



AGLP
Opening Minds

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AGLP 2011 Award Recipient Quotes:

Equality Hawaii, winner of the 2011 Stewart Nichols, MD, Award

Equality Hawaii is honored to receive this award. It is validation that in order to promote community mental health, we need to focus our efforts on both the individual and society," said Alan R. Spector, LCSW, Equality Hawaii co-chair. "When there is a good fit between individuals' psychosocial needs and their external social environment, the outcome is improved mental health.

Alan Spector

Representative Blake K. Oshiro, winner of the 2011 Outstanding Achievement Award

I am honored and humbled by this award and significant recognition. Building on the efforts of the APA when it removed homosexuality from the DSM, attitudes and values begin to progress, and policies and laws advance so that we can see that day coming when full equality across all lines and borders is realized. Thank you very much for this honor.

Representative Blake K. Oshiro
Hawaii State Legislator

Ellen Haller, MD, winner of the 2011 Barbara Gittings Award

Barbara Gittings is an individual who literally changed the landscape for LGBT people through her tireless and creative activism during an era when being a homosexual meant that you were considered mentally ill and could be arrested simply for holding hands, dancing with or kissing someone of the same gender. She picketed at the White House and elsewhere in 1965 to demand equal civil rights (see photo) and was a true visionary about the power of visibility as a means to effect social change. Along with many other important accomplishments that improved the lives for LGBT people, Barbara was a key player in the activism that led the APA to remove homosexuality as a mental

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The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor, Eric Yarbrough, MD

Published quarterly from 4514 Chester Avenue,
Philadelphia, PA 19143-3707.

The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Eric Yarbrough, M.D., Editor, *Newsletter* of the AGLP; 411 W 114th Street Suite 4B; New York, NY 10025; Office Phone: 212-523-6936; Fax: 212-523-4911; E-mail: EYarbrough@aglp.org. Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is November 1, 2011.

ADVERTISING RATES

The *Newsletter* of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$350
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Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.



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Editor's Column Eric Yarbrough, MD

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Eric Yarbrough, MD

I joined AGLP in 2002. During my second year of medical school it was brought to my attention that a group of gay psychiatrists existed and they offered a travel scholarship to poor overworked medical students. Growing up in Alabama, traveling to places outside of the south and experiencing new cultures was not highly valued. Outside of a random trip to New York to see some friends, which was discouraged by my parents, land beyond the Bible Belt was foreign to me. The APA was to be held in San Francisco in the spring of 2003 and it was just the excuse I needed to fly away to, what I understood to be, gay paradise.

San Francisco turned out to be the paradise I had heard stories about. The rolling hills, sparkling bay, and friendly people put me square in the shoes of Mary Ann Singleton discovering the excitement and strange allure of the city. My tale taught me that I was in love. The diversity present was exactly what I had been craving. The city was refreshing.

Little did I know my heart would be lost twice on that virgin trip. My introduction to the Association of Gay and Lesbian Psychiatrists happened, as it usually does, over the course of several social events. My first encounters with Roy Harker, Mary Barber, and Jack Drescher are still fresh in my mind. They were kind, interested, and asked me questions about where I was from and what it was like. George Harrison was always kind and welcoming. My hope is that I am able to exemplify him through continuing his work on the newsletter. The most distinct introduction occurred with our current Vice-president, Andy Tompkins, who in a unique rendition of "Genie in a Bottle" performed live at the San Francisco Children's Museum. The image is etched in my mind. I didn't know whether to join him or run away. Like a therapist in training I did neither and just stood there. I'm glad I did.

It hasn't escaped me that I'm laying it on a bit thick, but I wouldn't want to miss out on a chance to convey to the readers of this newsletter that AGLP has been a major support system in my life. I'm proud to take over as the newsletter editor as a way to pay back what AGLP has given to me. It's the least I can do for the organization which shaped me into the psychiatrist I am today.

AGLP took me in and welcomed me as one of its own. For someone so isolated from the cities of this country, standing in a room with several hundred gay professionals was like discovering a family from which I had been separated. There were people who shared my interests, my beliefs, my struggles, and my career. The sense of community was one I hadn't experienced before.

It hasn't escaped me that I'm laying it on a bit thick, but I wouldn't want to miss out on a chance to convey to the readers of this newsletter that AGLP has been a major support system in my life. I'm proud to take over as the newsletter editor as a way to pay back what AGLP has given to me. It's the least I can do for the organization which shaped me into the psychiatrist I am today.

Now living in New York, with an abundance of gay culture and activities, it is easy for me to forget there are other people seeking out that same paradise. Our organization provides an outlet for those looking for something familial. Our people and our culture will educate a new generation of psychiatrists to understand the importance of appreciating difference and the power of acceptance. AGLP has the unique opportunity of being an organization that specializes in mental health and providing education and support to those who are taught by society and religion that there is something wrong with them. For those of you that share the island of Manhattan with me, the bay on the west coast and all the cities around and in between, there is still work to be done and we always need support. Thank you for being a part of this organization.

President's Column**Aloha, I do****Kenn Ashley, M.D.**

KAshley@aglp.org



Kenn Ashley, MD

In my inaugural column I would like to thank everyone who worked so hard on the AGLP events during the recent APA Annual Meeting in Honolulu, Hawai'i.

It was a wonderful meeting in tropical paradise. There were two particularly inspiring presentations at the meeting. The first was by Archbishop Desmond Tutu, winner of the 1984 Nobel Peace Prize, as the Convocation's keynote address, the William C Menninger Memorial Lecture. The second was by Episcopal Bishop The Right Rev. V. Gene Robinson, the first openly gay, non-celibate priest to be ordained a bishop in a major Christian denomination. Reverend Robinson was the recipient of the John Fryer, MD Award which is jointly sponsored by AGLP and the APA.

I want to thank my predecessor, Ubaldo Leli, who oversaw the expansion and invigoration of our organization. I also want to bid a fond farewell to George Harrison, our former *Newsletter* Editor of many years and recipient of the James Paulsen Award, which is given to an AGLP member who has made significant contributions to the ongoing life of the organization. I am excited to be working with our current Executive Committee, including our new members: Newsletter Editor, Eric Yarbrough (who has been Secretary), Sarah Noble who is the chair of the Women's Committee, Amir Ahuja who is chair of the Minority Outreach Committee, and Tauheed Zaman who is the new Co-Chair Psychiatric Residents and Fellows Committee. I am looking forward to seeing the membership's response to the recently activated listserv, hoping that there will be lots of interesting discussion.

I hope to continue Ubaldo's work on growing our organization, including increased participation with psychiatric subspecialty groups with more educational opportunities and social events. As I begin my role as president of AGLP, I am asking for the input of the membership on how we are doing as an organization, what we can do better, and what else we can do.

Regarding recent developments, it was truly thrilling on Friday night to be at the LGBT psychiatrist and physician groups' (GLPNY and NYGLP, respectively) Pride party when the New York State Senate passed marriage equality. Participating in the NYC Heritage of Pride Parade the following Sunday, as part of the hospital's contingent, was exhilarating with the crowds celebrating the new legislation on same sex marriage. I was also reminded of the role psychiatrists, some members of our organization, have played on a variety of fronts in the push for equal rights for people, both LGBT and not.

Hopefully, this legislation will fuel the continued march towards equal rights for LGBT individuals. It does provide tangible relief from the onslaught of the antigay rhetoric of some candidates for the 2012 United States presidency.

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Vice-President's Column

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Andy Tompkins, MD

A New Generation . . . of AGLP?

In J.Lo's comeback song, "On the Floor," she starts by introducing a new generation of party people. I must admit the song is catchy and I often find myself singing the lyrics in the shower (the only place I am allowed to sing). That song has also inspired this column. Actually, the recent AGLP convention in Hawaii was my inspiration. As Vice-president, I had the pleasure of helping with all aspects of this convention. Seeing the educational events, social outings, board meetings, and the hotel accommodations come together so wonderfully made all of the work well worth it. I

should start by thanking everyone who worked so hard to make it such a success: the Local Arrangements Committee, Roy Harker, the AGLP Board (among many things, for helping to finance the Awards Banquet), our awardees – especially George Harrison who was unable to make the trip, and our members for making the organization what it is.

As a member driven organization, we need to make sure we are continuing to meet the needs of our members AND to make sure that we continue to find new projects and ways that our members can assist in making AGLP grow and thrive. On this latter task, I believe we are doing just that. We have asked (and many have accepted) new members to take on leadership roles within AGLP. Sarah Noble, an Early Career Psychiatrist, helped organize Women's events in Honolulu and has accepted the task to chair a Task Force investigating privacy expectations within AGLP. She will also assist with the Local Arrangements Committee for the upcoming convention in Philadelphia. Thank you, Sarah. A. Robin Williams, a new PGY2 at NYU, won the annual Resident Paper award. He wrote a publishable worthy case report during his intern year – quite an accomplishment since I was just struggling to stay awake during my internship. Amir Ahuja, another new PGY2 at Drexel, has decided to coordinate the first use of the AGLP speaker's series at a half-day educational event on LGBT mental health for all of his fellow residents. Speakers for this event are (tentatively) going to include Eric Yarbrough and Benoit Dube (a member whom I had the pleasure of meeting for the first time at the booth in Hawaii). Jared Wakeman (a recent graduate of the GWU residency program) also presented a case during the psychotherapy case conference organized by Chris McIntosh. These are only a few instances whereby new members are taking on roles and providing the group with valuable educational experiences. If I (or one of the other current AGLP leaders) ask you to provide the organization with your individual talents and time, I encourage you to say "yes."

Lastly, I wanted to give everyone a recap of the emotional AGLP symposium on same-sex marriage that we presented as part of the APA. Even though we started at 8AM on the last day of the convention, it was standing room only. Jack Drescher, Bob Kertzner, Mary Barber, Ellen Haller, Jeff Akaka, and Rep. Blake Oshiro gave scientific data, historical perspectives, ways to advocate outside of the medical community, and two very personal stories of the effects of marriage denial and finally winning the right to marry/commit in civil unions can have on a family and on an entire state (of Hawaii). I had the pleasure of chairing that symposium (my first time ever as a chair) and still have goose

bumps thinking about the talks/the discussions/the stories. Be on the look out for a journal article in JGLMH giving specifics. Now, we have to top that symposium next year. If you have any suggestions, please email me or join us at our next conference call.

Women's Committee Chair Column

Sarah Noble, MD

SNoble@aglp.org



Sarah Noble, MD

We've been back from Hawaii for about a month now, and I'm sure we all brought back fantastic memories of new friends, beautiful landscapes, and enlightening lectures and meetings. I want to thank all the ladies who joined us for the Women's Dinner at Keo's Thai Restaurant in Waikiki. We had a great showing with lots of new people (including myself) and a great variety of ages, representative locales, and involvement with AGLP.

We all agreed it's time to get more women involved in the organization and I'd like to give you all encouragement to help us reach this goal.

I'm sure each one of us knows a female colleague whom we could tell about AGLP, and if each of those women joins we've doubled the proportion of women in the Association.

Next year the APA is in Philadelphia, and I hope to see even more women at our dinner! In the meantime, please feel free to contact me with any issues you think are pertinent for our committee to work on.

Mahalo,
Sarah

Award Recipient Quotes
Continued from Page 1

illness in 1973. She was a lead organizer and active participant in several workshops at APA Annual Meetings, including the pivotal panel with Dr. John Fryer, at which he spoke as "A Gay Psychiatrist" while in disguise.

Over the course of my career, I've been a speaker in workshops and symposia on LGBT issues at the APA and other professional meetings, mentored LGBT trainees and junior faculty colleagues, and served as Chair of the LGBT Committee of my local District Branch and of the APA LGB Committee. For the past several years, I've been a Co-Director of the Lesbian Health & Research Center at UCSF (www.lesbianhealth.org). And, I've lived an authentic life with my wife of 25 years and have thoroughly enjoyed co-parenting our now 14 yo son with his two dads. I firmly believe that we, as out LGBT psychiatrists, can make a difference every day solely by being visible and by speaking up. That's what I've tried to do.

I have been able to do what I've done thanks to the activism of Barbara Gittings and none of my work comes even close to what she contributed to the LGBT Civil Rights movement. To be selected for the 2011 Barbara Gittings award is truly humbling, and I am deeply touched and honored. Thank you.

Ellen Haller, MD

News from the Basement

David L. Scasta, MD, AGLP Representative to the Assembly of the APA

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Mel Sabshin, M.D.

Mel Sabshin, APA Medical Director 1974-1997

He was a large, somewhat portly man with a signature cigar who entered the room with a broad smile and a double-handed handshake, slapping old friends on the back as he made his way around the room. That was my introduction, as a young resident and Ginsburg fellow at the Group for Advancement of Psychiatry, to Mel Sabshin, the Medical Director of the APA. Mel dominated the small room populated by two APA presidents, the medical director of Sheppard & Enoch Pratt Hospital, a deputy director of the APA, and two medical school psychiatry department chairs — all members of the Therapeutic Care Committee to which I had been assigned as a fellow. It was a frustrating two years for me trying to work with a committee that had too much ego and too little direction. Any one of the members of the committee could have quickly written the paper that the committee was working

The Directory's distribution was closely guarded because so many of our members were closeted in those days. Many, in fact, declined to be listed. But the Directory was popular. It was before the internet, and Gay.com, and Facebook. It was a means of meeting other gay psychiatrists. Our members were younger then, often uncoupled, and forever cruising. First Roger Peele joined AGLP and then Mel, giving us our first two straight identified members. Becoming members took courage because people tended to assume that anyone who was even remotely connected to LGB issues probably had "issues" himself — and that could seriously damage a career.

And then Mel asked to be listed in the Directory.

My eyebrows went up — a whole succession of eyebrows went up in the AGLP leadership. Was Mel trying to tell us something? I picked up the phone and called his office. Later that day he called me back. I advised him that, if he was in the Directory, he might get members calling him up and, in euphemistic terms, told him that he might get hit on. He responded, "Just for the record, I'm not. Not that there would be anything wrong if I were." And, he didn't seem overly concerned that he might get solicited. He nonetheless agreed to let me take him out of the Directory. The following year, however, he again requested to be in the Directory. We proudly displayed his name in the Directory every year there afterwards. Mel was an advocate for LGB acceptance and had no problem with proactively volunteering to go out on a limb to help us out.

AGLP gave Mel the Distinguished Service Award when I was president of AGLP in 1997. I met his limousine at the entrance to the San Diego Zoo where the closing party and awards banquet was being held. As we walked the two or

Mel was an advocate for LGB acceptance and had no problem with proactively volunteering to go out on a limb to help us out.

on, but trying to get so many driven, over-committed people together working in one direction demanded more leadership skills than the chair of the committee had. Mel sympathetically took me under his wing and directed me to other outlets to make some use of the work which I did for the committee.

Later, when I was in Washington, DC, I popped into the APA headquarters and, without an appointment, cheekily asked if Mel was in. When he heard that I was there, he had me escorted back to his office, which in those days, was in a converted library. His desk stood by itself in the middle of a large room with carved bookshelves two stories high — an Edwardian/Dickensesque scene as he huddled over his work. Mel stopped what he was doing and chatted with me briefly. I told him that I was trying to get a copy of the new DSM-III which has just been published only days before. He gave me his copy.

In the earlier days of AGLP, I served the role that our Executive Director, Roy Harker, plays, and started the publication of a membership directory.

three hundred yards of paths back to the pavilion, he grabbed my hand and we walked hand-in-hand with a slightly exaggerated swing. I must admit that I felt more than just a little surreal at the incongruous scene of the Medical Director of the APA holding hands with the tuxedoed president of AGLP strolling through the San Diego Zoo. You had to know Mel. He wanted to make a clear statement that he was not intimidated by what people think.

Mel retired that year and later moved to London to be with his British wife, Marion Bennathan. He died on June 5, 2011 at age 85. I have missed Mel's influence on the APA. He was briefly followed by a medical director whom most feel was a complete disaster, and then by the current director, James Scully. Jay is a very likeable and conscientious man, but much more patrician than Mel. The character of the APA changed with Jay. Rather than a volunteer association of members whose feelings and opinions give direction to the organization, it has become structured more like a university, with a board of trustees that, while not ignoring the feelings of the students, makes its decisions based on what it sees as in their best interests. Jay will be retiring in the next two or three years. We need to pay attention to who replaces him since that person will have a profound influence on what the APA is and becomes. I would hope for a people-person like Mel who somehow seemed to be less the Medical Director of the APA than he was the Medical Director of the Members.

•••

HIV Committee

Paul Browde, M.D.

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Paul Browde, MD

On Friday night, June 24, 2011, I attended the Broadway production of Larry Kramer's "The Normal Heart". During the show, I re-lived the early years of AIDS, feeling the terror of not knowing what was happening to the young gay men around me, and experiencing once again the outrage that not much was being done. After the applause, the cast came back onto the stage, and announced that during the performance, the bill allowing same-sex marriage had passed in New York State. Together we stood and cheered. People wept openly. Nobody wanted to leave the theatre. How far we have come in the past thirty years. And yet how far there is still to go.

As I looked over past AGLP newsletters, I notice that the position of chair of the HIV subcommittee has been held anonymously. While I understand the stigma that would lead to someone choosing not to use their name in association with this position, I believe that having a real name as chairperson is

and that I had tested positive. He said he had agonized about telling me, but knew he had to. I knew of no AIDS in South Africa. I decided in that moment that nobody could know. It had to be a secret. I was 25 years old.

As there was no treatment, and knowing that I would very likely die in a year or two, I decided to spend my remaining time pursuing my dream of becoming an actor. I finished my internship and immediately embarked on full time acting training in London, a decision that nobody in my life could understand.

Two years later, still alive, and daunted by auditioning, I interviewed for a psychiatric residency in New York City. It was 1988. During the interview, the residency training director said to me "you're gay, that's no issue, but you're not HIV positive are you?"

"No" I said.

"Good" he said "we've lost some residents to AIDS and it's been very hard on the program."

I kept the secret throughout residency, even as I watched colleagues get thinner and thinner, ultimately disappearing from work, to whispers in the hallways of

"Do you think it was AIDS?"

On call on a medical unit, I sat on the bed of a patient, Richie, sharing his White Castle hamburgers as he cried to me about the shame he felt at having AIDS. He was a wonderful gay man, he was funny and warm and we

As I crossed over from the land of secrecy to the land of disclosure, I remember the blood pounding in my head, my heart racing, and the tremendous relief when it was over. To this day, the faces of some of the audience remain etched in my memory.

important. "Anonymous" further propagates the idea that living with HIV is unspeakable, and that it is something that should be hidden, particularly in a work context, in which HIV remains stigmatized and shameful.

Judge Edwin Cameron, an openly gay HIV positive Supreme Court Justice in South Africa says "The most inaccessible, the most intractable element of stigma is the disfiguring sense of shame that emanates from the internal world of some with HIV or AIDS. This sense colludes with external stigma . . . keeping those with AIDS or HIV in involuntary self-imposed isolation, casting a pall of contamination and silence over the disease."

In January of 1985, after spending three months doing an elective in psychiatry in San Francisco, I returned to my home in South Africa to complete my medical training. Shortly thereafter, I discovered a lymph node in my left armpit. A few days after the biopsy, the surgeon asked me to come to his house. I sat in his study as he told me that while under anesthetic he had drawn my blood for HTLV3, the virus that was killing young men in America,

connected yet I said nothing about my own situation. Richie died some months later, never knowing that his doctor shared his shame.

I kept it a secret through conversations with colleagues, who spoke about their AIDS patients.

"HIV? He's a goner."

Another responded, "I'd never share a glass with one of them, they say you can't catch it that way, but I never would."

I kept it a secret through a ward round in which a Chief resident presented the case of an AIDS patient using an American medical term that I had never heard in South Africa. "This is a 27 year old SHPOS."

He told me it stood for "a subhuman piece of shit."

I kept it a secret through my neuropsychiatry evaluation, in which an attending told me I was not working hard enough.

"We expected more of you," he complained.

I would rather he thought I was lazy than he knew the truth, which is that I was vomiting several times a day from the side effects of AZT.

I joined a weekly support group of HIV positive doctors. The group met at the Central Park South apartment of Dr Bert Shaffner, and was facilitated by Dr Shaffner and Dr Stu Nichols. Each week I saw group members getting sicker,

Call for Papers

Journal of Gay and Lesbian Mental Health Announces Visual Media Series

The Editors of *Journal of Gay and Lesbian Mental Health* are soliciting submissions for a series of articles to be published on the theme of visual media. Articles should address LGBT issues in mental health, psychology or personal development with reference to films, television shows or Internet media. Examples of appropriate submissions include, but are not limited to:

- Original research on the use of media in the education of professionals, psycho-education for patients and clients, or psychotherapy.
- An article that reviews or discusses a specific topic in LGBT mental health using film or television characters to illustrate key points.
- Research about LGBT youth and their use of Internet media.
- An in-depth exploration of a film or television show and its characters from the perspective of clinical theory or practice (psychoanalytic or otherwise).

The editors are not looking specifically for reviews of film or television from an artistic perspective, though this may be a component of the submission. For more information, or to submit an article, please contact the series editor at the email address immediately below.

Christopher A. McIntosh, MD, Media Series Editor,
Journal of Gay & Lesbian Mental Health
CMcIntosh@aglp.org

For full Instructions for Authors, visit
<http://pharmaprojects.msgfocus.com/c/119E4oNNVse4A6590yQ>

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JGLMH now available online FREE to AGLP Members

The *Journal of Gay and Lesbian Mental Health*, the official journal of the Association of Gay and Lesbian Psychiatrists, is now available for viewing online free to all AGLP Members. Through an arrangement with Taylor & Francis, publishers of the Journal, issues 12-15 are now available with subsequent issues added as they become available.

The content is searchable with search words and phrases, and you can even download and print particular articles if you like.

To access the *Journal* online, visit www.aglp.org and click on "Members Area." You will need your AGLP username and password to access this area. Once onsite, you will see a blue tab on the right that reads "Journal of Gay and Lesbian Mental Health." Follow the links through this site to gain unrestricted access to all of the *Journal* content.

While in the AGLP members site, you might want to personalize your username and password if you have not done so already. You can also edit your profile if

necessary with updated information. If you are a regular visitor to the members area, you will notice new and upgraded graphics and navigation.

Please feel free to contact the National Office if you have any questions or problems with access.

Hoping you find this new member benefit useful,

Mary Barber, MD, and Alan Schwartz, MD, Co-Editors, JGLMH
Robert Kertzner, MD, Contributing Editor

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Request for AGLP Advisory Council Committee Chairs

The Association of Gay and Lesbian Psychiatrists Advisory Council, who along with the Board of Directors provides the ongoing leadership for AGLP, is looking for AGLP members to serve on two key positions that are currently open. The Chairs of these Committees provide focused representation and development for constituent groups. The Chairs attend our bi-annual business meetings in May and October and participate in monthly phone conferences. Current AGLP membership status is the only requirement. The Council currently has vacancies on the following committees:

- Child and Adolescent Psychiatrists
- Transgender Members

If you feel you would like to get involved with AGLP on a deeper level, please contact me at RHarker@aglp.org and let us know of your interest. Your time and efforts will be vital to the ongoing work of AGLP.

We wish to encourage Resident and Early Career members especially in this effort: Networking with other Council members and the Executive Committee can provide invaluable experience.

Roy Harker, Executive Director

• • •

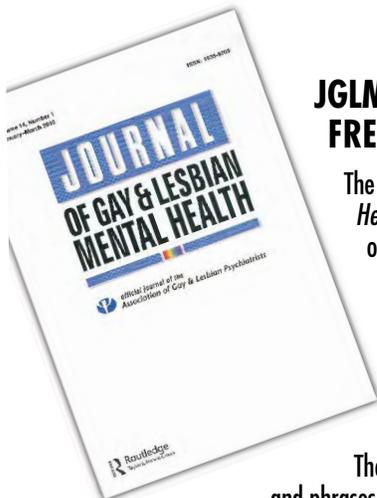
Kevin Mack, MD, MS

Kevin Mack, MD, MS, died suddenly on July 14, 2011. He was 52. Kevin was a member of AGLP. He and his husband Naoki had been together for twenty years, raising two children, Chiaki (age 7) and Nobu (age 4), and marrying in 2008. Kevin and Naoki met while Kevin was a medical student at University of Hawaii. Kevin's passion was education. He was a member of the Academy of Medical Educators, and helped revamp teaching at the UC Berkeley-UCSF joint degree program, to emphasize case-based learning. Clinically, Kevin was dedicated to working with underserved populations at San Francisco General Hospital.

Kevin was brilliant, compassionate, and had a great sense of humor. He is greatly missed by his colleagues at UCSF, San Francisco General, UC Berkeley, as well as by the many students, residents, and others whose lives he touched.

A memorial site has been set up at <http://www.forevermissed.com/kevinmack/#about>. Information on a memorial fund is at the website. In addition, there are plans for a scholarship fund for LGBT medical students, in Kevin's honor.

• • •



THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2011-2012**EXCEPTIONAL CONTRIBUTION**

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Photos from AGLP Honolulu

Photos by Mary Barber, Roy Harker, Bennie Ferma (Bob Cabaj's partner), and Eric Yarbrough



The AGLP Women's Dinner at Keo's.



The Right Reverend V. Gene Robinson, Bishop of Vermont, winner of the 2011 AGLP John Fryer, MD, Award with Mary Barber, MD, chair of the Fryer Award Committee.



Ubaldo Leli, MD, confers the award to Rev. Gene Robinson.



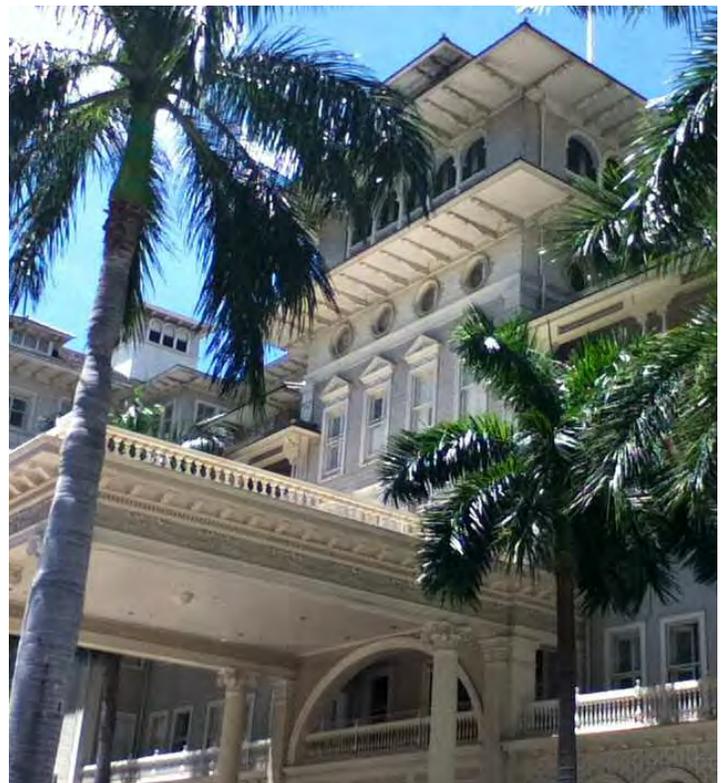
AGLP Members waiting to board the Sunset Catamaran Cruise.



Waiting for the AGLP Membership Meeting to begin in the Roof Garden at the Moana Surfrider Hotel



Following a tour of the Honolulu Academy of Arts.



The Moana Surfrider Hotel in Honolulu, AGLP's host hotel.



Ubaldo Leli (in silhouette) with Petros Levounis and Lucas Hassel onboard the Outrigger Catamaran.



The Panel for AGLP's Symposium Mental Health and Legal Perspectives of Same-sex Civil Marriage in the United States.



Hawaii State House Representative, Blake K. Oshiro (left) winner of the 2011 AGLP Distinguished service Award and speaker at the AGLP Symposium with Bob Kertzner, MD.



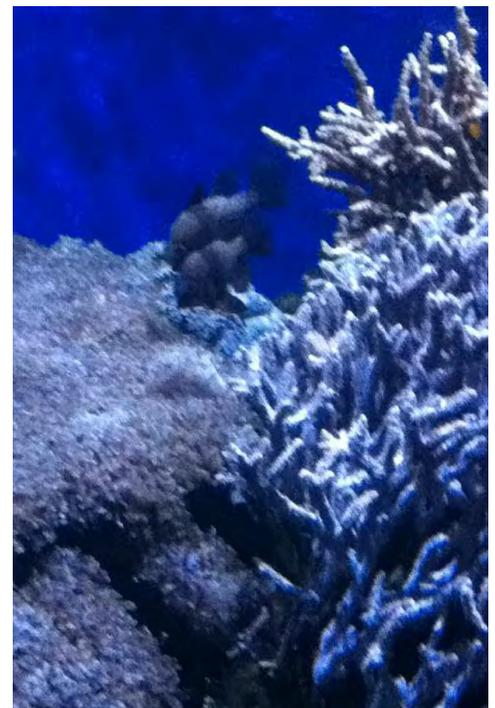
The view of Diamond Head from the Moana Surf rider.



Lucas Hassel and Petros Levounis onboard the Outrigger Catamaran.



Jack Drescher and Roy Harker (foreground) descending Diamond Head.



Inhabitants of the Waikiki Aquarium.

Photos from AGLP Awards Ceremony at the Waikiki Aquarium

Photos by Mary Barber, Roy Harker, Bennie Ferma (Bob Cabaj's partner), and Eric Yarbrough



Gene Nakajima and Howard Rubin



Jack Drescher and Chester Robachinski speak with Wynelle Snow.



The 2011 Stuart Nichols Award awarded to representatives of Equality Hawai'i.



Jeff Akaka accepts the AGLP 2011 Distinguished Service Award at the Waikiki Aquarium Ceremony.



Immediate-Past President Ubaldo Leli (left) with incoming President Kenn Ashley.



AGLP Members gather at the Waikiki Aquarium before the Awards Ceremony.



Ellen Haller, MD, receives the 2011 AGLP Barbara Gittings Award.



Kenn Ashley, Robert Kertzner, Mary Barber, and Serena Volpp aboard the Outrigger Catamaran.



Roy Harker, Jack Drescher, and Mary Barber scale Diamond Head.



Flamingoes at the Hilton Gardens.



Sunset on the Outrigger cruise.

HIV Committee Column
Continued from Page 6

and describing the closing of their practices. I had not even finished residency.

I confided in a dentist, as she approached me with the drill.

"Get out" she yelled, "I can't treat you here. You need to go to a clinic where they have green towels."

I began having anxiety symptoms. Many evenings I had to stop my car while driving home from the Bronx, as the world spun around me, my heart racing.

The secrecy and the panic worsened, when in my last year of residency a psychotherapy patient told me that she knew I was HIV positive, that she had found my results on a computer where she worked. She threatened to talk about it. I could not get supervision on the case, because none of my supervisors knew. I feared that if word got out, I would never get a job in a medical setting and could certainly never have a private practice.

I felt alienated and unknown by my colleagues. I went to the APA convention a few times and noticed that the AIDS related content of presentations at the APA pertained to issues of depression and dementia. There seemed to be no general venue for discussing what it was like to be a person living with HIV, who was not yet ill. Surely this population group was of relevance to psychiatrists? In presentations, people with HIV and AIDS were referred to as "them."

I was "them" and nowhere at the APA, among a sea of psychiatrists could I find my life being reflected accurately or empoweringly. I felt stigmatized and alone; as Irving Goffman observed in *Stigma and Social Identity* (1963)

The stigmatized individual... may perceive, usually quite correctly, that whatever others profess, they do not really accept him, and are not ready to make contact with him on "equal grounds."

I attended the HIV support group at the APA. On a couple of occasions nobody showed up to lead it. However, ultimately a few of us found one another, and in 1994 at the APA in Philadelphia I participated on a panel with three other HIV positive psychiatrists, in which for the first time, we each told our story. There were about thirty people in the audience.

As I crossed over from the land of secrecy to the land of disclosure, I remember the blood pounding in my head, my heart racing, and the tremendous relief when it was over. To this day, the faces of some of the audience remain etched in my memory.

Much has happened since that day. I am fortunate to have lived long enough to see the advent of the Protease Inhibitors. I have also lived long enough to tell my story to audiences over the past many years. This has not adversely affected my private practice. I have told my story for the past ten years as part of a performance called *Two Men Talking* (www.twomentalking.com), which I co-wrote with an old high school friend and documentary film maker, Dr Murray Nossel. We took *Two Men Talking* to South Africa as part of a campaign to break down the secrecy and stigma of HIV and AIDS, and performed in affluent theatres as well as at a funeral parlor in Alexandra Township where our audience consisted of grandmothers caring for their AIDS orphaned grandchildren.

We traveled to Senegal where I shared my story with African women leaders learning to use their own personal stories as advocacy tools.

Continued on page 15

AGLP Annual Executive Board and Advisory Council Meeting

May 15th 2011 8:30am to 1pm

Those Present: Ubaldo Leli (chair); Kenn Ashley, Andy Tompkins, Eric Yarbrough, Serena Volpp, Chris McIntosh, Mary Barber, Jack Dresher, David Scasta, Roy Harker

Welcome and Announcements:

Ubaldo thanked the local organizing committee for their help with the convention schedule: Maurice Sprenger, MD (chair), Andy Tompkins, MD, Daniel Mardones, MD, and Scott Masters, MD.

Eric Yarbrough has officially taken over as the newsletter editor.

Ubaldo stressed that chairs of committees are required to send written reports when they are unable to attend in person.

Treasurer's Report: Serena Volpp

Our expenses are a higher percentage than our income this year. Serena proposed that we have a nominal fee for non-members at AGLP social events. It's also important to communicate there are benefits to being a member of our organization. Jack proposed that APA leadership should be invited to the opening receptions.

Journal Report: Mary Barber and Alan Schwartz

The journal is going very well with submissions coming in. There is an array of outside reviewers, some of which will be invited to the editorial board. A database of reviewers is being established. Transgender topics have been featured recently. Conference proceedings will continue to take up a percentage of the journal. A meeting took place with the Taylor and Francis group that publishes the journal. They will attempt to promote articles prior to publications. Free articles will be available for periods of time. They have a gender and sexuality section on facebook which, if you subscribe, it will send you updates on recent publications. We continue to apply to be added to medline. Our score needs to improve which depends on many things like our original research content and number of submissions. We also need more international presence on our editorial board. Suggestions are requested. A new membership benefit is online access to journals. We will attempt to offer access to other journals with membership. More information will come regarding this.

Many of the presentations from the APA conferences in New Orleans, Boston, and the resident paper awards will be appearing in the upcoming journal.

Jack Dresher encouraged members to send him any announcements early so that he can publicize it through his e-mail connections. These can include free online access to papers and abstracts for upcoming papers. The AGLP list serve will continue to grow and the goal is to allow AGLP members to post. Calls of papers through these avenues have been very fruitful.

Psychotherapy Report: Chris McIntosh

We continue to have regular scheduled events with case conferences. They will be a regular part of upcoming AGLP meetings.

Membership Report: presented by Roy Harker

Membership seems to have stabilized with slight growth. We are still half the numbers that we were a decade ago. It was decided that part of the regular monthly board meetings would be to split up the list of lapsed members and call them about rejoining.

Executive Report: (Roy Harker)

Roy requested his contract be moved to renew when the budget is voted on in October. Andy moved to have Roy's contract extended to the end of this fiscal year. It was seconded and adopted by the board.

Kenn has suggested in moving into a new agenda format. He was interested in a topic-focused agenda in the future. Roy suggested "action minutes" at the end of minutes to report specific agreed-upon actions to take before the next meeting. With permission of the board, these will start with regularly scheduled phone meetings.

Several topics were discussed regarding the publications of names in the newsletter. It was decided that further discussion would take place regarding confidentiality, consent, and communications with members. Further discussion will also take place during the general membership meeting.

Ubaldo asked the Andy Tompkins develop a task force to investigate confidentiality and update confidentiality procedures on policies, logo, and participation. The task force will be identified by the next board meeting. A report should be available by the next semi-annual meeting in October.

From the Board:

We are in need of a chair for Early Career Psychiatrists. Further representation from medical students are requested as well.

The second Friday of every month will be our scheduled time. The following are phone conferences scheduled for the next year at 3pm EST:

June 10th, July 8th, August 12th, September 9th, October 14th, November 11th, December 9th, January 13th, February 10th, March 9th, April 13th

The next scheduled semi-annual board meeting will take place October 15th from 12pm to 5pm in the home of Roy Harker in Philadelphia, PA.

President Report: (Kenn Ashley)

No formal report

Vice-president: (Andy Tompkins)

Andy reported that he has greatly enjoyed taking on the new role over the past year.

The next topic for the committee to address has been to organize a symposium at Drexel in Philadelphia. The residency director suggested Wednesdays in September as part of our educational outreach. Eric Yarbrough and Andy Tompkins agreed to go. Chris McIntosh and Kenn Ashley expressed interest as well. There are specific requests about interviewing a gay or lesbian patient as well as transgender topics.

President Report (Ubaldo Leli)

A letter needs to be submitted to the APA regarding our representative to the assembly.

The award committee has traditionally been done by the immediate past-president. No formal by-laws exist regarding this.

Assembly Report (David Scasta):

Maintenance of certification and licensure have been major topics. Phil Bialer has been elected the head of the MUR. AGLP members are well-represented in the assembly.

New Business:

Philadelphia 2012 – A local organizing committee has been named. A chair has yet to be selected. It should also be decided if a symposium will take place as part of the APA or separate.

Membership program referral program - It has turned out not to be as successful as of yet. The announcement will be added to the regular newsletter. Roy agreed to add a graphic for a regular appearance.

The meeting was adjourned at 11:54am.

General Membership Annual Meeting

May 15th 2011 3pm-5pm

Ubaldo Leli (chair)

Ubaldo thanked the local organizing committee for their work with the conference.

Treasurer Report:

AGLP Meeting Minutes
Continued from Page 8

We are currently doing well, but our expenses are exceeding our income. We would encourage membership at this point. Please remember the membership drive to receive a discount on your yearly dues.

Newsletter:

George Harrison has officially retired as newsletter editor. He has been replaced by Eric Yarbrough.

Journal Report: (Mary Barber)

Alan Swartz could not be present. He and Mary have finished their 3rd year of production as editors. There is enough unsolicited research papers to put them in every journal. Recent issues have focused on gender-atypical youth and an upcoming new media series. A meeting occurred with the publisher Taylor and Francis. Members get access to all the journals. We are still trying to get Medline indexed at this point and it remains a goal. Further details exist in the executive board report. The journal is still open to papers, guest editors, and ideas regarding the journal. The resident paper award continues and is provided currently by AGLP. The submission deadline for next year's award will be March 15th, 2012 for the Philadelphia meeting.

David Scasta (Assembly and Religion and Spirituality)

The assembly has been discussion whether it is ethical to illicit patient feedback during therapy. This is in regards to recertification. An action paper was recently done regarding the on-going situation in Uganda. At this point the assembly is still calling in the APA to make a statement regarding this. David has requested that anyone that has ideas regarding this or future action papers are welcome. The assembly is working on reducing the costs for recertification and also residents coming out of residency.

Ubaldo announced Sarah Noble as the new chair of the Women's Committee.

Gene Nakajima (International)

Several members will be attending the World Psychiatric Association meeting in September in Buenos Aires

IPS is in San Francisco in October. Saturday October 29th AGLP will be having three symposia. Social events will be planned around the IPS meeting.

Ubaldo reports that several committees are not chaired. The child/adolescent and transgender committee need chairs. Paul Browde has agreed to chair the HIV committee.

LAGCAPA –

No formal LAGCAPA reception. APA has a GID taskforce looking for general guidelines regarding the treatment of gender identity disorder.

Roy Harker (Executive Report)

A member application is now available for handheld smart devices. It contains schedules, directory information, and journal access. The local arrangements committee is in place for Philadelphia.

Andy Tompkins (Vice-president)

AGLP has a symposium scheduled for the APA about the psychological effects of same-sex marriage denial.

Educational committee is looking to have more educational programs at meetings and away from meetings. Drexel University has asked AGLP to do a ½ day event regarding LGBT issues in September.

We are still working on a speaker's bureau for AGLP to continue our missions of education. A call for topics is on the table for next year's symposium.

Mary Barber (Fryer Award)

The Fryer award winner for 2011 was Gene Robinson with an excellent turnout. The

next Fryer award will be in the fall of 2012.

Ubaldo Leli (Immediate-past President)

Closing remarks were provided as an outgoing president. Andy Tompkins was asked to form a taskforce regarding confidentiality. Mark Townsend and Sarah Noble agreed to be on the confidentiality task force.

Kenn Ashley (President)

He reports the need to have presentations outside of APA in some of the subspecialty meetings.

The medical student and ECP chairs still need representation.

Religion and Spirituality will be watching "Latter Days" and discussing it during the conference.

The meeting is adjourned for the caucus meeting to take place. 3:15pm. The meeting restarted at 3:40pm

Meeting membership meeting adjourned at 4:05pm.

AGLP Monthly Phone Conference June 10th, 2011

Participants: Kenn Ashley (chair), Andy Tompkins, Ubaldo Leli, Serena Volpp, Eric Yarbrough, Paul Browde, Sarah Noble, Roy Harker

- I. Kenn Ashley thanked everyone for the work done with the Hawaii meeting.
- II. San Francisco 2011 – Social and educational events will be listed online as well as in the newsletter.
- III. Philadelphia 2012 – The chair has yet to be identified. The hotel will be identified soon. Topics for the Philadelphia symposium will be discussed and identified. A theme for more than one presentation will be considered as well.
- IV. PsychSIGN (medical students interested in psychiatry) has request AGLP to present during the annual meeting in 2012.
- V. AGLP list serve – Jack Drescher has sent an e-mail through AGLP announcing the list serve which is now up and running.

Board and Committee reports

- VI. Kenn Ashley (President Report) – Kenn reported he would like to make a more formal relationship between AGLP and other LGBT organizations. He would also like AGLP to be more present in psychiatric organization subspecialties. He also suggested having an official agenda out a week before the board meetings to receive feedback and editing prior to the phone meeting. Increasing membership continues to be a goal and keeping our budget on target.
- VII. Andy Tompkins (Vice-president Report) – The workshop for Drexel students in September is of primary importance for now. Andy reports that the new task force investigating confidentiality in AGLP and Sarah Noble volunteered to chair.
- VIII. Eric Yarbrough (Secretary and Newsletter Editor) – It was motioned and seconded to accept the minutes from the AGLP annual meeting with suggested edits. The motion was passed.
- IX. Serena Volpp (Treasurer Report) – Convention expenses went very well and it appears we were under budget for Hawaii 2011. Membership continues to be a primary concern. Roy Harker echoed and emphasized this information in the Executive Director's Report. Serena contacted residency programs and suggested networking in a similar fashion.
- X. Sarah Noble (Women's Chair) – Sarah reports she would like to emphasize more involvement this committee.
- XI. Paul Browde (Chair of the HIV committee) – Paul expressed his excitement about

AGLP Meeting Minutes
Continued from Page 9

getting involved in AGLP and was open to ideas about how he might be helpful to the organization. Many different ideas were discussed about the upcoming meeting.

New Business:

The board will continue to contact those whose membership has lapsed on a monthly basis.

There was the suggestion of expanding the executive committee to include subspecialty organizations. Social events and potential AGLP programming could be done.

It came up during the annual meeting that maybe more than a social event could be done for the partners of AGLP members. Further discussion will take place.

Next meeting: July 8th, 3pm EST

Meeting adjourned at 4pm EST

AGLP Monthly Phone Conference July 8th, 2011

3pm EST. Telephone Conference Call

Participants: Kenn Ashley (chair), Ubaldo Leli, Andy Tompkins, Serena Volpp, Eric Yarbrough, Laura Ericson-Schroth, David Scasta, Sarah Noble

July 2011 minutes – It was moved and accepted that the minutes from June 2011 be accepted with the suggested edits.

I. Philadelphia 2012

- a. psychSIGN – Kenn has been in contact with them about the specifics of the presentation during general APA. He will continue to stay in contact and pass that information along as it becomes available.
- b. Roy Harker and Sarah Noble are currently starting the plans for the convention. Sarah Noble was identified as the official chair for the convention.
- c. Topics were discussed about the education component to take place. Two main topics would either focus on religion and homosexuality and/or a media presentation around coming out and it's parallel to the movie world.

II. IPS San Francisco

- a. Social events will be taking place in San Francisco. Please refer to the AGLP website closer to the convention for specifics.
- b. Several AGLP members are presenting. This information is also available through aglp.org.

III. Board and Committee Reports

- a. President (Kenn Ashley) Kenn requests that you notify Roy Harker before our phone meetings with specific topics you'd like to discuss. It will make our phone conferences more task-focused.
- b. Vice-president (Andy Tompkins) The symposia for next year are currently being discussed. Andy reports he will stay in contact regarding the Drexel event in Philadelphia.
- c. Secretary and Newsletter (Eric Yarbrough) – The newsletter for August is starting the editing phase. There is a desire in upcoming newsletters to have more contributions from the general membership. It was also suggested that we have a "want ads" section to advertise board positions which may be vacant.
- d. Treasurer (Serena Volpp) – We are currently behind in income vs expenses. The main deficit with the budget is lack of membership dues. Roy reports that more people are not renewing.
- e. Executive Report (Roy Harker) – In September we have an upcoming journal,

the transcription for which can be expensive. It was suggested that the budget for the journal be increased due to the cost of this transcription. Medical student membership has plummeted over the past several months. We discussed working with AMSA and the need for a medical student chair. Laura offered to help find a chair through AMSA. Roy also discussed the renewal process for members and to make the process easier. An automatic renewal was suggested. Roy also reported he might have the ability to access that renewal form with their stored information. This would prevent members from being locked out of the system after their membership has expired.

f. Assembly Representation (David Scasta) – the Assembly passed a bill on the situation in Uganda. It went through the joint reference committee and is now at the board of trustees which will meet in a week. Ellen Haller and David are pushing the formal position paper through the council. This will go to the board of trustees. David would like AGLP to come up with a statement as an action paper and move it through the APA. David suggested that a position paper which is all-encompassing be drafted by the AGLP and submitted.

Meeting adjourned at 3pm EST. August 12th.

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HIV Committee Column
Continued from Page 12

I had the exhilarating experience of living my dream of being an actor as I told my story at the Trafalgar Studios theatre in London's West End as well as off-Broadway. I tell my story as part of a course I co-teach with Murray Nossel at Columbia University in the MSc program in Narrative Medicine.

Please be assured that while I have taken the leap to speak openly about my experience, I do not believe it is the "right" thing to do, and would never encourage someone else to do so. Being open and public about one's HIV status is a complex process and must be a personal choice.

As chairperson of the HIV committee, I hope to create a venue for people, HIV positive or not, to speak about HIV and AIDS, discussing clinical and personal issues. I would like to see APA and AGLP programming focusing not only on the important issues of depression and dementia, but also on the challenges and successes in the real lives of people living with HIV as a chronic illness. Such issues include negotiating sexuality, living with stigma and secrecy, how to incorporate HIV as an identity, and the challenges of sero-discordant relationships.

As Americans we have access to resources and medications. We live in a society in which many of us are free to speak the truth about who we are, both as gay people and as people with HIV. In some countries people are still persecuted and even killed for being gay, or HIV positive. We should use our privilege to positively impact the lives of these people, some of whom are our colleagues.

I look forward to hearing how I might serve you, and to seeing you at the APA next year. Please write to me with your ideas and your wishes, and with your own stories.

•••

AGLP MEMBERSHIP APPLICATION FORM

NAME: _____

DEGREE: _____ **PREFERRED (NICK) 1ST NAME:** _____

- FULL MEMBER-\$225 MEMBER OF THE APA
 RESIDENT - \$45
 MEDICAL STUDENT - \$15
 EARLY CAREER - \$100 (1ST 3 YEARS OUT OF TRAINING)
 FRIEND/ALLY - \$100
 INTERNATIONAL (OUTSIDE US AND CANADA) - \$100 (US Cur.)

IF A STUDENT OR RESIDENT, DATE OF COMPLETION: _____

DO YOU WANT YOUR TO APPEAR IN AN ONLINE DIRECTORY OF AGLP MEMBERS?

- YES NO

EMAIL: _____

MAILING ADDRESS: _____

CITY: _____

STATE: _____ **ZIP CODE:** _____ **COUNTRY:** _____

NEW ISSUES OF THE NEWSLETTER ARE SENT AS A PDF TO ALL MEMBERS BY EMAIL TO KEEP COSTS DOWN. IF A PHYSICAL COPY IS REQUIRED PLEASE PROVIDE A PREFERRED ADDRESS: HOME Office

DO YOU WANT TO BE A NON-CONFIDENTIALLY LISTED ONLINE REFERRAL SOURCE?

- YES NO

IF YES, FILL IN INFORMATION BELOW.

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(MAKE CHECK OUT TO "AGLP", AND MAIL TO:
 4514 CHESTER AVENUE • PHILADELPHIA, PA 19143-3707

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APPLICATION FORM

CAUCUS OF LESBIAN, GAY & BISEXUAL PSYCHIATRISTS

AMERICAN PSYCHIATRIC ASSOCIATION

(CLGBBP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: _____

Address: _____

City: _____

State: _____ **Zip:** _____ - _____

***APA Membership Status:** _____

Please enroll me in the Caucus of Lesbian, Gay & Bisexual Psychiatrists.

Signed: _____ **Date:** _____

Send this form to: Office of Membership
 American Psychiatric Association
 1000 Wilson Boulevard
 Suite 1825
 Arlington, VA 22209

** Member-In-Training, General Member, Fellow, Life Member, Life Fellow*



WELCOME TO OUR NEW MEMBERS

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 New York, NY

S. Konrad, M.D.
 Brooklyn, NY

James Dille, M.D.
 San Francisco, CA

William Packard, M.D.
 Shelter Island Heights, NY

James Haliburton, M.D.
 New Albany, IN

Barry Richman, M.D.
 New York, NY

Duong Ho
 Berkeley, CA

Pieter Rood, M.D.
 Amsterdam

Robert Hoang, M.D.
 Berkeley, CA

Richard Weyler, M.D.
 Ivyland, PA

Brian Keyes, M.D.
 Woodbridge, CT