Vice-President, also deserves special thanks for his pivotal role in collaborating with the LOC in developing and setting up a successful symposium, and for scheduling events and activities in the Hospitality Suite.

The AGLP Symposium, which this year focused specifically on women, proved to be an invaluable educational experience for all members. It was all that I hoped it would be: a proprietary AGLP program that highlighted our presence as LGBT mental health professionals; an educational and cultural presentation of high quality and engaging topics; and a well-attended and ultimately successful event. The AGLP Saturday Symposium is our showpiece, demonstrating the depth of our organization's identity, as well as our independence from and interdependence with other associations. This year's symposium is one for which we can feel especially proud.

Despite the country's economic difficulties which have forced many professional associations to make painful budget cuts to their activities and governance, AGLP is in relatively good shape. After years of running in the red, we now have funds in the coffers, and can look forward to the development and further stabilization of the Association. The contributions of dedicated members have been exceptionally abundant this year, and most AGLP committees and projects are running in good order and looking forward to expansion.

I should also praise the success of the AGLP booth in the Exhibit Hall of the APA convention, manned at all times by enthusiastic and committed members. For the second year in a row Jack Drescher's generous donation allowed us to feature a continuous showing of the AGLP-produced documentary, *Abomination*, which measurably enhanced our presence on the exhibit floor. Another convention highlight was the superlative case discussion organized by the Committee on Psychotherapy—formerly the Committee on Psychoanalysis which I previously chaired for many years—that has been revitalized by the fresh presence of Chris McIntosh. The case discussion was rich evidence of the newly achieved harmony between official psychoanalysis and the LGBT community.

In the area of governance, AGLP made bold strides during this convention, with several innovative initiatives sanctioned by the Executive Board. A new Membership Committee was created, led by Karl Jeffries. A committee on Spirituality and Religion was also created, in recognition of the clear presence of active psychological conflict between

AGLP Board of Directors, Advisory Council, and Standing Committees 2009-2010

PRESIDENT
Ubaldo Leli, M.D. 212-532-1204 ULeli@aglp.org

IMMEDIATE-PAST PRESIDENT
Dan Karasic, M.D. 415-206-3809 DKarasic@aglp.org

VICE-PRESIDENT
Kenn Ashley, M.D. 212-844-1864 KAshley@aglp.org

SECRETARY-TREASURER
Andy Tompkins, M.D. 443-834-3215 ATompkins@aglp.org

NEWSLETTER EDITOR
George Harrison, M.D. 415-502-4818 GHarrison@aglp.org

JOURNAL OF GAY AND LESBIAN MENTAL HEALTH
Mary Barber, M.D. 845-680-8032 MBarber@aglp.org
Alan Schwartz, M.D. 212-727-0923 ASchwartz@aglp.org
Robert Kertzner, M.D. 415-441-6196 RKertzner@aglp.org

DEVELOPMENT
Stephan Carlson, M.D. 615-957-5542 SCarlson@aglp.org
Robert Lopatin, M.D. 917-282-9733 RLopatin@aglp.org

EXECUTIVE DIRECTOR
Roy Harker 215-222-2800 RHarker@aglp.org

AGLP ADVISORY COUNCIL

MEDICAL STUDENTS
Marc W. Manseau, MPH MManseau@aglp.org
Laura Erickson-Schroth LErickson-Schroth@aglp.org
Mark Chapman MChapman@aglp.org

PSYCHIATRIC RESIDENTS AND FELLOWS
Karl Jeffries, M.D. KJeffries@aglp.org

EARLY CAREER PSYCHIATRISTS
Chris McIntosh, M.D. CMcIntosh@aglp.org

ETHNIC MINORITY MEMBERS
No current chair (Contact Ubaldo Leli for more information)

CHILD AND ADOLESCENT PSYCHIATRISTS
No current chair (Contact Ubaldo Leli for more information)

WOMEN
No current chair (Contact Ubaldo Leli for more information)

PSYCHOTHERAPY
Chris McIntosh, M.D. CMcIntosh@aglp.org

HIV-AFFECTED MEMBERS
Anonymous Anonymous@aglp.org

INTERNATIONAL MEMBERS
Gene Nakajima, M.D. GNakajima@aglp.org

TRANSGENDERED MEMBERS
No current chair (Contact Ubaldo Leli for more information)

ASSEMBLY DELEGATES TO THE CAUCUS OF GAY, LESBIAN AND BISEXUAL PSYCHIATRISTS
Philip Bialer, M.D. PBialer@aglp.org
Mark Townsend, M.D. MTownsend@aglp.org
Dan Hicks, M.D. (President) DHicks@aglp.org

AGLP REPRESENTATIVE TO THE APA ASSEMBLY
David Scasta, M.D. DScasta@aglp.org

APA COMMITTEE ON GLB ISSUES
Ellen Haller, M.D. EHaller@aglp.org

Local Arrangements Committee
New Orleans, LA
Stefan Carlson, M.D. MTurner@aglp.org

Continued on page 4

• • •

AGLP Distinguished Service Award

Continued from Page 1

the 1993 session, where I helped a group of transgender women hand out literature from the International Foundation for Gender Education. Maybe some of you attended that meeting, and you might remember the slogans that other trans activists had spray painted all over the sidewalk outside the Moscone Center: "Transgender Liberation," "TS Rights," and "APA Go 'Way." Inside, though, the International Foundation for Gender Education booth was in the farthest corner of the exhibit hall, where not too many people came by, and some of those who did happen upon us seemed to make an effort to avoid us. But several times each day we were asked if we were affiliated with the protesters who were demonstrating outside. Some people asked us "Why are they protesting? What do they want?" I would respond, "We want control of our own lives. We want the stigma of mental illness removed from our foreheads, and we want respect as human beings. We want humane, responsible, and reasonably priced medical care, and we want our civil rights. We don't want to live in fear and shame and poverty." "Oh," the psychiatrists said. Some of them supported us enthusiastically. Others would say, "Well, it's a lot easier for me to understand your message here in the booth than it is when I feel bombarded by demonstrators." To which I would reply, "But if there hadn't been demonstrators would you have bothered to think about us at all?" "Oh," said the psychiatrists.

But I didn't give up on you guys. I know we can strengthen our mutual understanding. I know trans people are still suffering, and need mental health care. I also know many of our problems can be avoided through better education for families and the general public about LGBT concerns, and by ensuring that trans as well as LGB people receive the forms of social support that all human beings need and deserve to encourage healthy emotional development.

In my work to develop the self-esteem of trans people like me, to secure our civil rights, and to ensure that the world is a safe place for us to live, I rely on allies like you to help spread the message through your professional practice that, just like sexual orientation, gender variance is not in itself a mental health disorder. And yet when gender variant people do need mental health support and treatment, they will be able to find culturally competent care that supports them as who they are. I thank you for your work, and I am very grateful to you for this award, recognizing our mutual commitment to LGBT mental health.

•••



Alan Schwartz and Kenn Ashley at the Closing Banquet

President's Column

Continued from Page 3

aspects of sexual identity and spirituality for many LGBT individuals. While this aspect of the human psyche has never been officially addressed by AGLP, I feel that spirituality is a fundamental human dimension and the focus on this realm of experience is a welcome addition to AGLP's agenda. David Scasta has accepted the position of Chair of the Committee on Spirituality and Religion.

Looking back on my first term in office, I am struck by how difficult it has sometimes been to resolve equitably various issues and conflicts that surfaced during that time. My phone would often ring off the hook, with irate AGLP members, as well as officers of other professional associations, pressuring me to make decisions that might have had divisive consequences for our membership. In light of this experience, I asked the Board to make official the President's prerogative to create a President's Council, with whom he can consult confidentially at times when executive decisions have to be made under duress. With the Board's consent, I have invited a group of senior members to form a President's Council; ready to advise me, primarily at times when a decision is required that could prove divisive or otherwise jeopardize AGLP's stability.

Just as the President's Council aims to maintain ties between current leadership and that of the past, a proposed committee will seek to draw strength from our organization's roots. AGLP was founded nearly thirty years ago, and its historic dimension is something that individual members cannot preserve alone. To acknowledge our awareness of our past, and to make it easier to draw on our experience, I have proposed the formation of a the AGLP Historical Archives—a specialized committee designated to preserve our historical roots by systematically collecting and preserving documents and mementoes of AGLP since its inception. I have not yet appointed a Chair for the Archives, but I am confident that among a those members with appropriate historical knowledge, interest and inclination whom I have queried, one will come forth to help solidify our past.

The Awards Banquet, the traditional closing to each annual meeting, although an excellent opportunity to socialize and to honor individuals for outstanding work done during the previous year, has, in practical terms, become less robust over the past few years. Attendance is steadily decreasing, and the budget for organizing the Banquet is consistently going into the red. To neutralize the financial loss, we would have to charge so high a price that it would defy its purpose of bringing as many AGLP members as possible together to celebrate the year behind and the one ahead. To resolve this problem, I have named an ad hoc task force that will advise the Board on how to restructure the event, including possibly suggesting more appropriate times and/or formats to bestow awards.

Over the past year, AGLP saw many changes. A number of younger members offer the promise of fresh ideas and energy. AGLP's relationship with APA is shifting. The Gay and Lesbian Caucus of the APA will take over most of the functions of APA's disbanded Committee on Gay and Lesbian Issues. The Caucus' President and two delegates are AGLP members. Also, the position of AGLP Representative to the APA Assembly has been regulated, with precise duration and modalities for the choice of the representative. We are well on our way to opening minds, as our Mission Statement reads.

I cannot close this column without thanking again and again Roy Harker for his indefatigable energy, patient and faith, for his continuing to be the *Deus ex Machina* behind all aspects of AGLP's life; and my companion of twenty-four years Larry without whom my life would literally be possible.

Continued on page 15

Vice President's Column**Kenn Ashley, MD**

KAshley@aglp.org

Workin' Day and Night*Kenn Ashley, MD*

Congratulations and thank you to everyone involved in the planning and execution of the AGLP events during the recent APA Annual Meeting in San Francisco. In spite of San Francisco being one of the more expensive cities to host the meeting, the Local Arrangements Committee, the AGLP Board, and Roy Harker (AGLP Executive Director) did an excellent job keeping expenses down while offering an excellent program. Those of you who were not able to attend this year's AGLP Annual Symposium "agLp: The L Word in Mental Health" will have an opportunity get some sense of how wonderful the presentations were by reading them in an upcoming issue of the *Journal of Lesbian and Gay Mental Health*, but unfortunately the energy and excitement of the live presentations will be missing.

Preparations are already underway for this fall's APA Institute on Psychiatric Services Meeting that will take place in NYC, October 8th to the 11th, as well as the upcoming Annual Meetings in New Orleans, May 22nd to the 27th, 2010, and Honolulu, May 14th to the 19th, 2011. Additionally, we continue to try and organize receptions at subspecialty meetings. Look for more information about these subspecialty meetings and receptions in this issue of the newsletter and on the AGLP website www.aglp.org.

While the planning for the meetings seems to be a constant, so many other things seem to be changing. Within the APA a major reorganization is underway with the downsizing and consolidation of the committees, going from over 90 committees and councils to just 9 councils. The Board of the APA has maintained its commitment to the Minority and Underrepresented Groups (MURs), hosting a meeting during this year's Annual Meeting to discuss the future and strategize for these groups and the identity-focused Allied Organizations such as AGLP.

The expectation now is that much of the work that was formerly done by the committees will be done by the caucuses—for the Gay, Lesbian, and Bisexual (GLB) Committee that is the GLB Caucus. Those of you who are APA members should review your personal profile by signing on to the APA website (www.psych.org) then proceed to <http://memprofupdate.psych.org/>. Click on Section 3. This will lead you through a couple of webpages to section F where you may choose to join a Caucus. Another recent change in APA is that members may register for more than one MUR caucus, as long as it does not violate the by-laws of the caucuses.

[Editors Note: Membership in either the Caucus of Hispanic Psychiatrists or the Caucus of Black Psychiatrists precludes membership in other caucuses. Multiple memberships are allowed with the following caucuses: American Indian/Alaska Native/Native Hawaiian, Asian-American, Lesbian/Gay/Bisexual, International Medical Graduates, or Women. APA is still working on the technical aspects of how APA members may join multiple caucuses through the website. When this is

accomplished they will announce the procedure.]

These changes in the structure of the APA give us both the opportunity and impetus to re vitalize and establish LGBT Committees at the District Branch level. I believe that this will increase our visibility and role within the organization—to influence policy, to educate colleagues and the public, and to encourage and facilitate interested individuals to seek positions within the organization.

As I have reviewed what I have written, I realize how convoluted the discussion of the APA must seem, but the APA has been a confusing and cumbersome organization. Hopefully, with some of the changes things will be more straightforward, effective, and transparent.

Following on the heels of the Annual Meeting was Gay Pride. This year was the 40th anniversary of the Stonewall Riots, and in many ways the birth of the current Gay Liberation Movement. In spite of Proposition 8 in California, it is amazing how far things have come in such a relatively short period of time. I found it quite moving to watch the Pride Parade making its way down Fifth Avenue, particularly noticing the crowds lining the route and thinking about significance of the display of support and solidarity. I also have to remember this when I read about the analyses of anti-gay rhetoric at <http://www.boxturtlebulletin.com/> or see some comment on the web.

"So tonight gotta leave that nine to five upon the shelf
And just enjoy yourself
C'mon and groove, and let the madness of the music get
To you
Life ain't so bad at all
If you live it off the wall"

— Michael Jackson, *Off the Wall*

...

**THINKING
OF MAKING
A PLANNED
GIFT TO
AGLP?**



AGLP can offer the option of a tax-deferred annuity through the Philadelphia Foundation, giving you income for life and guaranteeing a lasting gift to AGLP. For this and other options such as naming AGLP in your will, contact Development Officer Stephan Carlson at scarlson@aglp.org.

News from the Basement

David L. Scasta, MD

AGLP's Representative to the APA Assembly

DScasta@aglp.org



David Scasta, M.D.

As I have been discussing in my previous articles, the APA is in a period of great flux as the current leadership, under the direction of Dr. Alan Schatzberg, attempts to restructure and streamline the APA. In March, the APA's Board of Trustees dismissed all 14 councils and 75 of the councils' committees, replacing the components with nine new councils and only 39 committees. The Committee on Gay, Lesbian, and Bisexual Issues did not escape the chopping block. I reported previously that I was concerned that the wholesale dismissal of all of the components would leave Dr. Schatzberg as President-Elect responsible for appointing every council and committee member in the new structure, in essence, giving him overwhelming control over who has power in the APA with no holdover appointments from previous presidents. Dr. Schatzberg conceded that perhaps he could have

done such, but instead chose to continue the terms of those council members who are currently in place in the retained councils and make appointments to fill in the gaps. He noted that he actually will end up making fewer appointments than any other President-Elect.

The Assembly meeting in San Francisco at the Annual Meeting in May was quite convoluted and thorny. The Assembly was divided, but by survey and words on the floor, it was not comfortable with the Board of Trustees decision to so drastically cut the relationship between the APA and the pharmaceutical industry (causing a loss of \$3 million annually). Dr. Paul Applebaum, a past APA president, put together a guideline for member interactions with pharmaceutical representatives and companies which prohibits accepting virtually anything of value, including a pad of paper with a logo on it or a pen. Although the guideline was repeatedly vetted as a "guide" and not policy or ethics, representatives were concerned that the guide could quickly morph into an ethical policy, putting members at risk for relatively innocuous interactions with pharmaceutical agents, including providing drug samples to non-indigent people. The Assembly asked the Dr. Applebaum to come back to it for approval after the guideline has been finalized and put through the Board of Trustees.

The dramatic changes in structure fostered the expected flurry of action papers in the Assembly. The Assembly leadership collected 14 of the action papers on restructuring the Assembly and APA and assigned them to an ad hoc reference committee to report back in November. (A reference committee holds hearings on legislation coming before the Assembly and makes recommendations to the Assembly regarding merit and changes that might be helpful.) Unfortunately, the leadership failed to include those 14 action papers in the prepacket of action papers. As a result, the Assembly was unaware of their existence until just before the plenary sessions. There were efforts on the part of some members to get the Assembly to put aside all the action papers and concentrate only on the reorganization issues. The leadership fought that approach. A special early morning extension was added to the final Plenary Session to

familiarize the members with the "hidden" action papers. The Assembly Speaker, Dr. Ron Burd, asked for recommendations for two members from each area to serve on the ad hoc reference committee to review them for the next meeting in November. He assumed that the area-wide representatives, sitting on the Assembly's Executive Committee and not generally assigned to reference committees, would not nominate themselves. When they did, he asked for new nominations. In addition to the reference committee, the Assembly and the Board of Trustees each have ad hoc work groups on restructuring in place. Everyone seems to be trying to get a finger in the pie.

There are two action papers in that group of 14 on restructuring that are germane to AGLP: 12.II and 12.NN. Both papers are reactions to several suggestions which were floated that would, in effect, eliminate an LGBT voting presence in the Assembly.

With the executive side of LGBT representation relegated to a single person (Ellen Haller, MD), a major locus for the production of position papers on LGBT issues has been lost. In order to make up for this deficiency, the APA has been working with the representatives of the Gay Caucus to revitalize the Caucus and to get it to take on some of the tasks previously done by the now defunct Committee on GLB Issues. Caucus President, Dr. Daniel Hicks and Assembly Representatives, Dr. Mark Townsend and Dr. Phil Bialer (Dep. Rep.), are spearheading efforts to reorganize the Caucus.

12.II calls for the Assembly Allied Organization Liaisons (AAOL's -- of which AGLP has one), to be retained in the Assembly as self funded representatives who would vote by strength (meaning that their votes would be proportionate to their membership). I doubt that this paper will pass once the Assembly realizes that the AAOL's represent 14,000 APA members and would have the equivalent of over third of the Assembly's voting strength. The AAOL's have been lobbying heavily to retain their presence in the Assembly and seem to be making progress.

12.NN calls for the Assembly to value the Minority Under Represented member caucuses (MUR's, one of which is the Caucus of Lesbian, Gay, and Bisexual Psychiatrists) and to not reduce the MUR budget any more than the budget is reduced for the Assembly as a whole. The MUR's have been lobbying heavily to retain their presence in the Assembly and also seem to be making progress. The Assembly Committee on Procedures has established a new rule that minority caucus members may join more than one minority caucus as long as that caucus allows such. Thus, an AGLP member can be a member of the Gay Caucus and the Woman's Caucus.

AGLP Treasurer/Secretary Column

Andy Tompkins, MD

ATompkins@aglp.org



Andy Tompkins, MD

Wow, it has already been a year for me on the AGLP Board. This has been quite an honor and I encourage other members to consider this incredible opportunity in the upcoming election. In terms of finances, we continue to aim for a balanced budget. Cuts have been made and members have responded generously by renewing early, soliciting new/renewing members, and increasing their membership level. Tax-deductible donations can still be made on the AGLP website which I took advantage of last year as my tax bracket went up.

In order to maintain our excellence, the board decided to use some surplus money to give Roy Harker, our executive director, a long overdue salary increase. This was done unanimously by the executive council and hopefully will serve as a momentum builder for us to raise extra cash in grants and membership drives.

Help keep the organization moving forward, embracing the economic realities in order to flourish anew. Hard work, passion, and a little luck can definitely make up for lost income. However, we can also use those same qualities to help grow our budget back to the numbers of only a few years ago. Let's move forward together!

Help keep the organization moving forward, embracing the economic realities in order to flourish anew. Hard work, passion, and a little luck can definitely make up for lost income. However, we can also use those same qualities to help grow our budget back to the numbers of only a few years ago. Let's move forward together!

My life is not just about money, checks, and spreadsheets. I recently asked my boyfriend, Mike, to move in with me. We now share a two-bedroom condominium in an "up and coming" area of Baltimore. He had been used to living in a restored, belle-époque styled mansion as the tenant in the top-floor apartment. My condo is decidedly more modern without any ivory inlaid or Tiffany chandeliers. This has been a big step for us, especially as our decorating styles don't quite mesh perfectly. However, the first month has gone smoothly and he even has gone along with my peacock obsession.

My professional life is also improving as I am now board certified in general adult psychiatry and have my first first-authored paper in press. I am applying for an NIH grant and hopefully will have some good news on that front for New Orleans.

•••

Journal News

Mary Barber and Alan Schwartz

MBarber@aglp.org and ASchwartz@aglp.org



Mary Barber, M.D.

We have been co-editors for one year's worth of the Journal of Gay & Lesbian Mental Health, and are both proud and relieved to have Volume 13 now completed and the last issue for 2009 on its way to press.

Our first year's worth of journals has included original research papers, a recurring series on LGBT parenting, an interview with the psychiatrist who was APA president in 1973 when homosexuality was removed from the DSM, and several conference proceedings edited into papers.

By conducting interviews with key figures, or editing conferences into collections of papers, we are able to get material into the literature that might otherwise remain as oral history, be taught to only a few meeting attendees, or even eventually disappear from general knowledge.

We want to continue to publish the proceedings of AGLP and APA symposia, and to begin a new series of interviews with people who have played important roles in the advancement of LGBT mental health. To do so, we need to have money in our budget to pay for transcriptions. If you think this content is valuable, as we do, you can help the Journal by making an extra donation when you renew your AGLP dues. Every \$20 will help.

We are also always looking for good content, so if you have an idea for a paper, are conducting research, or heard a colleague give a good talk on LGBT mental health, please consider submitting your work or encouraging others to do so.

We were fortunate to get a grant from the William A Kerr Foundation to award a best resident paper submission to the Journal. The winner each year will get publication in the Journal, a cash award, and travel to the AGLP annual meeting to present the paper. There is a separate announcement of the award in this newsletter with more information.

We hope you've enjoyed this year's journals. Look for more papers in our oral tradition series, parenting series and recent conference proceedings as well as more original research next year.

•••

Submitting Symposium Suggestions

George Harrison, MD

Our Vice President, Kenn Ashley, MD, has ably coordinated the Symposium for what seems like the last decade. While that may be a bit of an exaggeration, Kenn could use some assistance. He has written the Newsletter asking that we canvas the readership about what would be compelling topics for the New Orleans Symposium next year. He also wanted to put the call out to members that wanted to present. If you have some ideas about the Symposium let Kenn know by contacting him at KAshley@aglp.org.

Announcing Award for Outstanding Psychiatry Resident Paper Award on LGBT Mental Health

The *Journal of Gay and Lesbian Mental Health* (JGLMH) is a quarterly, peer-reviewed journal that is indexed by PsychInfo. JGLMH is the official journal of the Association of Gay and Lesbian Psychiatrists (AGLP) (www.aglp.org). We are seeking outstanding resident papers on LGBT mental health; these can be original research papers, case series and detailed case reports, or review articles. The award includes \$500, publication in JGLMH, and assistance with travel to the AGLP annual meeting (held concurrently with the APA) to present the resident's work.

The deadline to be considered for a 2010 award is April 1, 2010. Co-authored papers are eligible as well, but the resident must be the first author.

Send entries or direct questions to Roy Harker at RHarker@aglp.org.

This award is supported by a generous grant from the William A. Kerr Foundation.

...



Paulsen Award Winner, Gene Nakajima with his Husband, Howard Rubin

APA AGLP Representative's Column

Continued from Page 6

As noted above, the Committee on Gay, Lesbian, and Bisexual Issues of the APA (CGLBI) was disbanded in May. An effort by At-Large Trustee, Dr. Roger Peele, to retain the disbanded committees by making the committees self supporting, failed. I had hoped to see the Assembly take on the role of the convening authority for the CGLBI as a self supporting committee. The action paper calling for such got successfully through Area III and through Reference Committee 5, of which I am a member. Despite the Reference Committee's endorsement, the Assembly turned the action paper down, feeling that the job of taking on over 75 committees and monitoring them was beyond the capabilities of the Assembly.

Dr. Schatzberg addressed the Assembly regarding the changes and noted in passing that perhaps some of the dismissed committees will be reinstated — particularly the minority groups. With the executive side of LGBT representation relegated to a single person (Ellen Haller, MD), a major locus for the production of position papers on LGBT issues has been lost. In order to make up for this deficiency, the APA has been working with the representatives of the Gay Caucus to revitalize the Caucus and to get it to take on some of the tasks previously done by the now defunct Committee on GLB Issues. Caucus President, Dr. Daniel Hicks and Assembly Representatives, Dr. Mark Townsend and Dr. Phil Bialer (Dep. Rep.), are spearheading efforts to reorganize the Caucus. If you are just a member of AGLP and not a member of the Caucus, please join and become involved. Information for joining the Caucus is printed in this newsletter. Also, see Dr. Haller's column in this newsletter for further information.

Much of the current chatter on the Assembly list serve, however, is no longer on restructuring but rather addresses concerns about transparency versus secrecy in the creation of DSM-V. Rumors of major changes in how dimensions/axes are used to make diagnoses are sparking a lot consternation, worry, and perhaps paranoia, led by two of the major authors of DSM-IV. The other issue making the rounds has to do with whether the nation should have a single payer for health insurance (i.e., the government) or some combination of private and public funding. I will talk about those issues in my next column.

...



Dan Karasic Hosted the Transgender Provider Reception

GID and DSM V Update: APA, AGLP and WPATH Meetings

Dan Karasic, MD

Immediate Past President

DKarasic@aglp.org



Dan Karasic, MD

May's APA and AGLP meeting was an active one for trans issues, including a well-attended reception for trans care providers that I hosted for members of AGLP, APA attendees, and local mental health clinicians providing trans care. The question of revision of the Gender Identity Disorder diagnosis in DSM V remained the hot issue for transgender care providers and activists, at both May's APA meeting and at the meeting of the World Professional Association for Transgender Health (WPATH, formerly HBGDA) meeting in Oslo in June. However, a consensus appears to be forming for a pathway to change of the diagnostic criteria.

At the APA, Jack Drescher chaired a symposium on revision of the GID diagnosis in DSM V. The symposium included a talk by Peggy Cohen-Kettenis, chair of the APA subcommittee reviewing the DSM diagnosis. Dr. Cohen-Kettenis reviewed the results of a survey of organizations

including AGLP involved with trans issues which showed strong support for changing the current GID criteria or eliminating the diagnosis altogether. Also at the symposium, Kelley Winters, PhD, of gidreform.org, discussed the idea of replacing GID with a distressed-based diagnosis. Currently the diagnostic criteria for GID of adults include a cross-gender identity and the steps one takes to transition. Intersexed people are excluded, and the criteria's wording assumes a binary conception to gender, rather than a spectrum.

The proposed criteria are more generally applicable to those with gender dysphoria than the current criteria. They do not assume a gender binary, and can apply to intersexed people who might need to transition from the gender assigned at birth.

The GID diagnosis is widely regarded in the Trans community as pathologizing trans identity. However, some regard the diagnosis as necessary for things such as insurance coverage for care or for the right to hormonal treatment for prisoners.

Winters and others have proposed changing the criteria to one of gender dysphoria or gender dissonance, in which the diagnosis is based on clinically significant distress about the incongruity between one's current gender identity and one's physical body and/or social gender role. By this means, a person would have a DSM diagnosis when the person needs treatment, but there would

be an "exit clause" for trans people comfortable with their current status.

Support for GID reform was also voiced outside Moscone Center. After the symposium a rally was organized by LGBT activists in support of changing or eliminating the GID diagnosis.

At the WPATH conference at month later in Oslo, a number of AGLP and LAGCAPA members were involved in committees appointed by the WPATH board to write position statements on various aspects of GID and DSM V. Rick Pleak, MD and Sally Herbert, MD, were on the committee for assessing the criteria of GID of children, Edgardo Menvielle, MD, was on the committee for GID of adolescents, and I was on the committee for GID of adults.

I was charged with coming up with a proposal for wording of a replacement diagnosis, and proposed:

Diagnostic Criteria for Gender Dysphoria (or name to be determined) in Adults:

- A. Strong and persistent distress with physical sex characteristics, or ascribed social gender role, that is incongruent with persistent gender identity.
- B. The distress is clinically significant or causes impairment in social, occupational, or other important areas of functioning, when this distress or impairment is not solely due to external prejudice or discrimination.

The proposed criteria are more generally applicable to those with gender dysphoria than the current criteria. They do not assume a gender binary, and can apply to intersexed people who might need to transition from the gender assigned at birth.

A total of sixty WPATH members discussed proposals in a day-long meeting, and reached consensus that if GID remains in the DSM, that it ought to be based on gender dysphoria, along the lines of the criteria above. None of the members present supported maintaining the current GID criteria. There was also the recommendation to move the diagnosis into a different chapter than the paraphilias. These recommendations were well-received when presented and discussed with conference attendees at a plenary session attended by Ken Zucker, PhD and Peggy Cohen-Kettenis, PhD, members of the APA committee on the Sexual and Gender Identity Disorders chapter. WPATH will publish the results of its consensus process and present this to the APA DSM committee.

It was encouraging to see broad agreement on many issues; across the two meetings and even between conference presenters and those protesting outside APA. And it will be interesting to see how the APA DSM committee's work progresses.

...



2009 AGLP Opening Reception

Listings of Upcoming Meetings of Interests to Members

Members have asked for a calendar of upcoming conferences of interest. Kenn Ashley, MD, has compiled a list seen below and we will continue to try to update this with each addition. This information may also be found on the AGLP website where the links will be more useful. If we've missed a conference that you're interested in, just drop a line to me (GHarrison@aglp.org).

Many of AGLP members are members of other organization such as the ones listed below. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get together at a members home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP contact our President, Ubaldo Leli, MD, at ULeli@aglp.org for more details and suggestions.

Academy of Psychosomatic Medicine (APM)

<http://www.apm.org/>

56th ANNUAL MEETING: November 11–14, 2009

Quality of Care: Implications for Psychosomatic Medicine

Rio All-Suite Hotel & Casino, Las Vegas, Nevada

<http://www.apm.org/ann-mtg/index.shtml>

American Academy of Addiction Psychiatry (AAAP)

<http://www2.aaap.org/>

20TH ANNUAL MEETING AND SYMPOSIUM: December 3-6, 2009

Hyatt Regency Century Plaza, Los Angeles, California

<http://www2.aaap.org/meetings-and-events/annual-meeting>

American Academy of Child and Adolescent Psychiatry

<http://www.aacap.org/>

56TH ANNUAL MEETING: October 27 - November 1, 2009

Hilton Hawaiian Village, Honolulu, Hawai'i

PSYCHOPHARMACOLOGY UPDATE INSTITUTE: January 22-23, 2010

Sheraton, New York, New York, New York

57TH ANNUAL MEETING: October 26-31, 2010

Hilton New York, New York, New York

58TH ANNUAL MEETING: October 18-23, 2011

Sheraton Centre Toronto, Toronto, Ontario, Canada

59TH ANNUAL MEETING: October 23-28, 2012

Hilton San Francisco, San Francisco, California

American Academy of Psychiatry and the Law (AAPL)

<http://www.aapl.org/>

40TH ANNUAL MEETING: October 29-November 1, 2009

Baltimore Marriott Waterfront, Baltimore, Maryland

<http://www.aapl.org/meetings.htm>

41ST ANNUAL MEETING: October 21-24, 2010

JW Marriott Starr Pass Resort & Spa, Tucson, Arizona

American Academy of Psychoanalysis and Dynamic Psychiatry

<http://www.aapdp.org/>

54TH ANNUAL MEETING: May 20 - 23, 2010

New Orleans, Louisiana

http://www.aapdp.org/academy_meetings.cfm?meeting=9

American Association for Emergency Psychiatry

<https://www.emergencypsychiatry.org/>

INSTITUTE ON PSYCHIATRIC SERVICES (IPS) CONFERENCE:

October 8-11, 2009

Sheraton New York Hotel and Towers, New York, New York

ANNUAL BUSINESS MEETING AND RECEPTION: May 24, 2010

New Orleans, Louisiana

American Association for Geriatric Psychiatry (AAGP)

<http://www.aagppa.org/>

2010 ANNUAL MEETING: March 5–8, 2010

A Mile in My Shoes: Finding Comprehensive Solutions to the Problems of Aging

Savannah, Georgia

www.AAGPmeeting.org

2011 ANNUAL MEETING: March 18-21, 2011

San Antonio, Texas

American Association of Directors of Psychiatric Residency Training (AADPRT)

<http://www.aadprt.org/>

39TH ANNUAL MEETING: March 10-14, 2010

Disney's Contemporary Resort at Walt Disney World Resort, Orlando, Florida

<http://www.aadprt.org/meetings/2010/default.aspx>

40TH ANNUAL MEETING: March 2011

Austin, Texas

American College of Psychiatrists

<http://www.acpsych.org/>

Meetings: <http://www.acpsych.org/meetings.html>

Marriott Harbor Beach Resort & Spa, Fort Lauderdale, Florida

February 23-28, 2010

Fairmont Hotel, San Francisco, California

February 23-27, 2011

Naples Grande Resort, Naples, Florida

February 22-26, 2012

Grand Hyatt Kaua'i, Koloa, Kaua'i, Hawai'i

February 20-24, 2013

Grand Hyatt, San Antonio, Texas

February 19-23, 2014

THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2009-2010**EXCEPTIONAL CONTRIBUTION**

FRANK RUNDLE, MD
DAVID RUDOLPH KESSLER, MD

FOUNDING MEMBERS

KENN ASHLEY, MD
JACK DRESCHER, MD
MICHAEL GOLDER, MD
GEORGE HARRISON, MD
UBALDO LELI, MD
EDWARD NIX, MD
HOWARD RUBIN, MD

PATRONS

JEFFREY AKMAN, MD
MARY BARBER, MD
NORMAN HARTSTEIN, MD
DAN HICKS, MD
JAMES P. KRAJESKI, MD
PETROS LEVOUNIS, MD
ANTHONY MARINO, MD
WILLIAM REAMY, MD
MICHAEL ROCKWELL, MD
LEONARD RUBIN, MD
DAVID SCASTA, MD
KEVIN SMITH, MD
MASON TURNER, MD
TIM VALKO, MD
THOMAS WELCH, MD

SPONSORING MEMBERS

JAMES BATTERSON, MD
LONNY BEHAR, MD
PHILIP BIALER, MD
STEVEN BLUESTINE, MD
CURLEY BONDS, MD
ROBERT CABAJ, MD
KEVIN CARRIGAN, MD
TONY CARROLL, MSW
DEBBIE CARTER, MD
CHERYL CHESSICK, MD
ROBERT DELGADO, MD
DONALD FENNELL, MD
WILLIAM GILMER, MD
ELLEN HALLER, MD
EDWARD HANIN, MD
DAN KARASIC, MD
DAVID KREFETZ, DO
JOHN KRUSE, MD
JON MARHENKE, MD
MARLIN MATTSON, MD
LAURENCE MILLER, MD
KERRY MITCHELL, MD
ROBERT J. MITCHELL, MD
J. BRETT OFFENBERGER, MD
RICHARD PILLARD, MD
RICHARD PLEAK, MD
CHESTER ROBACHINSKI, MD
STUART SOTSKY, MD
MARGERY SVED, MD
LOWELL TONG, MD
MARK TOWNSEND, MD
DOUGLAS VANDERBURG, MD
HENRY WEISMAN, MD
SIDNEY WRIGHT, JR., MD
PENELOPE ZIEGLER, MD

DONATIONS TO STUDENT TRAVEL

STEWART ADELSON, MD
JOANNE AHOLA, MD
RONALD ALBUCHER, MD
JAMES BATTERSON, MD
LONNY BEHAR, MD
JUAN BUONO-ALCARAZ, MD
LISA CAPELL, MD
TODD CHEEVER, MD
ROBERT DAROFF, MD
ROBERT DELGADO, MD
MARSHALL FORSTEIN, MD
SAL FUSARO, MD
DOUGLAS HANLIN, MD
WILLIAM HERZ, MD
RICHARD ISAY, MD
KARL JEFFRIES, MD
ALISON JONES, MD
GARY KRAMER, MD
KEWCHANG LEE, MD
EDWARD LIM, MD
PAUL LYNCH, MD
STEPHEN MELCHER, MD
MARK MCCLURG, MD
RICHARD PLEAK, MD
CHARLES POPPER, MD
DEREK PUDESTER, MD
WILLIAM REAMY, MD
CARLOS SANTIAGO, MD
ALAN SCHWARTZ, MD
CHRISTINA SEKAER, MD
MARGERY SVED, MD
JOHN SWEET, MD
DAVID TOMPKINS, MD
MARK TOWNSEND, MD
DOUGLAS VANDERBURG, MD
HENRY WEISMAN, MD
THOMAS WELCH, MD

Listing of Upcoming Meetings

*Continued from page 10***American Psychiatric Association (APA)**<http://www.psych.org/>

2009 APA INSTITUTE ON PSYCHIATRIC SERVICES: October 8-11, 2009
New York, New York

163RD ANNUAL MEETING: May 22-27, 2010
New Orleans, Louisiana

2010 APA INSTITUTE ON PSYCHIATRIC SERVICES: October 14-17, 2010
Boston, Massachusetts

164TH ANNUAL MEETING: May 14-19, 2011
Honolulu, Hawai'i

2011 APA INSTITUTE ON PSYCHIATRIC SERVICES: October 27-30, 2011
San Francisco, California

165TH ANNUAL MEETING: May 5-10, 2012
Philadelphia, Pennsylvania

2012 APA INSTITUTE ON PSYCHIATRIC SERVICES: October 4-7, 2012
New York, New York

2013 APA INSTITUTE ON PSYCHIATRIC SERVICES: October 10-13, 2013
Philadelphia, Pennsylvania

American Society of Hispanic Psychiatrists<http://americansocietyhispanicpsychiatry.com/>**XIII Spanish Congress of Psychiatry**

<http://americansocietyhispanicpsychiatry.com/english/events/>
Madrid, Spain: October 19-24, 2009

Association of Women Psychiatrists<http://www.associationofwomenpsychiatrists.com/index.php>

Meetings have been in conjunction with the Annual APA Convention
For more details, please see the website above.

Association for Academic Psychiatry

<https://www.netforumondemand.com/eWeb/StartPage.aspx?Site=AAP&WebCode=HomePage>

2009 ANNUAL MEETING

The Innovators' Dilemma, September, 30-October 3, 2009
Hamilton Crowne Plaza, Washington, DC

<https://www.netforumondemand.com/eWeb/DynamicPage.aspx?Site=AAP&WebCode=AnnualMeeting>

Black Psychiatrists of America (BPA)<http://www.blackpsych.org/>**The BPA Transcultural Conference**

Aswan & Cairo, Egypt, November 6-13, 2009

<http://www.blackpsych.org/id4.html>

•••

**MAY - JULY 2009**

Sascha Arbouet, M.D.
Syracuse, NY

David Luis, M.D.
St. Leonard's, Sydney,
Australia

**Pedro Bustamante IV,
M.D.**
Houston, TX

Heather Muhr, D.O.
Berkeley, CA

Mark Cross, M.D.
Erskineville, N.S.W., Australia

Jeff Pearch, D.O.
Pittsburgh, PA

Kevin Donnelly
Washington, DC

Lisa Schimmel, Ph.D.
San Diego, CA

Milo Durst, M.D.
Mequon, WI

Don Spivak, M.D.
Birmingham, MI

Matthew Ehrlich, M.D.
Everett, MA

Mark Fettman, M.D.
Worthington, OH

Weston Fisher
Harrisburg, PA

Melvin Gilbert, M.D.
Hoboken, NJ

Patrik Grexa, M.D.
Prague, Czech Republic

Shane Konrad, M.D.
New York, NY

AGLP Board and Advisory Council Meeting 2009 Minutes

Andy Tompkins, MD, Secretary / Treasurer

San Francisco, California

Sunday, May 17, 2009, 8:30am to 11:30am

Westin San Francisco Market Street, Civic Room, Second Floor

Present: Ubaldo Leli, Kenn Ashley, Andy Tompkins, Roy Harker, Alan Schwartz, George Harrison, Jack Drescher, Gene Nakajima, Ellen Haller, Stephan Carlson, Karl Jeffries, Laura Erickson-Schroth

Meeting opened at 830AM.

Approval of Minutes: Approved without dissent after Alan Schwartz motioned and Karl Jeffries seconded.

Welcome: Ubaldo Leli, M.D., President

- Thanks were given to local arrangements: Mason Turner, MD, Chair, Ron Albucher, MD, Annabelle Chern, MD, Robert Daroff, MD, Brad Deal, MD, Ellen Haller, MD, George Harrison, MD, Erick Hung, MD, Karl Jeffries, MD, Dan Karasic, MD, Robert Kertzner, MD, John Kruse, MD, Gene Nakajima, MD, Howard Rubin, MD, and Richard Shapiro, MD
- Thanks were given to Kenn Ashley, MD, for hospitality suite and symposium coordination

Announcements: Staffing Booth, Closing Banquet Reservations

Nomination Committee Report: Andy Tompkins, MD – No current nominations. Nominations will be taken from the floor.

Symposium Report: Kenn Ashley, MD. This was well attended, especially by the women members.

Treasurer's Report and Budget Report: Andy Tompkins, MD. A discussion occurred over the proposed new budget. Discussion was centered on reigning in cost of the convention and being realistic about gains in membership dues. Roy left the room and discussion centered on an increase in his salary. The board recommended a 5% increase in Roy's salary.

As well, the board discussed the issue of the closing banquet as a "fundraiser." Roy pointed out that we have not made money on this event for years and there was difficulty filling space in San Francisco. Ubaldo appointed a task force to examine this issue in detail and to make recommendations to the board on how the closing banquet should be. Members of this task force include Jack, Roy, Andy, Chris, and Karl. At that point, the discussion ended. Roy also agreed to calculate what the price of the banquet should be.

Jack was also congratulated for his generous underwriting for the equipment to play the AGLP documentary *Abomination* at the APA booth.

AGLP 2010 Budget Discussion: Kenn moved to approve the 2009 and 2010 budgets as amended. Alan seconded and vote was unanimous for approval.

Newsletter Editor Report: George Harrison, MD. A discussion occurred over the most recent newsletter with a member's column on APA caucus. Ubaldo thought personal opinions should be in a personal column and not one of an official nature. George pointed out the newsletter had a disclaimer statement about personal opinions. It was also pointed out that other columns list personal information. We discussed the possibility of non-members writing columns in the newsletter as there currently exists no prohibition against this practice.

As well, Roy wanted to make the AGLP website a place for soliciting articles for the newsletter. The next newsletter deadline will be July 1.

Journal Editor Report: Mary Barber, MD, (not present) and Alan Schwartz, MD. Alan

spoke about changes to the Journal. The name change occurred with Vol. 11 to the Journal of Gay and Lesbian Mental Health to reflect the breadth of papers in the publication. Taylor and Francis are the current publishers. In January, Alan, Roy and Mary had a meeting in person with Taylor and Francis, which gave verbal approval to continued support. The format is now 7 x 10 in. format – which is larger and easier to read. Medline has been contacted for the journal to be listed – making changes to seek this approval from the last rejection by Medline three years ago (a smaller editorial board with an additional advisory board, no more thematic issues, increased paper flow and rejection rate). Alan asked the Executive Committee to give any ideas for where to send calls for papers. Mary was able to receive a grant from the Kerr foundation for best resident article in the Journal, which has the potential to be ongoing. One particular interesting idea was for an oral history series editor to interview the next generation of AGLP leaders; Roy suggested Peggy Hanley-Hackenbrook. Issue 3 is coming out in July and issue 4 in October. Finally, Alan informed the board that the cover of the journal would be redesigned in the near future.

Development Report: Stephan Carlson, MD, Robert Lopatin, MD. Stephan talked about the need to explore corporate sponsors as source for funding, especially for events websites. He did encourage the board to plan events well in advance to optimize potential for being funded. We also discussed asking Brian Palmer for ideas given his expertise in this field. Other ideas are sponsorship for hospitality suite, which the Pride Institute agreed to do for this convention.

Caucus Report: Dan Hicks, MD, Mark Townsend, MD, and Phil Bialer, MD

GLB Committee Report: Ellen Haller, MD. This committee is about to end secondary to APA restructuring. There will be Minority Mental Health and Health Disparities Committee to replace all of the committees, with the chairs of the former committee, to be appointed to this council (Ellen included). She will work on the future of the component workshops, and changes to the AGLP bylaws where needed when the committee sunsets. Then, Ellen reviewed the APA structure for the Executive Committee, including a new MUR APA Board member with full voting rights and the importance of the GLB caucus. There is a component workshop on Thursday on GLB mental health for the elderly.

APA Assembly Rep Report: David Scasta, MD (not present)

Committees Reports:

Membership: Karl Jeffries, MD. Andy motioned and Kenn seconded Karl's appointment as membership chair. The EC voted and there were no dissents. Karl mentioned ideas for multiple year membership options that Roy agreed could be easily set up. Karl will make proposals on incentives for attracting new members.

Women: The women's dinner was well attended and the documentary "Last Night at Maude's" was well received.

Minority Outreach: There was a discussion of the elimination of this

committee, especially as there was currently only one reception held per year.

International: Gene Nakajima, M.D. Gene worked with the German Psychiatric Association to have a committee on LBG mental health. There is a demonstration against an upcoming University of Marburg meeting with a speaker on reparative therapy. He spoke about ways AGLP and APA could help educate the German psychiatric committee and develop an official policy on reparative therapy.

HIV: We discussed the idea of disbanding this committee due to nonattendance. The chair of the committee told the Executive Committee the committee would no longer be needed.

Psychotherapy: Christopher McIntosh, M.D. He will be hosting the case conference on Monday, May 18 at 1PM.

LAGCAPA: Not present

ECP: Not present

MIT: Andy Tompkins, M.D., Karl Jeffries, M.D.; Medical Students: Marc W. Manseau

Executive Council Meeting Minutes*Continued from page 13*

(not present), MPH, Laura Erickson-Schroth. The Executive Committee commended Laura for her talk yesterday at the Symposium. As well, the Executive Committee congratulated Laura and Marc on their impending graduation. There will be a new chair appointed shortly.

Transgendered: Julie Prous, M.D. Not present

Vice-President Report: Kenn Ashley, M.D. Kenn had previously reviewed symposium and other aspects of the meetings.

Executive Director Report: Roy Harker talked mainly about finances, reported above. As well, he advised the committee's discussion on membership.

President Report: Ubaldo Leli, M.D. Ubaldo proposed that past-presidents and select senior members of AGLP be used as an official advisory ad hoc committee without a chair. This committee's responsibilities would be to advise the AGLP president on any issue he or she brought to their attention. It was proposed to call this committee President's Council. The executive council voted a show of approval without dissent.

We discussed the length of term of the AGLP Representative to the APA assembly. Ubaldo proposed to make the appointed position have a three-year term (from May-May), meaning the current position would end in May 2010. Kenn moved to make the AGLP APA assembly representative term be limited to three years and George seconded that motion. The motion passed without any dissents. Ubaldo proposed the idea for the Committee on Spirituality and Religion and as well as a Committee to focus on History and Archives to be named in the future.

Upcoming Meetings:

- 2010 New Orleans, LA — Marc and Stephan were appointed by Ubaldo to be co-chairs. Each accepted this position.
- 2011 Honolulu, HI — We will ask Maurice Singer if he is interested in being the chair of local arrangements.
- 2012 Philadelphia, PA

Fryer Award 2009: IPS New York will be the next award lecture. The Fryer award will be mailed to the San Francisco awardee.

New Business:

Gittings Award: This award to recognize a women's contribution in psychiatry. This was tabled until next monthly meeting.

Other Topics of Discussion: We discussed changing dates of EC meeting and this will be discussed in the future. Ellen suggested using Meetingwizard.com as a way to choose a time.

Alan moved to adjourn and Kenn seconded. The vote was without dissent and the meeting ended at 11:38AM

• • •

AGLP Annual Membership Meeting 2009

Andy Tompkins, MD, Secretary / Treasurer
San Francisco, California

Sunday, May 17, 2009, 2:00 to 3:15pm

Westin San Francisco Market Street, Olympic Ballroom, Second Floor

Welcome: Ubaldo Leli, M.D., President

- Thanks were given to local arrangements: Mason Turner, MD, Chair, Ron Albuchoer, MD, Annabelle Chern, MD, Robert Daroff, MD, Brad Deal, MD, Ellen Haller, MD, George Harrison, MD, Erick Hung, MD, Karl Jeffries, MD, Dan Karasic, MD, Robert Kertzner, MD, John Kruse, MD, Gene Nakajima, MD, Howard Rubin, MD, and Richard Shapiro, MD

- Thanks were given to Kenn Ashley, MD, for hospitality suite and symposium coordination

Announcements: Staffing Booth, Closing Banquet Reservations

Nomination Committee Report: Andy Tompkins, MD — No current nominations. As there were no nominations from the floor, Andy Tompkins, MD, will continue in the dual role of Secretary/Treasurer.

Symposium Report: Kenn Ashley, MD. No report

Treasurer's Report and Budget: Andy Tompkins, MD. There was a discussion about the possibility of 2-3 year memberships, with a larger up-front fee because recurring memberships are no longer possible due to new laws. Other suggestions were letters encouraging different levels of membership, membership drives,

Newsletter Editor: George Harrison, MD Requests for submissions or ideas were welcomed

Journal Editor: Mary Barber, MD, and Alan Schwartz, MD. No report

Development: Stephan Carlson, MD, Robert Lopatin, MD. Roy spoke for Stephan and listed the three major grants which AGLP had received in the last year, from Kerr foundation (scholarship for best Resident Paper in Journal of Gay and Lesbian Mental Health), BAPHR (AGLP Symposium), and Pride Institute (sponsoring AGLP hospitality suite).

Caucus Report: Dan Hicks, MD, Mark Townsend, MD, and Phil Bialer, MD. Dan spoke and closed the AGLP membership meeting to open the Caucus meeting. 2:26PM-2:42PM. The Caucus will take over the Council's duties given APA restructuring, and the caucus will be given an increase in money and room. The revised procedural code was passed out for review. Changes included creation of a body (President, APA Council Member, AGLP Rep and Deputy Reps, and Immediate Past-President) to make decisions in between caucus meetings, new officers and their duties. Margie Sved will be a special representative because there is no immediate past-president. Phil spoke about changes in APA policy and the new ability for persons to choose to be a member of several caucuses if the individual caucus's bylaws permit. Marc Townsend will be joining APA Board of Trustees as the first MUR Rep with full voting privileges. Dan asked for any dissenters to approve of the minutes and there were none. Marc moved to adjourn and Margie seconded. No dissenters were present. Ubaldo reopened the membership meeting at 2:51PM.

GLB Committee Report: Ellen Haller, MD. She informed us that the GLB committee will be sunset at the end of this annual meeting. Only 9 remaining councils will be in existence in APA, including MUR (Minority and Underrepresented Minorities) which Ellen will be a part of. The 2009 John Fryer award was given to San Francisco Mayor Gavin Newsom at this annual meeting. He could not be present at the meeting to receive this award and so it will be mailed. Dr. Haller also spoke about "Out and Up in Age," the component workshop on Thursday AM. Other tasks include reviewing the references to the position statement on reparative therapy, a new GID committee to review literature related to the diagnosis and treatment, and writing up the GAP (Group for Advancement of Psychiatry) curriculum on GLB issues in residency training in Academic Psychiatry. There will be new ways of getting APA work done. Margie spoke of new ways of creating committees in APA, including having councils propose the creation of committees. These details will be worked out in a September meeting in DC.

APA Assembly Rep Report: David Scasta, MD. He thanked the other members for speaking of issues. 14 action papers were presented to restructure Assembly and those will be discussed at this current meeting. There were 2 action papers pertinent to AGLP. One espouses the continued existence of MUR and one to discontinue AAOLs current voting process, giving AAOLs voting in strength. This means that AAOLs would vote by the size of their membership but this may not be feasible. These will be voted on in November meeting of Assembly. Ubaldo talked about creating bylaw changes to have 3-year terms of the assembly rep, to be an elected position. A letter must be sent by October 22nd to let APA know of the name of the Rep from Ubaldo.

Continued on page 15

Annual Membership Meeting Minutes

Continued from page 14

Committee Reports

Membership: Karl Jeffries, MD Karl asked for suggestions on improving membership. Ubaldo announced his official selection.

Women: No report

Minority Outreach: No report

International: Gene Nakajima, M.D. No report

HIV: No report

Psychoanalysis: Christopher McIntosh, M.D. He spoke of the case conference on Monday, May 18 at 1PM.

LAGCAPA: No report

ECP: No report

MIT: Andy Tompkins, M.D., Karl Jeffries, M.D. Karl spoke of the brunch which was well attended. We will have a talk by Marshall Forstein on Monday at 5-6 in hospitality suite.

Medical Students: Marc W. Manseau, MPH, Laura Erickson-Schroth. No report

Transgendered: Ubaldo asked for suggestion on chairperson. Relevant current events were discussed on this subject.

Report from Vice-President: Kenn Ashley, M.D. Kenn talked about the fantastic symposium yesterday.

Report from Executive Director: Roy Harker. Roy thanked the local arrangements committee for sticking to budget and told the membership that the rest of his points had been discussed.

Report from President: Ubaldo Leli, M.D. Ubaldo announced the need for a new ad hoc meeting to give advice to president, the President's Council, to be made up of past presidents and other senior members. The Executive Committee had approved this change in meeting earlier in the day. He also spoke of a new committee to preserve AGLP history for future generations and a committee on Religion and Spirituality. David Scasta agreed to be on the latter committee and Ubaldo appointed him. Ubaldo also asked for a person to take over either secretary or treasurer position.

Upcoming Meetings:

- 2010 New Orleans, LA Co-chairs were proposed but are awaiting confirmation in the coming weeks.
- 2011 Honolulu, HI – no current local organizing chairs.
- 2012 Philadelphia, PA

Fryer Award 2009: Will be awarded at IPS New York

New Business:

Gittings Award – this award was announced by Ubaldo for a woman who has contributed greatly to mental health. This was greatly received by the membership and a task force will be formed to determine the focus, selection, and awarding of this award.

Other topics: There was talk about doing reception on different time than Tuesday. Ubaldo brought up the idea of changing the concept of the banquet entirely and asked for suggestions from the membership. The history of AGLP's closing bash was discussed, prior to the current banquet concept.

Meeting adjourned at 3:15PM.

• • •

President's Column

Continued from page 4

THE PRESIDENT'S COUNCIL

Introduction. There are times when the AGLP President is directly confronted with having to make decisions on issues that require prompt resolution. These issues are often charged, potentially divisive of the membership, and may have a strong impact on the internal functioning of our organization, affect its public image, or influence its relationship with other professional societies.

In several circumstances during my first two years as AGLP President, faced with situations in which I was being pressured by opposing forces within and outside AGLP to make radical and potentially far reaching decisions, I have found much help in consulting with senior AGLP members, experienced in the administration of the organization and cognizant of its long history. Thus I intend to formalize this process of consultation of the President with selected senior members in emergency situations, by forming a new organ of governance within AGLP: the President's Council.

Function. The President's Council will be constituted of a group of senior AGLP members, generally no more than ten, selected by the President. These members will be officially known as "Presidential Counselors", and will be consulted at the President's discretion.

Every year, before the AGLP Spring meeting, the President will invite a number of members to serve as Presidential Counselors and, after obtaining confirmation of their availability, will present the list to the Executive Board for approval.

When the President needs advice from the Council, and solely at his discretion, he will ask the counselors for their opinion. Since in some cases specific counselors may have a conflict of interest with the issue at hand, the opinions of the individual counselors will remain confidential, and only the contents, without any identifying information, may be disclosed, so as to give the counselors the highest level of comfort expressing their opinion. The opinions of the Council will be not binding on the President, but when the Council has been consulted on a specific issue, this will be indicated by the President when he officially submits his decision to the Executive Board or makes it public, in case Board approval is not needed.

In order to minimize conflict of interest and to guarantee the highest independence of judgment of the Counselors, sitting members of the Executive Board are ineligible to be members of the President's Council. The APA Gay and Lesbian Caucus President and Representatives, although members of the AGLP Extended Consulting Board, because of their special experience and position, will be exempt from this restriction.

The President's Council will not have a Chair, will not generally meet in person, and will not be bound by any special restrictions or terms.

Addendum. During the AGLP Annual Meeting, if the Counselors feel it appropriate and depending on the Counselors' availability, the President may offer to host a Council's luncheon, and ask the Counselors to wear a badge or pin of Honor during the AGLP Opening Reception and the AGLP Award Ceremony.

During the remainder of my presidency, I will personally fund the President's Council Luncheon and the cost of producing pins or special honor badges without utilizing AGLP funds. During future presidencies, if the President's Council continues to exist, funding for the luncheon and the Honor badges or pins may be requested from the AGLP operating budget if the President deems it necessary, upon approval of the Executive Board.

• • •

Photos from the AGLP Annual Meeting in San Francisco

Photos by George Harrison



2009 AGLP Symposium Participants



Kenn Ashley Lead the Annual Symposium



Ellen Haller and Laura Erickson-Schroth Look On as Andy Tompkins Makes a Point



Sally Herbert Presented on Gender Issues in the Lesbian Community



Laura Erickson-Schroth Presenting on the Neurobiology of Sex/Gender Based Attraction



AGLP Symposium on Issues for Women



Kinsey Sorting of Symposium Attendees

Photos from the AGLP Annual Meeting in San Francisco

Photos by George Harrison



Gene Nakajima Receives the Paulsen Award from Ubaldo Leli



Mark Townsend Receiving Acknowledgment from Ubaldo Leli



Larry Soucy Enjoying the Banquet



Attendees Share a Drink Prior to the Awards Banquet



Dan Hicks, Ed Zaidner, Chris McIntosh and Marshall Forstein Catch Up at the Banquet

