



VOLUME XXXVIII (3) • AUGUST 2012

In this issue . . .

AGLP 2012 Award Winners <i>Eric Yarbrough, MD</i>	<b>1</b>
Editor's Column <i>Eric Yarbrough, MD</i>	<b>2</b>
President's Column <i>Kenneth Ashley, MD</i>	<b>3</b>
Vice-President's Column <i>Eric Yarbrough, MD</i>	<b>4</b>
Transgender Committee Column <i>Jack Pula, MD</i>	<b>4</b>
Marjorie Hill accepts Fryer Award <i>Mary Barber, MD</i>	<b>5</b>
AGLP Exec Committee Minutes <i>Jonathan Weiss, MD, Secretary</i>	<b>9</b>
AGLP Annual Meeting Minutes <i>Jonathan Weiss, MD, Secretary</i>	<b>11</b>
AGLP Annual Meetings Photos <i>Eric Yarbrough, MD, and Roy Harker</i>	<b>14</b>
IPS New York <i>October 4 - 7, 2012</i>	<b>16</b>
Toronto Recruitment Drive <i>Chris McIntosh, MD</i>	<b>16</b>
Dr. Anonymous - the Play <i>Guy Glass, MD</i>	<b>16</b>
AGLP Sponsors	<b>17</b>
Upcoming Subspecialty Meetings <i>Kenn Ashley, MD</i>	<b>18</b>
Welcome to our new Members	<b>18</b>
Membership Forms	<b>20</b>



*Recipient of the 2012 Barbara Gittings Award, Cathy Renna.  
Photo by Eric Yarbrough*

## AGLP 2012 Award Winners

**Eric Yarbrough, MD, Newsletter Editor**  
EYarbrough@aglp.org

At the recently concluded Annual Meeting in Philadelphia, AGLP presented its 2012 awardees at a ceremony in the National Museum of American Jewish History on May 7. The awardees responded with the following interviews:

The 2012 Stuart Nichols Award for outstanding achievements in GLBT Community Mental Health was awarded to **The Attic Youth Center**, who creates opportunities for Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ) youth to develop into healthy, independent, civic-minded adults within a safe and supportive community, and promotes the acceptance of LGBTQ youth in society. The Attic is proud to be Philadelphia's only independent LGBTQ youth center.

Carrie Jacobs Ph.D.

The Attic Youth Center

**#1: What unique community supports do you think the Attic Youth Center provides the LGBTQ youth in Philadelphia?**

*The Attic is the only agency in the Philadelphia region that is exclusively dedicated to serving LGBTQ youth. The Attic is unique in that the organization provides a multifaceted approach to counteract the prejudice and oppression faced by LGBTQ youth through building community, reducing isolation, combating homophobia, promoting knowledge, providing access to resources, and developing leaders. Attic programs address youths' psychological well-being and need for nurturance, acceptance, support, and affiliation, and foster self-esteem through leadership development and competency building.*

*Continued on page 6*

## The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor, Eric Yarbrough, MD

Published quarterly from 4514 Chester Avenue,  
Philadelphia, PA 19143-3707.

The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Eric Yarbrough, M.D., Editor, *Newsletter* of the AGLP; 411 W 114th Street Suite 4B; New York, NY 10025; Office Phone: 212-523-6936; Fax: 212-523-4911; E-mail: EYarbrough@aglp.org). Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is October 15, 2012.

### ADVERTISING RATES

The *Newsletter* of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$350
Half-Page Ad	\$250
Business Card	\$125

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.



View this and all  
AGLP Newsletters  
by visiting our  
website at  
[www.AGLP.org](http://www.AGLP.org).  
Scan the QR  
Code to the left  
to visit the entire  
archive.

### AGLP National Office

Roy Harker, Executive Director  
rharker@aglp.org  
4514 Chester Avenue  
Philadelphia, PA 19143-3707  
Voice: (215)222-2800  
Fax: (215)222-3881  
aglp@aglp.org  
[www.aglp.org](http://www.aglp.org)

## Editor's Column Eric Yarbrough, MD

EYarbrough@aglp.org



Eric Yarbrough, MD

I'll quote two thinkers. "It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change." That was Darwin. He seemed to have an idea about change and time. The next thinker I'll more paraphrase him by saying that we all walk alone in this world, but sometimes we are lucky enough to have some people with us along the way. Dan Hicks, one of our members and past presidents, said that in New Orleans during the AGLP symposium. It stayed with me.

Since playing the role of attending and supervisor, I'm increasingly struck by the change that takes place between June and July at an academic institution. The year is spent training all the residents and medical students, and all that energy has a crescendo in June with the feeling, hopefully, that everybody has learned something. Then they leave. By the time July rolls around, the abrupt shift in the level of teaching brings about a respectful awareness of what is covered over the course of an academic year. All those long hours actually do add up to something. The change in knowledge happens slowly and over time.

**Change is such a part of life that we must adapt to it or be lost in the sands of the time. The adjustments, while ever heartbreaking, can only make us stronger. With each new wash of the waves comes the promise of a new adventure. When we weather through we strengthen our base. I'll finish by quoting a song remade by quite a few artists, "Solid stone is just sand and water and a million years gone by."**

To be a supervisor and teacher requires a high level of adaptability to change. One resident to the next has such a diverse knowledge and experience base that the first five minutes of supervision may be me recalibrating what I hope to achieve in the next hour. I'm further struck by the similarities between this and treatment. Patients require the same amount of adjusting and reflective fine tuning from session to session. It can be rather exhausting.

It's probably rather exhausting because I'm still early on in my career. My fantasy is that later down the road I may not be so overwhelmed by these changes. They may, at that point, ebb and flow like the tide. Accepting change is a requirement in anyone's life, but does the change have to come so quickly? By the time you make a footprint in the sand you have just enough time to observe it before another wave comes to wash it away. People and things come and go. "But that's life. I suppose, you - you go along with and suddenly... poof." I'll further reveal what you probably already supposed was my nerdiness by saying that was Horace Slughorn, one of the professors from Harry Potter. It's always a shock to me when that "poof" comes along, but then again that's what makes it a surprise.

Change is such a part of life that we must adapt to it or be lost in the sands of the time. The adjustments, while ever heartbreaking, can only make us stronger. With each new wash of the waves comes the promise of a new adventure. When we weather through we strengthen our base. I'll finish by quoting a song remade by quite a few artists, "Solid stone is just sand and water and a million years gone by."

•••

**President's Column**

Kenneth Ashley, M.D.

KAshley@aglp.org



Kenn Ashley, MD

It is hard to believe that over two months have passed since the APA Annual Meeting. It was a great meeting for AGLP, from the welcoming reception graciously hosted by our Executive Director Roy Harker and his partner Bob, to the wonderful Annual Awards Reception at the National Museum of American Jewish History. Once again I would like to thank all of the members of the organization, especially the local arrangements committee and the board, for the hard work organizing the events.

We also had a strategic planning retreat resulting in the formation of several new committees focused on increasing the productivity, membership, and financial stability of the organization. Members should be aware that there will now be acknowledgment of the member who recruits the most new members from May through April of the following year; the "Recruiter of the Year." We are not yet sure if there will be a toaster to go along with that award! Also, remember that members can get credit toward their annual dues by getting new members to join the organization.

Since the meeting we have added new chairs to several of the committees and they are bringing enthusiasm and vision to their tasks. You will be hearing from them in upcoming issues of the newsletter, via email, and on our Facebook page. If anyone is interested in joining the committees currently established (you will see them listed in this newsletter) or has ideas for the creation of a new committee please contact me.

As I noted, time has passed rapidly and we have a new class of trainees in the hospital and recent graduates have joined the staff. It makes things a little chaotic, but is also exciting and invigorating. Those tasks that I agreed to so easily, are now coming due surprisingly quickly! I thought that I would have so much more time, become so much more productive when I recently allowed by cable television box to go unrepaired. Amazingly, I filled all of those television watching hours with . . . I am not sure. I have been seeing a lot of art and performances, been out wandering seeing various city sights; New York is an amazing city!

**So many other incredible events have happened since the meeting: we lost another diva, the civil war in Syria continues, the global economic quagmire has worsened—and once again financial institutions seem to played a significant role, Anderson Cooper and Frank Ocean have officially come out, the Affordable Care Act was upheld by the Supreme Court. An aside, when did everyone begin referring to the Supreme Court as SCOTUS?**

Some of the tasks I now am focused on are related to the upcoming APA Institute on Psychiatric Services (IPS) meeting in New York City in October. There will be a number of LGBT-related presentations, as well as the presentation of the 2012 AGLP John Fryer, MD Award to Marjorie J. Hill, Ph.D., Chief Executive Officer of Gay Men's Health Crisis (GMHC), the nation's oldest AIDS service organization. Her lecture and award presentation will take place on Saturday, October 6, 3:30pm, at the Sheraton New York Hotel and Towers. See our recently updated website for details about the award and the upcoming meeting.

If the memory of the Philadelphia meeting is fading from your minds, it means that it must be time to begin thinking about the 2013 APA Annual Meeting in San Francisco! I

## AGLP Board of Directors, Advisory Council, and Standing Committees 2011-2012

<b>PRESIDENT</b> Kenn Ashley, M.D.	212-844-1864	KAshley@aglp.org
<b>VICE-PRESIDENT</b> Eric Yarbrough, M.D.	646-256-7009	EYarbrough@aglp.org
<b>IMMEDIATE-PAST PRESIDENT</b> Ubaldo Leli, M.D.	212-532-1204	ULeli@aglp.org
<b>SECRETARY</b> Jonathan Weiss, M.D.	646-285-2436	JWeiss@aglp.org
<b>TREASURER</b> Serena Volpp, M.D.	443-834-3215	SVolpp@aglp.org
<b>NEWSLETTER EDITOR</b> Eric Yarbrough, M.D.	646-256-7009	EYarbrough@aglp.org
<b>JOURNAL OF GAY AND LESBIAN MENTAL HEALTH</b> Mary Barber, M.D. Alan Schwartz, M.D. Robert Kertzner, M.D.	845-680-8032 212-727-0923 415-441-6196	MBarber@aglp.org ASchwartz@aglp.org RKertzner@aglp.org
<b>EXECUTIVE DIRECTOR</b> Roy Harker	215-222-2800	RHarker@aglp.org
<b>AGLP ADVISORY COUNCIL</b>		
<b>MEMBERSHIP</b> Karl Jeffries, M.D.		KJeffries@aglp.org
<b>MEDICAL STUDENTS</b> John Cummins		JCummins@aglp.org
<b>PSYCHIATRIC RESIDENTS AND FELLOWS</b> Laura Erickson-Schroth, M.D., M.A.		LErickson-Schroth@aglp.org
<b>EARLY CAREER PSYCHIATRISTS</b> Dan Safin, M.D.		DSafin@aglp.org
<b>ETHNIC MINORITY MEMBERS</b> Amir Ahuja, M.D.		AAhuja@aglp.org
<b>EDUCATION COMMITTEE</b> Andy Tompkins, M.D.	443-834-3215	ATompkins@aglp.org
<b>CHILD AND ADOLESCENT PSYCHIATRISTS</b> Jonathan Weiss, M.D.		JWeiss@aglp.org
<b>WOMEN</b> Sarah Noble, M.D.		SNoble@aglp.org
<b>PSYCHOTHERAPY</b> Chris McIntosh, M.D.		CMcintosh@aglp.org
<b>HIV-AFFECTED MEMBERS</b> Paul Browde, MD		PBrowde@aglp.org
<b>INTERNATIONAL MEMBERS</b> Gene Nakajima, M.D.		GNakajima@aglp.org
<b>TRANSGENDERED MEMBERS</b> Jack Pula, M.D.		JPula@aglp.org
<b>WEB EDITOR</b> Maureen Murphy-Ryan, M.D.		MMurphyRyan@aglp.org
<b>ASSEMBLY DELEGATES TO THE CAUCUS OF GAY, LESBIAN AND BISEXUAL PSYCHIATRISTS</b> Philip Bialer, M.D. Lowell Tong, M.D. Dan Hicks, M.D. (President)		PBialer@aglp.org LTong@aglp.org DHicks@aglp.org
<b>AGLP REPRESENTATIVE TO THE APA ASSEMBLY</b> David Scasta, M.D.		DScasta@aglp.org
<b>APA COMMITTEE ON GLB ISSUES</b> Anand Pandya, M.D.		APandya@aglp.org
<b>LOCAL ARRANGEMENTS COMMITTEE</b> San Francisco, 2013, To be Determined		

Continued on page 5

...

**Vice-President's Column****Eric Yarbrough, MD**

EYarbrough@aglp.org

*Eric Yarbrough, MD*

**H**aving reluctantly taken over the job of vice-president from Andy Tompkins, you'll unfortunately be getting two articles from me in every newsletter. Andy leaves big shoes to fill. Fortunately I have big feet. I can only comment on the literal sort because my metaphorical shoes have yet to be measured. All in all, my hope is that he returns to the executive board soon because I honestly can't imagine AGLP without his presence.

After the APA convention in May, the board came up with a list of tasks for the new Product Development committee to undertake. The committee consists of Amir Ahuja, Sarah Noble, Mary Barber, Chris McIntosh, and yours truly. We've already started to work with some positive results.

At the top of our list are two projects just taking shape. Amir Ahuja has spent a great deal of time networking with other LGBT organizations in ways that we can expand our outreach and teaching. It will hopefully open doors to other national conventions and, on a local level, allow us to educate schools about bullying and LGBT youth. Our goal is to develop a lecture series and maybe even another DVD that focuses on bullying.

With the success of our previous documentary, *Abomination*, we learned that AGLP can make items which both educate and keep the organization alive. Plenty of mental health providers as well as non-clinicians do not know the basics in understanding the LGBT population. I've personally wanted to make an LGBT 101 DVD which would educate, advocate, and raise awareness of our organization. Other topics such as LGBT aging and the basics of understanding the transgender population are also on our radar.

Lastly, I'm currently putting together a symposium for San Francisco 2013 that will focus on gays in the military. We have a number of people interested in participating, but we should have room for more.

If you are interesting in participating in any of the above activities, please don't hesitate to write or call. The more AGLP members we have involved, the better.

• • •

**Transgender Committee****Jack Pula, MD**

JPula@aglp.org

*Jack Pula, MD*

**H**ello AGLP! I am delighted to be taking up the position as chair of the Transgender Committee for this organization. I am a psychiatrist in NY City with years of experience working with patients across the LGBT spectrum, and living myself across the LGBT spectrum. I work both in private practice, and in a hospital CPEP (Comprehensive Psychiatric Emergency Program) so I am fortunate to practice psychiatry in the private and public arenas where I experience a range of challenges related to diverse populations and systems. I am also a candidate in psychoanalytic training. In recent years I have taken up a particular interest in transgender issues due to my own personal exploration of my gender identity, in addition to treating a growing number of transgender patients in my private practice and in the CPEP. I believe that this is the opportune time for psychiatry to define its role in caring for this population. I believe that we have failed to meet this challenge in the past but have a unique and inspiring capacity to optimally serve members of this diverse community. With growing media attention to transgender people and with the charge in the APA to create treatment guidelines, this is a great time for this committee to rejuvenate and I am excited to be leading that effort.

As a first step, I would like to invite interested members of AGLP to contact me with your ideas

and to especially let me know if you are interested in participating in the committee. We have much to accomplish and will need energetic members to make this move! So please do not hesitate to reach out. You can email me at JPula@aglp.org.

I envision this committee as a thinking and working committee. With multiple influences from various parts of the country and various care settings, we will be able to think about the most pressing issues and what we can realistically accomplish given our person-power. With person-power, we can set out to accomplish our goals. I hope that in the early part of the year we will update the website to provide practical clinical tips, information, and links that will help psychiatrists who are treating transgender patients. In the later part of the year we will create cutting-edge programming for professional meetings, notably the annual APA and IPS conferences, as well as the 2014 WPATH conference in Bangkok, Thailand. I hope that we can find optimal ways to advocate for transgender patients and professionals in our field. We will also create a network of providers around the country with various levels of expertise in working with transgender people

It is going to be a great year for transgenering at the AGLP! Join us!

• • •

## Marjorie Hill, PhD, accepts 2012 John Fryer Award



Marjorie Hill, Ph.D.

**M**arjorie J. Hill, Ph.D., Chief Executive Officer of Gay Men's Health Crisis (GMHC), the nation's oldest AIDS service organization, has accepted the 2012 AGLP John Fryer, MD Award. The Fryer Award will be presented in conjunction with her lecture at the IPS in New York City, October 4-7, 2012. The actual date of her lecture will be determined shortly.

Dr. Hill previously served as GMHC's Managing Director for Community Health where she had responsibility for the Women's Institute, the Institute for Gay Men's Health (IGMH) and coordination of

agency wide community level health promotion initiatives.

Prior to her tenure at GMHC, Dr Hill was the Assistant Commissioner for the Bureau of HIV/AIDS at the New York City Department of Health and Mental Hygiene (DOHMH). At DOHMH, Dr. Hill had administrative oversight for HIV prevention, treatment, and research and housing programs. Dr. Hill was responsible for all aspects of federally mandated community planning and for the development of city-wide HIV/AIDS policy. In addition, Dr. Hill provided oversight for over 400 prevention, care and treatment programs and is especially proud of the historic expansion of Syringe Exchange Programs, enhanced NYC inter-agency collaboration and the five million male and female condoms distributed annually during her tenure.

Dr. Hill formerly served as a Commissioner for the New York State Workers' Compensation Board and as Director of the NYC Mayor's Office for the Lesbian and Gay Community in the Dinkins' Administration. During her tenure in these positions, Dr. Hill implemented successful initiatives in public safety, citywide EEO and NYC Domestic Partnership policy. A licensed clinical psychologist, Dr. Hill has consulted and lectured on issues of cultural diversity, HIV/AIDS in communities of color, conflict resolution, organizational devolvement and homophobia. Prior faculty appointments include Yeshiva University, New York Medical College, Pace University and the College of New Rochelle. She has several publications including the American Psychiatric Press release, "Mental Health Issues in Lesbian, Gay, Bisexual and Transgender Communities." Dr. Hill has also served on the Black Leadership Commission on AIDS, the New York Civil Liberties Union, The National Gay and Lesbian Task Force and as chair of the Thirteen/WNET Community Advisory Board. She proudly served a seven-year plus term on the Board of GMHC, two as Co-Chair and serves on the board of the Public Health Association of New York.

With a firm foundation in grass root organizing, Dr. Hill has partnered with and provided leadership to scores of community based organizations. She has received numerous awards and citations for outstanding community service locally and nationally. Dr. Hill has appeared on CBS *Morning Show*, *Rolanda*, *Real Life* and is featured in the documentaries "All God's Children", "After Stonewall" and most recently "Jane Hanson's New York." Created by AGLP in 2006, The John E Fryer, MD Award honors an individual whose work has contributed to the mental health of sexual minorities. The award was endowed through a generous grant from the Gill Foundation, a bequest from the estate of psychiatrist Frank Rundle, and contributions from many AGLP members. Other past awardees include Barbara Gittings and Franklin Kameny; Past APA President Laurence Hartmann; Psychiatrist and Researcher Richard Pillard; San Francisco Mayor Gavin Newsome; LGBT activist Evan Wolfson; and Bishop Gene Robinson.

President's Column  
Continued from Page 3

expect to see many of you there. We are looking for folks who would be interested in assisting with the local planning—please contact either Roy or myself. We will also be looking for people who are interested in presenting in the AGLP hospitality suite—please contact Roy, Eric Yarbrough (the Vice-President), or myself. If you are planning on presenting at the APA meeting the deadline for submissions is early September; see the APA website ([www.psych.org](http://www.psych.org)) for details.

So many other incredible events have happened since the meeting: we lost another diva, the civil war in Syria continues, the global economic quagmire has worsened—and once again financial institutions seem to played a significant role, Anderson Cooper and Frank Ocean have officially come out, the Affordable Care Act was upheld by the Supreme Court. An aside, when did everyone begin referring to the Supreme Court as SCOTUS?

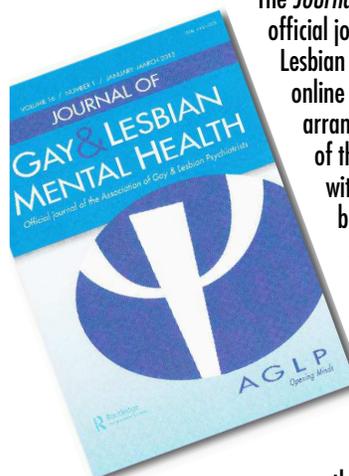
Most importantly, it is the year of the U.S. presidential election and as November draws closer, my anxiety rises. The good news is that President Obama has come out of support of marriage equality, but I presume that will make it a topic of greater scrutiny and increased rhetoric and expect to see the Regnerus study somehow rolled into the mix.

As the election season heats up and we hear more about the healthcare system and marriage equality, I believe that as LGBT and allied psychiatrists we will find our work vital to our community and our patients. I hope it will also remind people of the important role of AGLP in the support of our community and our patients.

As always, please send me comments, thoughts, ideas about AGLP and how we are doing.

•••

### JGLMH available online FREE to AGLP Members



The *Journal of Gay and Lesbian Mental Health*, the official journal of the Association of Gay and Lesbian Psychiatrists, is now available for viewing online free to all AGLP Members. Through an arrangement with Taylor & Francis, publishers of the Journal, issues 12-16 are now available with subsequent issues added as they become available. The content is searchable with search words and phrases, and you can even download and print particular articles if you like.

To access the *Journal* online, visit [www.aglp.org](http://www.aglp.org) and click on "Members Area." You will need your AGLP username and password to access this area. Once onsite, you will see a blue tab on the right that reads "Journal of Gay and Lesbian Mental Health." Follow the links through this site to gain unrestricted access to all of the Journal content.

•••

•••

AGLP Award Winners 2012  
Continued from Page 1

The Attic offers the following key programs and services:

- *Life Skills Center Programming* offers support and educational programs for LGBTQ youth in the following five tracks or concentration areas: academic and educational enrichment, job readiness, youth leadership, arts and culture, and health and wellness.
- *Mental Health Programs* provide individual and family counseling as well as peer support groups. Therapy is provided by professionals skilled in working with LGBTQ youth and young adults.
- *Supportive Services*, including case management, HIV prevention programming, and support groups such as women's group, young gay men's group, transgender group, and relationship group.
- *The Bryson Institute of The Attic Youth Center* provides training, outreach, and consultation to schools, social service agencies, and faith communities across the tri-state area on the best practices for creating safe and supportive spaces for LGBTQ youth. The Bryson Institute provides training to over 7,000 people annually.

The Attic stands out from other youth-serving organizations in that that all Attic programming is based on a positive youth development model and seeks to



Carrie Jacobs Ph.D., Executive Director

engage LGBTQ youth as decision-makers and leaders. Historically, at The Attic, youth have been engaged in decision-making on an organizational level- youth develop programming, interview potential staff and volunteers, and assist in outreach and fundraising. Youth are also engaged in implementing and leading a number of peer support groups and activities. These groups are designed with the intent that the youth learn leadership, advocacy, and empowerment from one another in a collaborative process. Group topics and goals are primarily determined by youth. Through leading and participating in peer support activities, youth learn the skills of planning, marketing, active listening, group facilitation, and evaluation processes.

Research conducted with Attic youth by a doctoral student studying protective factors found that a majority of youth were more distressed and had lower self-esteem before participating at The Attic and that involvement at The Attic over time is related to decreased anxiety and a perceived improvement in well-being

and self-esteem. In the study, youth reported seeing The Attic as a place for "support, belonging, hopefulness, safety, friendship, and a family of choice." The Attic's experience indicates that youth who become engaged at The Attic become more connected with their communities, complete high school and begin college, earn a GED, find their voices to speak for change, become peer role models, and transition into adult life as productive, self-determined individuals.

#2: What struggles does the Center have in staying open and providing these supports?

- *We have grown out of our space which is a four story row house. (Incidentally, we actually did start in an "ATTIC").*
- *Financial resources are always a struggle. We have been very fortunate and appreciate that we have been able to provide all that we do.*

#3: What advice would you give to other cities about having their own youth centers?

- *Have one*
- *Always strive for safety and inclusivity and be sure to have youth only space*
- *Let youth start and grow the program. Be the scaffolding and they will build it.*
- *Start small*
- *Learn how to let youth lead*

#4: How can a LGBT psychiatrist help with providing supports to a Youth Center like the Attic?

- *Volunteer*
- *Donate*
- *I wish we had a psychiatrist who would work closely with our therapists and provide evaluations and medication when necessary.*

• • •

The 2012 Barbara Gittings Award is awarded to **Cathy Renna** for her tireless devotion as Media Director and spokesperson bringing about new and enlightened awareness of LGBT issues.

Cathy Renna

#1: Could you tell our readers a little about yourself? Where you are from, what growing up was like, how your family is now?

*I was born and raised in Queens, NY and later Long Island, NY, but a large part of my family is in Italy (my Dad came here in his 20's, marrying my Mom when she was there visiting family). So, I come from a big Italian family and family is very important to me. I grew up a pretty stereotypical tomboy (you could say I never grew out of that!) and my family, while certainly having some questions and challenges, were accepting and have only become more-so as I grew up. I am now married to my wife, Leah and we have a daughter, Rosemary (who was at the award ceremony and is in the picture with me and Ken). We live on Shelter Island on the East End of Long Island, NY. My family here is really wonderful and my wedding in 2003 was a real turning point. It was probably more "traditional" than many other weddings my family had been to and it really prompted a shift in our relationship. Imagine a group of*

Continued on page 7

AGLP Award Winners 2012  
Continued from Page 1



Cathy Renna with Kenn Ashley, M.D., President, AGLP

*little old Italian ladies swooning over a live tenor singing Andrea Bocelli at a lesbian wedding and crying right along with me when I tried to get through my vows. Two years later Leah had Rosemary, and given the work, I do I deeply appreciate the level of love and acceptance I get from my family here and in Italy.*

#2: What led you into working in media? What about it do you enjoy?

*I started volunteering from GLAAD when I was living in Washington, DC in the late 80's and early 90's and never looked back. I think the media is the most powerful cultural influence in our lives and although I used to be pretty shy, being an activist was a natural fit for me. I love having the opportunity to help people tell their stories - to hundred, thousands and even millions of people - through the media. As LGBT people we are very "abstract" to people unless they know us. So knowing someone who is LGBT is huge influence, as is hearing, reading or seeing us in the media. Visibility has been a critical part of our progress as a movement and as people and I have been honored to be in the middle of so many moments in our community's history, from dealing with the media firestorm around the murder of Matthew Shepard to out marriage equality victory in Washington, DC to being part of elevating the visibility of part of our community that have been invisible, like older LGBT people, homeless LGBT youth, LGBT people of faith and allies and many others. As I said when I accepted the AGLP award, what I do and what you do is very different in many ways, you hear powerful stories in confidentiality and help individuals live their lives more fully, while I help people tell their stories publicly. But both make a profound difference for everyone involved and are much needed.*

#3: What LGBT issue would you say is most prevalent in our news today? Why?

*I would guess marriage equality, although here are other issues that are getting much prominence, like the inclusion of LGB people in the military, suicide and youth issues and parenting. Marriage seems to have such a foothold, I think, because it is an issue that is both "controversial" but is also something everyone understands and can relate to as a part of everyone's life in one way or another. Everyone understands what you mean when you say "marriage" (even as we work through the nuances of religion vs. civil right and other details).*

#4: Is there anything you would like to see LGBT psychiatrists do to help support our community?

*I think that the leadership of groups like AGLP, the APA and others have done a tremendous amount already for our community - prior to but of course really the milestone in 1973 of removing homosexuality from the DSM. I know so many psychiatrists, like Dr. Jack Drescher and others, who have devoted their lives to helping the community in so many ways, from private practice work to research and writing about issues related to the LGBT community and mental health issues to speaking out against so-called "ex-gay" therapies. The stress of discrimination, homophobia (internalized and external) and family rejection and the impact it has on our mental and physical health is like a huge pink elephant in the room that many in our community do not talk about and I think anything LGBT psychiatrists can do to shed more light on the subject and get people talking, the better.*

•••

The 2012 AGLP Journal of Gay and Lesbian Mental Health Resident Paper Award is given to **Andrew J. Anson, MD**, chief resident at St. Lukes-Roosevelt Hospital Center in New York City. He was chosen for his case study, "Ghosts in the Dressing Room."

Andrew Anson, M.D.

Can you tell us a little about you, where you're from, and your training so far?

*I grew up in Yakima, WA. I did my undergrad at the University of Puget Sound in Tacoma, WA, and I did my medical training at Ben Gurion University in Be'er Sheva, Israel, and then my residency here in New York.*

What was it like to discuss your psychotherapy case during the AGLP conference?

*It was a meaningful experience to share this particular case at the conference. I disclosed a lot of my own personal history, and countertransference material in the paper. This was complicated by the fact that I had lost my voice before the presentation. I think the discussants were careful to ensure that the discussion felt like a supportive, academic environment to look at some themes of "shame," in a non-shaming way.*



Andrew Anson, M.D., with Mary Barber, M.D., Editor of the *Journal of Gay and Lesbian Mental Health*

How do you think about yourself in practicing psychotherapy as a gay man? Does it affect your patient care?

Continued on page 8

AGLP Award Winners 2012  
Continued from Page 1

*I don't often feel like my being gay has much to do with the difficult work of psychotherapy. On occasion, the question is of great interest or anxiety to my patients. Occasionally, our stories overlap and I find myself exploring my own countertransference as in the paper. But I have become very interested in the question of what constitutes gay culture(s) in New York. Maybe it is a fiction or a fantasy, but one that has a lot of meaning for the patients I work with. Working with gay people who struggle with interpersonal connections, trying to understand their inter-psyche worlds, and trying to find a way to empathize and build new connections in therapy does offer some interesting contrasts that often are occasions to think about my own experience as a gay person.*

What advice would you give to other residents thinking about submitting a paper for next year's award?

*I would encourage other residents to consider writing up a dynamic case formulation, even if it is a work in progress. I think formulating, and being able to remove yourself from such intimate work to look at it from several different angles, and talk about them with supervisors is such a valuable skill, and often an asset to therapeutic work.*

•••

The 2012 Distinguished Service Award is awarded to **Petros Levounis, M.D.**, for his considerable contributions on behalf of the LGBT Community, most notably with the publication of several groundbreaking books informing mental health providers and advocating for the special needs of this population.

Petros Levounis, MD

1) What's it like being identified as a distinguished contributor to LGBT community?

*I'm truly honored by this award, and to say that it has a special meaning is an understatement. I joined AGLP in 1986 as a first-year medical student at Stanford when my good friend and histology TA, Jim Slayton, gave me an AGLP membership as a gift—thanks Jim! When I went to my first AGLP meeting at the San Francisco APA, I remember feeling so thrilled that my professional life, as a psychiatrist, and my personal life, as a gay man, came together under one roof—I felt at home in the AGLP family. More than 25 years later, to get the AGLP Distinguished Service Award feels like coming full circle, and it's deeply gratifying.*

2) Where do you focus your passions in working with the LGBT populations? What would you see as your strengths?

*So far, my focus has been primarily on the treatment of addiction in LGBT communities. In 2004, my colleagues at the Addiction Institute of New York and I, with significant help from the City Council of New York, put together the "Crystal Clear Project" almost overnight in response to the crystal meth epidemic. Today, our crystal methamphetamine rehabilitation program for gay men has become the largest in the country and a model for other addiction centers. I have also worked with Drs. Steven J. Lee and Jose P. Vito on club drugs, anabolic steroids, and body dysmorphic disorder as it has evolved in the male gay community before and after the introduction of protease inhibitors. Also, I'm particularly proud of *The LGBT Casebook* (American Psychiatric Press, 2012), which I co-edited with Drs. Jack Drescher and Mary E. Barber. We hope that this concise volume will serve as a practical guide for the general psychiatrist to treat LGBT patients in a variety of clinical settings.*

*In private practice, I see mostly gay men with or without substance use disor-*

*ders. While gay colleagues have told me that psychotherapy with gay men can be "too close to home" and thus undesirable, I find myself drawn to the struggles of living in 2012 New York City as a gay man—single, married, or both.*



Kenn Ashley, M.D., President of AGLP, with award winner Petros Levounis, M.D.

3) What kind of services do you think the LGBT community is missing? Where can AGLP members step up to meet this demand?

*Having well-informed, compassionate, and competent primary care physicians and general psychiatrists across the country is what's truly needed. In the major urban centers, we have some well-trained clinicians who know how to take care of LGBT mental and physical health problems. This is a far cry from what's happening across the rest of the country where LGBT patients routinely come across at best ignorant and at worst flat-out homophobic and hostile providers.*

*We should seek out any opportunity we have to educate our colleagues both in psychiatry and the rest of medicine, whether it's through our writings, public speaking, political work, grassroots advocacy, or the Internet. While there is gross homophobia, which may be rather difficult to change, there is also simple ignorance and misinformation (served with less affect but perhaps equal toxicity), which may be the low hanging fruit. A simple training in the basics of treating the LGBT patient may change the practice of an ignorant, but basically well-meaning, primary care physician or psychiatrist and thus benefit scores of LGBT patients.*

4) Who contributed to your development in working with the LGBT population?

*I have been very fortunate to get to know some amazing mentors and friends through AGLP. In addition to the colleagues mentioned above, Alan Schwartz, Bert Schaffner, Bob Cabaj, Bob Kertzner, Carlos Greaves, Chris McIntosh, Dan Hicks, Gene Nakajima, Howard Rubin, Jeff Ackman, John Burton, Kenn Ashley, Margie Sved, Phil Bialer, Phil Bialer, Serena Volpp, Ubaldo Leli, and, of course, you, Eric, come to mind. During my training, I also was lucky to have been taught by some great supervisors, such as Carlos Almeida, Jeff Guss, and Ron Winchel. I'm grateful to have learned from the very best our generation of LGBT psychiatrists has to offer.*

•••

## AGLP Executive Committee Minutes

### AGLP Annual Board Meeting

May 6th, 2012 8:30am to 12:30pm  
Loews Philadelphia Hotel

Those present: Kenn Ashley (chair), Andy Tompkins, Eric Yarbrough, Serena Volpp, Ubaldo Leli, Alan Schwartz, Mary Barber, Jonathan Weiss, Jack Drescher, Sarah Noble, Amir Ahuja, Chris McIntosh, Karl Jeffries, Gene Nakajima, David Scasta, Roy Harker

Kenn Ashley called the meeting to order at 8:45am. He first thanked Sarah Noble for her excellent coordination with the local arrangements committee.

#### Item: IPS in New York

Discussion: The specific LGBT track hasn't been established yet. Gene Nakajima is helping to coordinate this. Lonny Behar has volunteered the Norwood Club for a social event during that time.

Item: Coalition for LGBT Health, HRC, GLMA

Discussion: Should AGLP join the organization? Kenn Ashley has been in contact with them. Jack Drescher suggested it makes sense and becomes a larger visibility issue. Kenn also brought up other potential organizations to be allied with. HRC and GLMA were talked about in detail. Kenn also suggested having an LGBT workshop at the next GLMA meeting.

#### Item: AGLP Retreat 2012

Discussion: Janet Unger led the meeting. Kenn suggested that AGLP have a focused committee directed toward membership. It was decided that any member that is in charge of a sub-committee should also be part of the membership committee.

Jack suggested that we pay attention to the core members who are helping keeping the organization afloat. Mary went on further to suggest that we cultivate a culture with the core members to show them how much they mean to the organization. Some ideas included the VIP reception and visible ways to identify core members. Jack suggested starting a separate e-mail thread start to collect ideas. Serena Volpp suggested that we develop talking points for the booth and online that will communicate why they are members of AGLP. Jack went on to suggest that links can be added to the newsletter to connect people to profiles of our members so they can read more about and connect to them.

It was proposed that we give an award to the person who brings in the most new members. Mary Barber proposed that this award be officially added as the AGLP Recruiter of the Year. The time frame would be from May 1st to April 30th. It will include all member categories, they will be included in the VIP activities, and be awarded with a plaque. It was seconded and accepted by the board.

Roy will make changes to the member profiles that we can add and update our subspecialties to help with the referral process.

As a reminder, those who do get someone to sign up get \$50 off their membership for the coming year. \$25 is given off for other levels of membership but doesn't include medical students.

Plan: The board members were asked to create talking points for the booth and online as to why we are members of AGLP. They will submit these comments to Roy and Karl.

Roy will e-mail members and ask them to update their profiles to include specialties.

Expired members were assigned to call for outreach on a monthly basis.

Sub-committee chairs are automatically included in the membership committee.

#### Item: Fryer Award

Discussion: Mary Barber discussed with the board that the Fryer Award, the \$50,000 endowment, was never invested as such and has been spent down to around \$30,000 since its inception. The APA is also charging administrative costs for the award including nearly \$3000 in 2011. The APA CFO and Mary Barber discussed the details of this award. Allison Bondurant, Annelle Primm, and Terri Swetnam. They were asked to join the annual membership to plan about the Fryer award. Roy has a paper trail stating our understanding of the award and how the fund would be handled. The board overall seemed to think that we need more information about the other MUR awards. Amir Ahuja went back to add that he wanted to consider asking APA to cover the cost of the award until it was at a level to sustain itself.

#### Item: Jack Drescher, recent action papers, and the Assembly

Discussion: Details regarding Jack Drescher having to visit the assembly to discuss terms in a recent action paper were brought to the table. In the end, the action paper was passed, but Jack was thanked for his help in getting this accomplished.

#### Item: AGLP Elections

Discussion: Open nominations will be asked for secretary during the membership meeting. The different board members roles were discussed. Several members were brought up as potential candidates for Secretary.

Ubaldo asked that we discuss the time of the AGLP phone meeting to identify a more suitable time for everyone.

#### Item: President Report

Discussion: Kenn Ashley reported that he would like us to continue to focus on education. He stressed the importance of keeping membership up. Roy brought up product development. Kenn said some of the biggest years we've had in the organization includes a product. Eric suggested a LGBT 101 DVD as a potential product. A DVD regarding bullying LGBT youth was also brought to the floor. LGBT and aging was also suggested. Transgender issues in particular were identified as an educational need.

Kenn identified a task force for Product Development. Those members identified were Eric Yarbrough as the leader with Sarah Noble, Amir Ahuja, Chris McIntosh, and Mary Barber.

Kenn also asked that we draft a letter from AGLP to promote insurance companies paying for transgender surgical procedures. He specifically brought this up to support an AGLP member. The board discussed the different position statements of the APA and recent action papers and treatment guidelines.

Plan: Andy Tompkins agreed to research position statements and look for references for a letter supporting trans surgery. He will follow-up with the board.

The new Product Development Task Force was developed.

Serena suggested that the Product Development Task for discuss if a position statement letter would be a product.

#### Item: Vice-president Report

Discussion: Andy reviewed some of the educational events in the hospitality suite. Practical topics regarding the technical aspects of the presentations were reviewed.

Andy reported he would like to continue the speaker's bureau through Drexel and potentially other conferences and schools. This activity will be added to the Product Development Committee Task Force.

AGLP Executive Committee Meeting Minutes  
Continued from Page 9

### Item: Past-president Report

Discussion: Ubaldo reported that he is now Deputy Representative to the Assembly for the LGBT caucus. He would like to focus his attention to this and will likely be stepping back from the board regarding time. Ubaldo will continue to help identify award members for the annual meeting.

Sarah suggested adding an interview for the resident and medical student travel to add to the newsletter.

### Item: Secretary and Newsletter

Discussion: There is a continued effort to highlight a member in each issue and writing about them in the newsletter. Personal milestones may be included as well in an alumni section and taking the first couple of lines of the newsletter articles and sending it out on the listserv and the facebook page. Ubaldo suggested we focus on social media like Facebook and twitter.

Plan: Brief highlights from the newsletter will be sent out to the listserv and on the facebook page.

### Item: Treasurer Report

Discussion: Serena went over the budget for the year so far. She pointed out that we had unanticipated expenses including the consulting fee for the annual meeting. An additional 22 members are needed to meet budget with these added expenses. The idea about a development director was brought up again. Sarah suggested that the development director could write a grant for the products in the products task force. Alan suggested that the membership be contacted to ask for support in order to grow the organization and get a development director. Roy suggested that we apply for a grant in order to hire a development director. He went on to suggest that we assign a task force to focus on writing this grant to get a development officer as stated in the bylaws.

Kenn proposed a task force for getting a development officer to include Roy Harker and Mary Barber.

Another product idea suggested would be to do a weekly newflash to the membership. Most board members agree that something weekly from AGLP would keep people connected. It would focus on what is active this week in LGBT mental health. Alan suggested that we capitalize by connecting people to membership with the first line of each alert.

Plan: A weekly e-mail will be sent out to members to highlight weekly LGBT mental health topics. The first list of this e-mail will remind members of the importance of membership.

### Item: Executive Director's Report

Discussion: Roy brought up a website committee. Karl Jeffries suggested a technology officer might serve a potential role. There is a continued need to organize and update information on the AGLP website.

### Item: Journal Report

Discussion: Alan discussed the new cover for the journal. There is a new way to submit for the journal and the website automatically generates e-mails for reviews. The editorial and advisory boards receive these e-mails for review more quickly. Alan and Mary have much more help with the organization of review.

Once a paper is uploaded, the chief editors receive it and they are asked to assign an associate editor and reviewers. Scholar One is assertive in contacting the reviewers on a regular basis. Associate editors have been added for the journal. Alan brought up the problem that we are receiving so many submissions that we

are going over the amount of allowed pages for publication based on our budget.

Questions were raised about the possibility of receiving more royalties from the journal with increased sales.

### Item: Women's Committee

Discussion: Sarah reported the on-going success of the women's dinner. Future social activities will continue at the annual meetings.

### Item: Minority Committee

Discussion: Amir has organized a dinner for minority members. He went on to say that he wanted speakers to continue at Drexel. Kenn suggested that we contact the membership to for volunteers.

**Item: Early Career continues to have no chair. The board made suggestions.**

**Item: Residents Committee continues to have no chair.**

### Item: Assembly Report from David Scasta

A position statement Opposing Discrimination against Transgender and Gender Variant individuals was divided into a non-discrimination clause and a non-discrimination by health providers clause. Both positions passed.

An AP asking for funding of the deputy MUR representatives to the fall Assembly meeting failed based on the grounds that other deputy positions that were eliminated in 2009 have not been favored by refunding.

David's November action paper calling for the Council on Minority Mental Health and Health Disparities to pool the multiple statements on various issues related to homosexuality was referred to the Council with the instruction to return the completed statement to the Joint Reference Committee by June 2012.

The MUR has revamped its procedural code and added a vice chair to the MUR.

David was nominated for Speaker-Elect of the Assembly and narrowly lost the election. He subsequently was elected Chair of the AAOL Committee which puts him on the Assembly Executive Committee.

Phil Bialer will be stepping down as the chair of the Minority and Underrepresented Caucuses (MUR) relinquishing his position on the Assembly Executive Committee.

The AAOL will be giving a second workshop on bullying. David did a portion addressing LGBTQ bullying.

**Item: Forensics** – Jonathan has started to make an LGBT presence on the APA forensics board. He will help coordinate activities and liaison.

### Item: Psychotherapy Conference

Chris McIntosh wanted everyone to remember ideas about residents who could be part of the case conference next year.

### Item: Membership with Karl Jeffries

Karl would like membership to e-mail talking points for membership development. GAP is encouraging use of the online curriculum.

Electronic media was further discussed, not LGBT focused necessarily. Some topics that arose are what are the issues involved with e-mail and texting? An idea that was brought up that Mary Barber could speak about CV and career development. Alan said he could give a presentation about starting your own practice.

AGLP Membership Meeting Minutes  
Continued from Page 10

## Annual Membership Meeting May 6th, 2012 2pm to 4pm

Board Members Present: Kenn Ashley (chair), Andy Tompkins, Serena Volpp, Eric Yarbrough, Ubaldo Leli, Roy Harker

Kenn welcomed the members to the meeting. The board members were introduced. Roy Harker was thanked for hosting the opening night reception. Sarah Noble was acknowledged as doing a great job with the local arrangements committee.

Kenn acknowledged the problems with cramped scheduling and our attempt to make events available for everyone.

### Item: IPS October in New York City

Discussion – Kenn announced that the Fryer award will be given out during IPS and that there will be an LGBT track. Kenn encouraged all members to join the facebook website to stay well-connected with the organization.

A member asked about the importance of joining Facebook. Kenn went on to say that many events are publicized there and it's more convenient to communicate quickly to the entire membership that way.

### Item: Election Year

Nominations: Andy Tompkins announced that Kenn Ashley is running for president, Eric Yarbrough is running for Vice-president, Secretary is left open, Treasurer Serena Volpp. Jonathan Weiss was nominated for secretary, it was seconded.

Andy asked for further nominations for board members. None were mentioned. A vote was taken for board members and the slate passed for the new board members as presented above.

### Item: AGLP Retreat

Discussion: Kenn Ashley went over topics that were covered in the most recent retreat. Increasing membership is of high importance.

Kenn discussed the development of products the organization may be working on in the near future. He asked for members to volunteer should they have any ideas or want to join in.

Kenn also went on to support subspecialty committee members who would increase communication at the smaller conferences.

A Technology Officer for AGLP is open for recruitment. We need to update our website and members should list their subspecialties on their profiles.

The membership committee will be expanded to include the heads of the individual subspecialty groups.

Kenn reminded the membership that getting a new member to join will get you a discount on the following year's dues. The person who brings in the most new members will be given an award. You get off \$50 for a general membership and \$25 membership.

Andy talked about ending as the vice-president and he thanked the membership for their support. He went on to remind the members about the educational activities that will happen in the hospitality suite.

Andy then mentioned the AGLP subcommittee and speaker's bureau. There is a need to get a long list of speakers for needs around the country.

Serena Volpp gave the financial report. She reported to the membership that the

budget is operating at a \$3500 deficit for the year. She goes on to say that cash flow was tight. David Kessler continues to donate to the organization of \$10000 and has been a tremendous help to the organization. Serena went on to say that she would really like the core to help with the organization and asked for members to speak up and communicate to others what the organization means to them.

A member asked about what is the benefit of becoming a member of AGLP. Serena went on to answer that a professional community was of primary importance to her Jack Drescher went on to talk about the journal, the booth, and educating members about gay affirmative treatments. Several members discussed what about the organization is important to them and why.

### Item: Fryer Award

Phil Bialer discussed, as the MUR chair, that the Fryer Award fund is around \$30000. Initially, we had raised \$50000. We had originally understood that it was an endowed award, meaning we'd only be spending the interest each year. Phil came to learn that it is not an endowed award and it was not treated that way. The money has been spent down from \$50000 to \$30000.

Allison Bondurant, Annelie Primm, and Terri Swetnam came in to the meeting at that point.

They stated that many of the awards are funded by external funds. All of them are funded as temporary restricted rewards at this time. Terri offered to see about the history and source of funds and to let the members know. Some information was discussed about reports and what this means. Most of the information was provided by Terri. Phil brought up the report where some of the awards were listed at risk and how the Fryer award is currently not.

Terri Swetnam listed several options for the membership to consider:

Option 1: The funds are currently not invested. \$33000 is available to be awarded. Spend the money down until there is none left and stop the award at that point.

Option 2: Use the fund as temporary and restricted. It can be restricted for the use of the award only. It could be invested in the market. You are subject to both the gains and losses and the market fees in this option.

Option 3: Transfer the money into a permanently restricted account. The APA is legally prohibited from ever spending that money. It automatically gets invested. If you have a market situation where all the earning are spent down you can't give the award until the money builds up again.

Option 4: You have \$33000. Put an amount like \$25000 in permanent restricted fund. The rest could be put in temporary fund and the award is paid out of that.

Gene brought up the assumption that \$50000 would mean that it would be automatically restricted. Terri said she doesn't know what happened with our award and speculates that the level could have been a certain amount during our first installment and didn't hit that critical level to keep it restricted. She went on to say that she would fix it going forward.

Jack suggested that we push the auditors as a way to get some type of recovery for the loss. Jack would like to know why all the other awards are funded. Mary suggested that we push the auditors as well. We would have liked to get reports so we can decide what to do with the money and when to skip the award if necessary. Going forward, we can make the choice that extra could funds could be added in. The membership discussed what the details are of the "administrative costs". Mark Townsend asked if the Fryer Award is an AGLP award or caucus award. It's both was the answer by membership. A caucus president has to be on the selection committee for the award.

Phone Conference Minutes  
Continued from Page 10

Dan Hicks proposed that the awards committee communicate with Jack, Mary, Phil, and Ubaldo. Ubaldo went on and suggested that we have our auditor look at this.

Mary pointed out the value of this award to AGLP and APA as a whole. High profile people have accepted the award in the recent past. She identified that it's a very valuable award and would like to see it continue over the years.

Kenn Ashley suggested that the awards committee be the designated task force to handle this issue.

Mary brought up the option of recovering the \$20000 that was lost. Mary also asked about the meaning of an APA versus APF (Psychiatric Foundation) Award.

The Caucus meeting was opened by Dan Hicks, president Phil Bialer was just elected MUR Committee and Assembly representative and Ubaldo Leli as Deputy Rep, to serve for three years. The revised bylaws were also passed. He went on to say the AGLP is an allied organization with David Scasta as a representative to the Assembly. The caucus is our official connection to the APA. All AGLP members should make sure they are also caucus members. We currently have 270 members of the caucus. You are not restricted by the bylaws to only one caucus. Phil welcomed the chair of the caucus of black psychiatrists, who will be the Chair of the MUR committee for next year. There was further acknowledgment about the confusion in the structure of APA and how there have been many changes over the past few years. Ellen Haller has been serving on the Executive side of the APA on the Council on Minority Affairs, but her term is expiring.

Phil reported that the action papers presented (as noted above in the board meeting) were passed. Jack suggested that it's very important to publicize the papers after they are passed as a way to communicate our efforts. Phil thanked Jack for his help with pushing the action papers through.

Phil spent time explaining to the larger membership the role of the caucus. He is the chair of the MUR committee overall. Much of this year with the MUR committee was spent revising the guidelines. The bylaws of the LGB caucus was revised and based on district branch bylaws. Phil went on to discuss the changes to the bylaws. These changes to the bylaws were voted on by the caucus. There was some discussion about, in the future, changing the name of the caucus to the LGBT Caucus

Phil said he was available for further information regarding the action papers. There is ongoing debate regarding industry-sponsored symposia. It's difficult to pass a referendum because of voting requirements. There was even an action paper trying to address the problems with needing the large amount of people to vote. Maintenance of Certification continues to be a highly debated topic as well. An action paper that opposes the requirements passed.

The chair of the caucus of black psychiatrists wanted to emphasize that in the 2013 election, the MUR Committee will be nominating a minority representative to the Board of Trustees for the first time. He asked for people who might have an interest in being part of the board. June 15th is the deadline for the call for nominations. You can also talk to Phil Bialer if you are interested. Phil discussed the process of all this in the meeting. Margie Sved was suggested as a potential candidate. It's a two year term. The board of trustee is three years. Phil publically thanked Steve from the caucus of black psychiatrists for helping with the committee.

Ubaldo went on to talk about the Maintenance of Certification. He encouraged members to be aware of this.

If anyone is interested in becoming a part an officer of the caucus there will be positions opening up next year..

Dan moved that we closed the caucus it was seconded and passed.

The AGLP meeting was reopened by Kenn.

Feedback was given regarding the AGLP retreat this year. Items listed in the board report were communicated to the larger membership. The LGBT casebook was publically announced with Mary, Jack, and Petros being congratulated on their accomplishment. The general members then discussed the new DSM V and changes to gender dysphoria. Jack is on the committee and will communicate changes to the AGLP membership.

It was moved that we close the meeting. It was seconded and passed.

•••

## AGLP Board Meeting Conference Call June 18th, 2012

Those Present: Kenn Ashley, Eric Yarbrough, Karl Jeffries, Serena Volpp, Sarah Noble, Mary Barber, Amir Ahuja, Roy Harker

### Item: Minutes

Discussion: The minutes could not be approved due to insufficient board members.

Plan: Kenn Ashley had one edit to the minutes which will be sent to Eric Yarbrough. This will be corrected and approved in August.

### Item: IPS New York 2012

Discussion: Events are being added to the AGLP website. The business meeting was set for Saturday October 6th from 12pm to 3pm, before the Fryer Award lecture. A social event will likely take place that evening from 6pm to 9pm. Some members were brought up as potential hosts for the event.

Plan: Kenn will follow-up with Norwood and AGLP members for potential locations for the Saturday social event. He will also talk to Jack Drescher regarding a possible combined event with GLPNY/NYGLP.

### Item: Review of the Retreat

Discussion: The board reviewed the minutes from the recent annual retreat. Some suggestions from the retreat have already been implemented, including an award for the member who brings in the most new members.

The board discussed VIP privileges. Ideas regarding gifts were given including lapel pins (some with different colors to identify VIP members), magnets, t-shirts, bags, and notebooks were mentioned. Mary mentioned giving the VIP members priority select times to sign up for social events.

### Item: New AGLP Website

Discussion: The new AGLP website designed by Roy and Mary was reviewed. Suggestions were made including changing the name of the GAP Curriculum link under Education and also changing the name of the LGBT Syllabus to the LGBT Mental Health Bibliography.

Plan: Roy will make the necessary changes, publish the new website, and inform members.

### Item: Membership Development

Discussion: Karl discussed the on-going development of an elevator speech to get new members to join. He has a list of several topics which he will send out to the

Phone Conference Minutes  
Continued from Page 10

board and would like feedback. He is also working on a general outline for a recruitment letter. He also went on to discuss the future of the membership committee and identify those members who will play key roles. Kenn suggested that we focus on allies to join the organization as well.

Plan: Send continued ideas and blurbs to Karl. Karl will then e-mail current topics out to members to pick the topic three for our website and to use when recruiting members.

**Item: Local arrangements committee for San Francisco 2013**

Discussion: E-mail Kenn suggestions. Roy will contact members to see who is available. Karl also agreed to contact people to participate.

**Item: Symposium for APA 2013**

Discussion: It should be a priority for the next few months before the deadline for submissions. Gay in the military was brought up and Mary discussed a recent art exhibit she saw about the effects of Don't Ask Don't Tell.

Plan: Eric will contact Andy regarding educational development. Eric will also contact Mary regarding the name of the artist and the exhibit. Any ideas regarding symposium should be sent to the board members.

**Item: Budget**

Discussion: Serena reported we went over the convention budget by \$3500. Income remains steady however. Misc. expenses in the budget is the retreat cost. Mary discussed a possible combination of AGLP and the Association of Women Psychiatrists in order to conserve funds.

Next meeting: Monday, July 16th 3:30pm EST

## AGLP Board Meeting Conference Call July 16th, 2012

In attendance: Kenn Ashley, Serena Volpp, Sarah Noble, Roy Harker, Jonathan Weiss, Eric Yarbrough, Jack Pula, Laura Erickson-Schroth, Karl Jeffries, Dan Safin, Maureen Murphy-Ryan, Mary Barber.

The president welcomed the new chairs of the early career psychiatrists and transgender committees, Dan Safin and Jack Pula, respectively, and thanked Maureen Murphy-Ryan for her work on the AGLP website.

**Item: IPS conference in NYC in October 2012**

Discussion: The business meeting is scheduled for Saturday, October 6 from 12pm to 3pm, preceding the Fryer Award lecture by Marjorie Hill of GMHC. The Caucus of GLB Psychiatrists/APA will meet prior to the AGLP meeting. A reception will follow Saturday evening, with details still to be finalized. AGLP plans to engage in liaison work with GLSEN and the Trevor Project during IPS.

Plan: Kenn will follow up on arrangements for the AGLP reception Saturday evening during the IPS conference.

**Item: Website**

Discussion: Maureen and Roy have been updating resource links on the website. Contact information for committee chairs is available online under the Contact Us link. Some additional changes were suggested (posting the charge of each

committee to the website, an advocacy page.)

Plan: Review the AGLP website for possible additional recommended changes.

**Item: Membership development**

Discussion: Karl has been working with the membership committee on an elevator speech to prospective members and a letter to members who have not yet renewed membership. Kenn suggests a protocol to follow to reach out to lapsed members.

Plan: Karl will collect data on the success of reach-out efforts to renewing vs. non-renewing members. He will continue to develop the elevator speech to send to the board. He will follow up with members with greater than 60 days non-renewal. Karl will assign lists of members to be contacted by individual board members.

**Item: Vice president's report**

Discussion: Eric has been working on plans for an APA symposium on gays in the military for the 2013 conference, with Vincent Gianni, a photographer of gays in the military before and after DADT. Suggestions for other panel members were also offered.

Plan: Eric will draft an email to forward to Roy to contact the AGLP membership to solicit interest in serving on the panel on the military. Eric will complete the latest version of the newsletter the week of 7/23.

**Item: Treasurer's report**

Discussion: Serena reviewed recent convention and retreat expenses. The moderator of the May 2012 board retreat in May 2012 has produced a report to help move the organization forward.

Plan: Consider a line item in next year's budget for organizational planning expenses.

**Item: John Fryer award**

Discussion: Discussion was tabled until next month's meeting.

Plan: A separate conference call to discuss covering the award honorarium will be scheduled, with background information to be distributed to the full committee.

**Item: Local arrangements committee for the APA meeting in San Francisco in 2013.**

Plan: The committee chair will be named at next month's meeting to start planning AGLP events in San Francisco.

Next meeting date: August 20th at 3:30 pm

•••

**APA/AGLP Annual Meeting  
May 4-May 10, 2012, Philadelphia, Pennsylvania**

*Photos by Eric Yarbrough, MD, and Roy Harker*



AGLP Strategic Planning Retreat at St. Asaph's in Bala Cynwyd, PA.



Opening Reception at the home of Roy Harker and Bob Ranando in University City.



Andy Tompkins, MD, staffing the booth at the Pennsylvania Convention Center.



A view from the balcony of the National Museum of American Jewish History, site of the AGLP Awards Reception.



Roy Harker, Executive Director of AGLP, preparing the meal for the Welcoming Reception.



AGLP members take a Mural Tour of downtown Philadelphia.



Serena Volpp, MD, receives the AGLP Paulsen Award from President Kenn Ashley, MD, at the Awards Reception in the newly-opened National Museum of American Jewish History.



AGLP members gathering at the Annual AGLP Awards Reception



President Kenn Ashley, MD, belatedly honors George Harrison, MD, with the 2011 Paulsen Award. George was not able to attend the last meeting in Honolulu.



The Philadelphia Local Arrangements Committee receive accolades for the work in support of the Annual Meeting.



Co-Author Mary Barber, MD, with promotion for the newly released book *The LGBT Casebook*.



National Museum of American Jewish History (dusk), © Jeff Goldberg/Esto, courtesy of National Museum of American Jewish History.

## IPS New York October 4-7, 2012

Sheraton New York Hotel and Towers  
811 Seventh Avenue at 53rd Street, New York City

### Thursday, October 4, 2012

8:30am - 11:30am

#### Getting to Zero: New Issues in HIV Prevention

Kenneth Ashley, M.D., Philip A Bialer, M.D., Geeta D Ganda, D.O., Karinn A Glover, M.D., M.P.H., Joseph Lux, M.D., Michael E Rosas, M.D., Cornell Wells, M.S.  
*Conference F, Lower Lobby, Sheraton New York Hotel and Towers*

### Friday, October 5, 2012

1:00 - 3:00pm

#### Bullying: Relationships Between Sexual Orientation, Addiction, and the Legal System in American Youth

Jose Vito, M.D.

*Conference I, Lower Lobby, Sheraton New York Hotel and Towers*

5:00pm

#### GLSEN/AGLP Bullying Project Meeting

At the Home of Stewart Adelson, MD

9:00am - 4:00pm

#### Impact of Psychiatric Disorders on HIV Management

Director: Marshall Forstein, M.D.

*New York Ballroom West, Third Floor, Sheraton New York and Towers*

### Saturday, October 6, 2012

10:00am - 11:30am

#### It Gets Better: 21st Century Standards of Care, Policy and Advocacy for Sexual Minority Adults and Youth

Kenn Ashley, M.D.

*Conference J, Lower Lobby, Sheraton New York Hotel and Towers*

12:00noon to 3:00pm

#### AGLP Fall Business Meeting

*Sheraton New York Hotel and Towers, Madison 6, Fifth Floor*

3:30 - 5:00pm

#### John Fryer, MD, Award

Marjorie J. Hill, Ph.D., Chief Executive Officer of Gay Men's Health Crisis

*Conference F, Sheraton New York Hotel and Towers*

6:00 - 8:30pm

#### AGLP/NYGLP/GLPNY Fryer Award Reception

Private home in New York. Contact Roy Harker (RHarker@aglp.org) or visit the members-only area of the AGLP website for location and details.

• • •

## Toronto AGLP Social and Recruitment Drive a Success

Chris McIntosh, Chair, AGLP Psychotherapy Committee

CMcIntosh@aglp.org

On July 29th, I held a barbecue social event at my home in Toronto. Eighteen people attended, many of whom had had no previous exposure to AGLP. My

idea to have a recruitment drive came to me when, on the last day of the Annual Meeting this year in Philadelphia, I was purchasing several copies of the LGBT Casebook at the APA bookstore in the exhibit hall. I and many other AGLP members had the tremendous opportunity to contribute to this book project, published this year to rave reviews. I realized that, with the discount to membership fees of \$50 that AGLP will provide to me for each Full member recruited, I could give a copy of the LGBT Casebook to each person who signed up (APA-member price = \$50) and come out even! Jack Drescher was nearby when I had this stroke of insight, and so he graciously signed the copies for extra added value! Three new full members signed up as a result of this initiative, and many more heard about the great work that AGLP does and browsed issues of our journal, the *Journal of Gay and Lesbian Mental Health*.



*Attendees enjoying a barbecue social event at the home of Chris McIntosh, M.D., in Toronto.*

We had several residents and a medical student come to the event, as well as a number of staff members and their partners. One of the local geriatric psychiatrists brought his two-year old son, who was adorable and possibly the most well-behaved two-year-old who has ever existed on this earth. I wish in retrospect I had emphasized in the invitation that kids were welcome. This will be one thing I will do next time which I hope will lead to more female potential recruits attending. I challenge the membership to take up this idea for member recruitment, and host your own socials in your own backyards! Toronto will host the APA and AGLP again in 2015, so we are on our way to forming a local arrangements committee at the very least.

If you are a Toronto-area member and you missed out, contact me at CMcIntosh@aglp.org so I can invite you next time. Any other members who are coming to Toronto, give me a shout and we'll give you a real Canadian welcome!

• • •

## Doctor Anonymous

Doctor Anonymous, a play by AGLP member Guy Glass, will have a reading at Luna Stage in West Orange, New Jersey at 7:30 PM on Monday, October 1st, 2012. Doctor Anonymous was inspired by historic events that led to the deletion of homosexuality from the DSM in 1973. The reading is open to the public and no reservations are required. For detailed information see [www.lunastage.org](http://www.lunastage.org), select "What's Playing," and then "New Moon Reading Series." Driving directions and instructions about public transportation from New York City may also be found on the theater's website.

• • •

## THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2011-2012

## EXCEPTIONAL CONTRIBUTION

DAVID RUDOLPH KESSLER, MD

## FOUNDING MEMBERS

KENN ASHLEY, MD

JACK DRESCHER, MD

GEORGE HARRISON, MD

UBALDO LELI, MD

EDWARD NIX, MD

LEONARD RUBIN, MD

ANDY TOMPKINS, MD

## PATRONS

JEFFREY AKMAN, MD

CURLEY BONDS, MD

MICHAEL GOLDER, MD

NORMAN HARTSTEIN, MD

DAN HICKS, MD

JAMES P. KRAJESKI, MD

PETROS LEVOUNIS, MD

ANTHONY MARINO, MD

CHRISTOPHER MCINTOSH, MD

CHESTER ROBACHINSKI, MD

MICHAEL ROCKWELL, MD

HOWARD RUBIN, MD

DAVID SCASTA, MD

ALAN SCHWARTZ, MD

LOWELL TONG, MD

TIM VALKO, MD

## SPONSORING MEMBERS

STEWART ADELSON, MD

MARY BARBER, MD

JAMES BATTERSON, MD

PHILIP BIALER, MD

STEVEN BLUESTINE, MD

ROBERT CABAJ, MD

KEVIN CARRIGAN, MD

CHERYL CHESSICK, MD

ROBERT DELGADO, MD

BENOIT DUBE, MD

WILLIAM GILMER, MD

ELLEN HALLER, MD

WILLIAM HERZ, MD

ROBERT KERTZNER, MD

JONATHAN KOELLE, MD

DAVID KREFETZ, DO

JON MARHENKE, MD

MARLIN MATTSON, MD

ROBERT J. MITCHELL, MD

J. BRETT OFFENBERGER, MD

RICHARD PLEAK, MD

WILLIAM REAMY, MD

DANIEL SAFIN, MD

JAY SMITH, MD

MARK TOWNSEND, MD

SYDNEY WRIGHT, JR., MD

PENELOPE ZIEGLER, MD

## DONATIONS TO STUDENT TRAVEL

LONNY BEHAR, MD

PHILIP BIALER, MD

JUAN BUONO-ALCARAZ, MD

WILLIAM BYNE, MD

KEVIN CARRIGAN, MD

ERIC CHRISTOPHER, MD

TIZIANO COLIBAZZI, MD

ROBERT DAROFF, MD

ROBERT DELGADO, MD

MARSHALL FORSTEIN, MD

MICHAEL GOLDER, MD

CARLOS GREAVES, MD

ELLEN HALLER, MD

WILLIAM HERZ, MD

DANIEL HICKS, MD

GARY HIRSHBERG, MD

RICHARD ISAY, MD

KARL JEFFRIES, MD

EDWARD KANTOR, MD

DAVID KREFETZ, MD

JOHN KRUSE, MD

KEWCHANG LEE, MD

EDWARD LIM, MD

PAUL LYNCH, MD

SCOTT MASTERS, MD

CHRISTOPHER MCINTOSH, MD

JOSEPH MERLINO, MD

WILLIAM NARROW, MD

RICHARD PLEAK, MD

CHARLES POPPER, MD

ALAN SCHWARTZ, MD

JAMIE SNYDER, MD

RONALD TAYLOR, MD

JOSHUA THORNHILL, MD

ANDY TOMPKINS, MD

LOWELL TONG, MD

MARK TOWNSEND, MD

DOUGLAS VANDERBURG, MD

SERENA VOLPP, MD

RONALD WINCHEL, MD

ERIC YARBROUGH, MD

FRANK YOUNG, MD

## Listings of Upcoming Subspecialty Meetings of Interests to Members

**Kenn Ashley, MD**

[KAshley@aglp.org](mailto:KAshley@aglp.org)

Many AGLP members are members of other organizations such as the ones listed here. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get together at a member's home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP, contact our President, Kenneth Ashley, MD, at [KAshley@aglp.org](mailto:KAshley@aglp.org) for more details and suggestions.

American Academy of Child and Adolescent Psychiatry

59th Annual Meeting  
Hilton San Francisco, San Francisco, California  
October 23-28, 2012

60th Annual Meeting  
Walt Disney World Dolphin Hotel, Orlando, Florida  
October 22-27, 2013

American College of Psychiatrists  
<http://www.acpsych.org/>

Grand Hyatt Kaua'i, Koloa, Kaua'i, Hawai'i  
February 20-24, 2013

Grand Hyatt, San Antonio, Texas  
February 19-23, 2014

2012 APA Institute on Psychiatric Services  
New York, New York  
October 4-7, 2012

2013 APA Institute on Psychiatric Services  
Philadelphia, Pennsylvania  
October 10-13, 2013

2014 APA Institute on Psychiatric Services  
San Francisco, California  
October 30-November 2, 2014

2015 APA Institute on Psychiatric Services  
New York, New York  
October 8-11, 2015

Association of Women Psychiatrists  
<http://www.associationofwomenpsychiatrists.com/index.php>  
Meetings have been in conjunction with the Annual APA Convention  
For more details, please see the website above.

Black Psychiatrists of America (BPA)  
<http://www.blackpsych.org/>

•••



### WELCOME TO OUR NEW MEMBERS

**Sean Allan, M.D.**  
New York, NY

**Thomas Lewis, III, M.D.**  
Charleston, SC

**Jordan Balter, D.O.**  
Saint Louis, MO

**Jennifer Middleton, M.D.**  
Northampton, MA

**David Beckert, M.D.**  
Charleston, SC

**Julio Mocellin Bernardi, M.D.**  
St. Louis, MO

**Neff Breen, M.D.**  
Portland, OR

**Maureen Murphy-Ryan, M.D.**  
Rochester, MN

**Brian Cassmassi, M.D.**  
New Haven, CT

**Richard Pope**  
Beverly Hills, CA

**Duncan Cheng, M.D.**  
New York, N.Y.

**Rahim Rahemtulla, M.D.**  
Philadelphia, PA

**Jigar Chotalia**  
New Orleans, LA

**Anthony Ricci**  
White Plains, N.Y.

**George Crits, M.D.**  
Long Beach, CA

**David Robertson, M.D.**  
Toronto, ON, Canada

**Esteban Fuertes, M.D.**  
Santa Maria, CA

**Daniel Roman, M.D.**  
Brooklyn, NY

**Philmore Halls, MA**  
Union City, NJ

**Jeffrey Schlund, M.D.**  
Glendale, CA

**Howard Hernandez, M.D.**  
Boston, MA

**Coen van Gestel, M.D.**  
Laren, The Netherlands

**Rebecca Hopkinson, M.D.**  
Brooklyn, N.Y.

**Peter Voore, M.D.**  
Toronto, ON, Canada

**Edward Kantor, M.D.**  
Charleston, SC

**Cecil Webster, M.D.**  
Cambridge, MA

**Ray Kotwicki, M.D.**  
Atlanta, GA

**Gernot Langs, M.D.**  
Hamburg, Germany

**Joshua Leo, M.D.**  
Boston, MA



**Harrington Park Press, formerly an imprint of The Haworth Press, has been re-launched by its founder, Bill Cohen, as a small LGBT book/ebook publishing house.**

Our aim will be to:

- focus initially on LGBT topics
- maximize dissemination of research and impact in the scholarly and practitioner community
- take advantage of the global reach increasingly made possible through ebook co-publication
- encourage a select number of submissions by emerging and recognized scholars which have a potential appeal for advanced course adoptions, interdisciplinary and non-specialist audiences

For additional information, go to:

**[www.HarringtonParkPress.com](http://www.HarringtonParkPress.com)**



