



**AGLP**  
*Opening Minds*

VOLUME XXXVIV(2) • MAY 2013

In this issue . . .

AGLP in San Francisco <i>George Harrison, MD, and Roy Harker, Executive Director</i>	<b>1</b>
Editor's Column <i>Eric Yarbrough, MD</i>	<b>2</b>
President's Column <i>Kenneth Ashley, MD</i>	<b>3</b>
Vice-President's Column <i>Eric Yarbrough, MD</i>	<b>4</b>
Bay Area Rainbow Symphony <i>Gene Nakajima, MD</i>	<b>4</b>
AGLP Symposium 2013: DADT <i>Eric Yarbrough, MD</i>	<b>4</b>
AAOL Report <i>David Scasta, MD</i>	<b>6</b>
Caitlin Ryan accepts Fryer Award <i>Mary Barber, MD</i>	<b>7</b>
AGLP Sponsors	<b>8</b>
AGLP Exec Committee Minutes <i>Jonathan Weiss, MD</i>	<b>9</b>
AGLP 2013 Awards Winners <i>Ubaldo Leli, MD, Eric Yarbrough, MD</i>	<b>11</b>
AGLP Annual Meeting Schedule	<b>12</b>
New AGLP Smart Phone App <i>Roy Harker</i>	<b>14</b>
Upcoming Subspecialty Meetings <i>Kenn Ashley, MD</i>	<b>15</b>
Welcome to our new Members	<b>15</b>
Membership Forms	<b>16</b>



*Photo by Carl Wilmington courtesy of the San Francisco Visitors and Convention Bureau.*

## **AGLP in San Francisco May 17th through May 22nd** **George Harrison, M.D., and Roy Harker, Executive Director**

**O**n behalf of the Local Arrangements Committee, welcome to San Francisco. Whether it is your first visit or your first visit this month, we are sure that you're going to find a happy diversion while you are here. Something unexpected as well as maybe a little something to take back home with you. We hope that you find our town as engaging as we do because we're always proud to show off for our guests.

Everything should be in order. We've shaken off the shroud of that unpleasant recession and now the construction cranes are sprouting like spring flowers all over town. With a resurgence of the local economy, new restaurants and a revitalized arts community have flourished. We've even cast a new set of jewels over the Bay Bridge.

So check the Meeting schedule for the events that you won't want to miss, make those hard to get reservations for the restaurants on the tip and prepare to see yourself in a new light, San Francisco Style.

The AGLP Host Hotel in San Francisco is the INTERCONTINENTAL SAN FRANCISCO (888 Howard Street, San Francisco, California 94103 <http://www.intercontinentalsanfrancisco.com/>). The hotel features a fitness center, indoor pool, a location just one block from the Convention Center, is pet friendly, and provides free Internet access. Our hospitality suite is located in this hotel and is open on Monday and Tuesday, May 20 and 21.

*Continued on page 5*

**Complete Schedule  
information begins on  
page 12.**

## The Newsletter of the Association of Gay and Lesbian Psychiatrists

Editor, Eric Yarbrough, MD

Published quarterly from 4514 Chester Avenue,  
Philadelphia, PA 19143-3707.

The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

### INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to: Eric Yarbrough, M.D., Editor, *Newsletter* of the AGLP; 411 W 114th Street Suite 4B; New York, NY 10025; Office Phone: 212-523-6936; Fax: 212-523-4911; E-mail: EYarbrough@aglp.org). Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is July 15, 2013.

### ADVERTISING RATES

The *Newsletter* of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$350
Half-Page Ad	\$250
Business Card	\$125

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.



View this and all  
AGLP Newsletters  
by visiting our  
website at  
[www.AGLP.org](http://www.AGLP.org).  
Scan the QR  
Code to the left  
to visit the entire  
archive.

### AGLP National Office

Roy Harker, Executive Director  
rharker@aglp.org  
4514 Chester Avenue  
Philadelphia, PA 19143-3707  
Voice: (215)222-2800  
Fax: (215)222-3881  
aglp@aglp.org  
[www.aglp.org](http://www.aglp.org)

## Editor's Column Eric Yarbrough, MD

EYarbrough@aglp.org



Eric Yarbrough, MD

I had the fortunate adventure of going back to Alabama after having last visited more than two years ago. As many people who leave a rural place, go to a large city and return may attest, not much had changed. New York City is ever changing. Restaurants are opening and closing, buildings are going up and down, and only the street signs, for the most part, remain untouched. Alabama is quite different. The only changes that occur there are usually due to natural disasters. Buildings I've recognized since childhood are the same and have oddly not aged a day. Change is not at all welcome there and typically left to those who end up leaving out of frustration.

The change that did occur in Alabama actually was a natural disaster. Tornadoes are quite common there and typically leave paths of destruction. They come quickly with little warning, rip up trees by their roots, and houses come off their foundations. People are usually take cover underground and wait for the tornado to pass. The chaos can last just a few minutes. Three days before my arrival, a series of tornadoes had struck the state. Electricity had just been restored prior to my arrival. I could tell where the tornadoes had been because there were big areas of trees missing. They looked like scars on the landscape. Big sections of pines were missing and looked as if a giant bulldozer had simply plowed them away.

The Alabama trip was mostly uneventful. After visiting my family, I rented a car so I could drive to North Carolina to visit some friends. On the long five hour drive I needed some entertainment and made the mistake of turning on the radio. The locals were discussing the supreme court's arguments regarding same-sex marriage. I have to give credit to the radio hosts. They were attempting to have an adult conversation about the topic. Sadly the callers were not having any part of that. One woman called in to said, "gays are allowed to marry in places like New York and Massachusetts and I know for a fact that if I move there I have to get gay married. Well I don't want anything like that happening here. Obama wants to make Alabama gay and everyone here to get gay married." You'd think I would have changed the channel at that point. My masochistic side wouldn't let me. This caller was not an isolated incident of ignorance. Many of the callers repeated these beliefs, although not quite so eloquently. It's as if a group of people were stuck in some sort of vortex. The rest of the world was moving onward and progressing. They were holding fast to old beliefs.

**Much like the paths of missing trees on the Alabama landscape, I became more aware of the lasting scars of living in that environment. My old wounds, while well-hidden by years of training and treatment, could be opened again, although not as raw as before.**

One of my lingering duties at St. Luke's Roosevelt is to teach the PGY2 residents about psychotherapy and separately about LGBT issues. In the LGBT section, I focus on internalized homophobia and the lasting effects of living in a homophobic society. Listening to that radio show reminded me of the possibilities of my own internalized homophobia. Growing up and being subjected to those beliefs can leave scars. The words of that caller stung. Much like the tornado they were quick and shook my foundation. Much like the paths of missing trees on the Alabama landscape, I became more aware of the lasting scars of living in that environment. My old wounds, while well-hidden by years of training and treatment, could be opened again, although not as raw as before. The vegetation will return to those scars on the Alabama landscape. Trees will grow after the destruction is cleared. People are there that will help with that. Locals come out with their chainsaws and trucks and do their duty to clean up the roadways and driveways. The scars of internalized homophobia can be repaired as well. While lasting, the space provided leaves an open canvas for growth and renewal.

**President's Column**

Kenneth Ashley, M.D.

KAshley@aglp.org



Kenn Ashley, MD

**What comes next?**

We are feverishly finalizing plans for AGLP events during the upcoming APA Annual Meeting in San Francisco. Included in those events will be: AGLP Symposium "Bringing the Uniform Out of the Closet: Artistic and Clinical Perspectives of Gay Military Life Before and After Don't Ask Don't Tell," the 2013 John Fryer, M.D. Award and Lecture for Caitlin Ryan, Ph.D., ACSW Director, Family Acceptance Project, San Francisco State University, an AGLP Private Docent-led Tour of Kehinde Wiley's "The World Stage: Israel," and the AGLP Annual Awards Reception. Please refer to the upcoming events page of the AGLP website for the details regarding these and the other great AGLP events that will be taking place during the meeting. I would like to thank everyone for all their hard work!

Before I left on a recent trip to Nepal (great trip and great trekking, in spite of my luggage being lost in transit—very generous friends made it all okay!) all of the talk was about the Supreme Court and gay marriage. While the jury is still out, literally, it seems that many think the ruling, however wide or narrow, favor gay marriage.

Recently I attended a reading of works by gay black men from the 1980s and '90s at the Whitney Museum, which reminded me of how different the world seemed back then. At the time the gay community was focused on AIDS. When marriage was discussed, it was hoped that we would be able to create something better. Unfortunately, it was difficult to break out of the box of "marriage" and it is what we are left with—both the good and bad aspects of the institution.

Hopefully, the ruling of the Supreme Court will favor gay marriage then it will be interesting to see what happens. It is doubtful that heterosexual marriages will begin imploding all around us! The status of domestic partnerships could prove to be interesting. Some couples in New York State are being told that since same-sex marriage is now legal, to maintain partner benefits they must marry.

**Whatever comes next, it will be an interesting and exciting time as long as people realize that the world circumstance can, and should be improved, that people need to remain engaged!**

Another question is what will be the next big issues for the LGBT community? There may be a return to the issue of HIV, which still predominantly affects the LGBT community. It seems likely that there will be some interesting coalitions created on issues that are not specifically LGBT, such as immigration; issues that are about social and economic justice. Whatever comes next, it will be an interesting and exciting time as long as people realize that the world circumstance can, and should be improved, that people need to remain engaged!

Please contact me if you have any questions, suggestions, comments. Also, we are constantly looking for more people to be involved in AGLP.

I hope to see many of you in San Francisco!

•••

## AGLP Board of Directors, Advisory Council, and Standing Committees 2012-2013

**PRESIDENT**

Kenn Ashley, M.D. 212-844-1864 KAshley@aglp.org

**VICE-PRESIDENT**

Eric Yarbrough, M.D. 646-256-7009 EYarbrough@aglp.org

**IMMEDIATE-PAST PRESIDENT**

Ubaldo Leli, M.D. 212-532-1204 ULeli@aglp.org

**SECRETARY**

Jonathan Weiss, M.D. 646-285-2436 JWeiss@aglp.org

**TREASURER**

Serena Volpp, M.D. 443-834-3215 SVolpp@aglp.org

**NEWSLETTER EDITOR**

Eric Yarbrough, M.D. 646-256-7009 EYarbrough@aglp.org

**JOURNAL OF GAY AND LESBIAN MENTAL HEALTH**

Mary Barber, M.D. 845-680-8032 MBarber@aglp.org

Alan Schwartz, M.D. 212-727-0923 ASchwartz@aglp.org

Robert Kertzner, M.D. 415-441-6196 RKertzner@aglp.org

**EXECUTIVE DIRECTOR**

Roy Harker 215-222-2800 RHarker@aglp.org

**AGLP ADVISORY COUNCIL****MEMBERSHIP**

Chris McIntosh, M.D. CMcIntosh@aglp.org

**MEDICAL STUDENTS**

Joshua Carroll medstudents@aglp.org

Scott Grossman

**PSYCHIATRIC RESIDENTS AND FELLOWS**

Laura Erickson-Schroth, M.D., M.A. LErickson-Schroth@aglp.org

**EARLY CAREER PSYCHIATRISTS**

Dan Safin, M.D. DSafin@aglp.org

**ETHNIC MINORITY MEMBERS**

Amir Ahuja, M.D. AAhuja@aglp.org

**EDUCATION COMMITTEE**

Andy Tompkins, M.D. 443-834-3215 ATompkins@aglp.org

**CHILD AND ADOLESCENT PSYCHIATRISTS**

Jonathan Weiss, M.D. JWeiss@aglp.org

**WOMEN**

Sarah Noble, M.D. SNoble@aglp.org

**PSYCHOTHERAPY**

Chris McIntosh, M.D. CMcIntosh@aglp.org

**HIV-AFFECTED MEMBERS**

Paul Browde, MD PBrowde@aglp.org

**INTERNATIONAL MEMBERS**

Gene Nakajima, M.D. GNakajima@aglp.org

**TRANSGENDER MEMBERS**

Jack Pula, M.D. JPula@aglp.org

**WEB EDITOR**

Maureen Murphy-Ryan, M.D. MMurphyRyan@aglp.org

**ASSEMBLY DELEGATES TO THE CAUCUS OF GAY, LESBIAN AND BISEXUAL PSYCHIATRISTS**

Dan Hicks, M.D. (President)

Philip Bialer, M.D.

Ubaldo Leli, M.D.

**AGLP REPRESENTATIVE TO THE APA ASSEMBLY**

David Scasta, M.D. DScasta@aglp.org

**APA COMMITTEE ON GLB ISSUES**

Anand Pandya, M.D. APandya@aglp.org

•••

## Vice-President's Column

Eric Yarbrough, MD

EYarbrough@aglp.org

**M**any activities are yet again planned this year for the AGLP portion of the APA annual convention. Several members of AGLP will be presenting, as they do yearly, and I'm happy to say that many of our members speak about LGBT and other psychiatry-related topics.

Our headliner for this year is the AGLP symposium focusing on gays in the military. We have mental health care professionals with a background in the military coming to talk about their personal and professional experiences with "Don't Ask, Don't Tell." AGLP is also lucky enough to have Vincent Cianni, a prolific photographer, coming to give his experiences seeing and photographing those that have been affected by the policy. The symposium looks to be very informative and I want to remind our members that it was paid for by our AGLP budget. Any extra donations you can make to help pay for the symposium would be greatly appreciated. Please see the website for details.

I also want to highlight that we always have excellent networking activities for medical students and residents. Each year we have a trainee brunch that normally takes place on Sunday. Following the brunch, there is typically a social outing that evening where the residents and students can further network in a more relaxed atmosphere. Marshall Forstein is planning to continue his resident process group. I'm not aware of any other group like it in the country. It gives trainees a chance to come together, once a year, and discuss topics related to being both LGBT and a mental health care worker. I have attended for several years and always found it to be beneficial. Many of the people in the group remain in contact and see each other from year-to-year at the conventions. This type of networking is one of benefits of being involved in our organization.

Please don't forget to check our AGLP website for up-to-date information about the events taking place in San Francisco. There is an application available for smart phones to make the schedule more accessible to everyone.

I look forward to seeing everyone throughout the conference and my hope is that you'll see the continued benefits of belonging to our organization. Our social and educational activities make a difference and support our cause. It's the members that keep the group alive and we rely on you every year to renew your membership and stay active. See you in San Francisco!

...

## The Bay Area Rainbow Symphony welcomes AGLP

The Bay Area Rainbow Symphony (BARS) is San Francisco's LGBT orchestra. Now in its fifth year it has over 80 members, of which four are gay psychiatrists, Clayton Bullock, MD (violin), Gary Huang, MD (violin), Gene Nakajima, MD (clarinet) and Randy Rischette, MD (horn). These psychiatrists, along with other colleagues from the orchestra, "The Rainbow Chamber Players" will present a chamber music concert during the APA convention, at St. Matthews Lutheran Church, 3281 16th St., at Dolores, on Saturday May 18th at 6:00 pm. A reception follows at 538 Sanchez St. at 18th St. They will perform music of three gay composers, Francis Poulenc's Sextet for Piano and Winds, local composer Nicholas Pavkovic, who will introduce his wind quintet, and John Ireland's (a romantic composer and teacher of Benjamin Britten's) Sextet for



From L to R Gene Nakajima, MD Gary Huang, MD, Randy Rischette, MD, Sung Choi, Clayton Bullock MD and Richard Horan

clarinet, horn and string quartet. They will also play a couple of movements from Brahms' Clarinet Quintet. St. Matthews Church is close to the 16th St. BART station, and the J Church Muni (16th St stop). The concert is free but donations will be accepted for BARS.

Wednesday May 22, 7:30pm to 10:00pm,

(feel free to drop in anytime) Bay Area Rainbow Symphony rehearsal. San Francisco's LGBT orchestra will rehearse Saint Saens Symphony #3 "Organ", Elgar's Cello Concerto, Assad's Brazilian Fanfare. For location and details, please email artistic@bars-sf.org For more info see <http://bars.sf.org>

...

## AGLP 2013 Symposium

### Bringing the Uniform Out of the Closet: Artistic and Clinical Perspectives of Gay Military Life Before and After Don't Ask Don't Tell

Tuesday, May 21, 2:00pm - 5:00pm

Moscone West - Level 3, Room 3001, Moscone Convention Center

**"D**on't Ask Don't Tell" was a United States policy that ended in September of 2011. While instated and even after, it has had negative effects on homosexuals serving in the military. Mental health care workers need to understand how this policy has affected both those serving as well as their families. This presentation will explore the effects of DADT from several viewpoints. Service members' stories will be shared through a photojournalism project of photos and oral interviews with service members affected by the military's ban on homosexuals serving. This constitutes an ethnographic record of these service members' stories that is a window into the broader mental health concerns of the population. A professional narrative will help attendees understand how policy changes came about and explain ways to identify and treat lasting scars. Other discussants will share personal accounts as well as contrast our military to those in other countries.

Two of the presenters share especially poignant perspectives. Vincent Cianni is a photographer with recent subject matter focusing on "Don't Ask Don't Tell". <http://vincencianni.com/>. LT Donald Bramer was a recent speaker at one of Vincent's openings and will be giving his personal account of how the policy change has affected him.

Chair: Eric Yarbrough, MD Callen-Lorde Community Health Center  
Discussant: LT Donald Bramer, BS

AGLP in San Francisco  
Continued from Page 1

AGLP's 2013 Symposium, "Bringing the Uniform Out of the Closet: Artistic and Clinical Perspectives of Gay Military Life Before and After Don't Ask Don't Tell" promises to be a highlight of the APA's educational offerings. It is being held at the Moscone Convention Center on Tuesday, May 21, beginning at 2:00pm.

There are a large number of receptions planned for AGLP members attending the convention. The first is Friday night, May 17, at the home of John Kruse. Then on Saturday, May 18, Gene Nakajima and Howard Rubin will host a reception in their home beginning at 8:15pm following the Rainbow Chamber Players concert (more information on that program appears on page 4.) On Sunday, May 19, Ellen Haller is hosting an event for AGLP women at her home beginning at 7:00pm (RSVP for this event at [www.aglp.org](http://www.aglp.org)), Dan Karasic is hosting a reception for the AGLP Trans Committee in his home at 7:30pm, and a Minority-Psychiatrist Evening is planned at a local restaurant beginning at 7:00pm followed by a reception at the home of Richard Shapiro on Folsom Street. The evening is brought to a close (well, maybe for some of us!) by an event hosted by Blush Wine Bar beginning at 10:00pm. Details on this and all AGLP social events are available online at [www.aglp.org](http://www.aglp.org), in the *AGLP Guide to San Francisco*, and beginning on page 12 of this newsletter.

There are a large number of social events planned for Resident/Medical Student members attending the Annual Meeting on Friday, Sunday, and Monday.

Our Annual Awards Reception is in the Congregation Sha'ar Zahav Temple at 290 Delores Street (at 16th Street) on Monday evening, May 20, beginning at 7:00pm. The event is preceded by a private VIP Reception for AGLP Sponsors, Patrons, and their guests beginning at 6:00pm.

A special private tour of the exhibit Kehinde Wiley, *The World Stage: Israel*, is being offered on Monday, May 20 beginning at 11:00am. The docent-led tour, at the The Contemporary Jewish Museum, is offered at \$22.00 for AGLP Members Members and free to AGLP Sponsors and Patrons. Admission Includes entrance to the museum for other exhibits. RSVP only, no walk-in allowed!

As always, there is much planning that has gone into making your stay during the Annual Meeting a pleasant one!



**The AGLP Guide to San Francisco**, edited by George Harrison, MD, will be available at the AGLP Booth and the AGLP Hospitality Suite starting Sunday, May 19. Be sure to pick up your copy of this ever-popular publication with information on things to do, places to go, and our favorite restaurants! It is available online as well in a very convenient pdf format with links embedded.

AGLP Symposium 2013  
Continued from Page 4

### Gays in the Military: How America Thanked Me

*Gays in the Military: How America Thanked Me* is a visual and audio investigation into the effects and aftermath of the military's ban on lives and careers of LGBT service members from WWII veterans to recent enlistees and active duty personnel. The project combines photographs, text and audio recounting their



LT Donald Bramer

experiences of discrimination, harassment and civil and human rights abuses. Even though Don't Ask, Don't Tell, implemented during the Clinton administration in 1993, has recently been repealed, there have been considerable effects from the ban on homosexuality in the military over the years. The photographer discusses his project of taking photographs and conducting interviews of military veterans and service members affected by the ban on gays and lesbians serving in the military, either before or after the enactment of the Don't Ask, Don't Tell policy and after its repeal. .

Presenter: Vincent Gianni, MFA



Vincent Gianni, MFA

### From Other Parts of the World

This portion of the presentation will focus on gays and lesbians serving in the armed forces in other parts of the world. The presenter is a currently serving military psychiatrist in the Norwegian Defense Medical Services, with deployments in Kosovo and Afghanistan. Norway has allowed gays and lesbians to serve in the armed forces since 1977.

Presenter: Major Øyvind Erik Jensen, MD



Mary Barber, M.D.

### Changing the Policies; Insider's view

This portion of the presentation will focus on how "Don't Ask Don't Tell" was viewed and changed from within the military. It will briefly cover the evolution of Don't Ask; Don't Tell from the perspective of a military psychiatrist. Personal vignettes from Korea, Somalis and Iraq will be shared.

Presenter: Dr. Elspeth Ritchie, MD, MPH

### Discussion: Mental Health Effects of Don't Ask Don't Tell

Psychiatry has had a long relationship with the military and homosexuality. Prior to 1973, psychiatrists helped the military screen out gays and lesbians from service. Following the removal of homosexuality from the DSM, this was no longer the case, and in 1990 the APA issued a statement against discrimination in the workplace, including the military, on the basis of sexual identity. Don't Ask Don't Tell put military psychiatrists and service members needing mental health treatment in a difficult position, and was a constant source of psychological stress on those serving.

Presenter: Mary Barber, MD



David Scasta M.D.

## Assembly Allied Organizations Liaison Report

David L. Scasta, MD, AGLP

Representative to the Assembly of the APA

DScasta@aglp.org

**T**he Assembly has been quite active in the last six months. In the fall plenary, the Assembly endorsed DSM-5. DSM-5 is currently being printed and the APA is accepting pre-orders. It will also be available at the annual meeting in San Francisco along with training courses.

The Assembly has been aware of pending CPT coding changes since last year. CPT coding is owned by the American Medical Association and is used in virtually all insurance and Medicare billing. Dr. Ron Burd was the APA's representative to the CPT code committee. However, he was prohibited from revealing any substantive information about pending code changes while the committee was deliberating. The new code changes have recently been published and caught everyone off guard including the Assembly. All of the 908\*\* codes for psychiatry have been dropped in favor of E/M codes. The E/M codes are more complex and have additional requirements such as documentation of a review of systems. They also may benefit psychiatrists by allowing additional codes for complex cases. However, the medical insurers have been repricing psychiatric procedures, reducing overall reimbursement to be cost neutral or even to the benefit of the insurer. The issue is complicated by parity rules which federally mandate mental health benefits equal to medical benefits. Many insurers however are simply ignoring the law. APA members who are not granted parity are encouraged to contact the APA which is putting pressure on the carriers to comply with the law. The Assembly has made it a priority to communicate with members about the changes in CPT coding since they affect the bottom line of most members. A summary of the changes can be found at: <http://www.psychiatry.org/practice/managinga-practice/coding-reimbursement> or by typing "CPT coding" in the search engine on the APA website, [www.psychiatry.org](http://www.psychiatry.org).

The APA Department on Government Relations continues to be worried about scope of practice issues as psychologists push for the right to prescribe medications in a number of states, including my own state of New Jersey.

Speaking of New Jersey, legislation has been proffered making it illegal to provide reparative-type therapies to minors. The New Jersey Psychiatric Association's state lobbyist, Tim Martin, asked for instantaneous comments on the proposed legislation as requested by the legislative committee that was reviewing it that same day. I wrote the following:

"Tim, I am the representative of the Association of Gay & Lesbian Psychiatrists to the Assembly of the APA and a former president of that organization. What I am about to say is personal and does not represent AGLP which has not taken a stance so far on legal proscriptions of Conversion Therapy. I suspect that members of the organization in fact may have the opposite view if polled.

"I am opposed to laws which forbid Conversion Therapy. I think such laws are a slippery slope. It is only a matter of time and circumstance before a therapy or school of psychiatry which we favor falls under political pressures

and becomes illegal. The remedy for Conversion Therapy is twofold, in my opinion: First, there MUST be informed consent. The therapist must tell the client (and/or parent) that there is no evidence that any therapy will change sexual orientation and attempts to change sexual orientation predictably will be more harmful than accepting one's sexual orientation, whatever that is. The therapist MUST tell the client that all major mental health organizations have concluded that there is no need to change sexual orientation and that same sex orientation from a scientific standpoint represents no impairment or psychological pathology. The second remedy is scientific study and discourse which has consistently revealed that reported change is more often than not illusory. I do not believe that sexual orientation NEVER can be changed, just that change is so rare that the cost/benefit of attempting change is so far on the side of likely to harm as to make efforts at change highly inadvisable. That being said, there are some individuals, for whom mental health is more dependent upon religious congruity than any other part of their lives and may want to attempt to change sexual orientation, fully understanding the risks. I believe that that choice is ultimately the client's. Efforts at change, even unsuccessful, may be a necessary step to religious maturation and self-acceptance. These matters are so complicated and individually specific that I believe that efforts to legally intervene are misguided. Malpractice lawyers monitoring informed consent procedures are more likely to be successful in limiting Conversion Therapies than the legislature.

"The matter is more difficult with regard to minor children who are being sent by parents for Conversion Therapy. The children are not in a position to give informed consent. While I believe that children as young as 14 can consent to treatment, they may not be in a position to refuse treatment because of their parents' strong opinion. I therefore do not oppose legislation preventing conversion therapy in children under 18 until such time as there is convincing evidence that Conversion Therapy is effective and not harmful (which is unlikely)."

The NJPA asked me to attend its council meeting where I showed AGLP's film, *Abomination: Homosexuality and the Ex-Gay Movement*, which was well received. After extended discussion, the Council voted to simply use my statement as NJPA's response to the legislature, which in essence endorsed the bill based on its exclusive focus on minors. It would have been helpful to have had an AGLP position on the issue ahead of time since Mr. Martin only had about 12 hours to come up with an NJPA response (although the legislation was subsequently tabled allowing the NJPA to weigh in with more deliberation.)

A well-known gay activists and the founding editor of POS Magazine, Sean Strubb, is pursuing a campaign to limit laws criminalizing HIV transmission. Some of the state laws are draconian and I think would be quite a shock to our members if they realized what is being proposed and how laws are being imposed. He indicates that at least one state criminalizes transmission even when the HIV positive individual informs the HIV negative individual that he is indeed positive and condoms are used but transmission allegedly occurred anyway. Mr. Strubb has developed a documentary on this issue. It would be helpful to have AGLP weigh in also.

In November of 2011 the Assembly passed an action paper by Dr. Phil Bialer (GLB Caucus representative) and myself calling on the APA to consolidate the 11 different position papers relating to issues of homosexuality. I have been working with an ad hoc committee composed of myself and Drs. Bialer, Haller, and Pandya. We have finished the initial draft, which is listed below. The draft is in the hands of the Council on Minority Mental Health and Mental Health

*Continued on Page 14*



Caitlin Ryan, Ph.D.

**Caitlin Ryan, Ph.D.,  
ACSW, Director, Family Acceptance  
Project, San Francisco State  
University, accepts the 2013 AGLP  
John Fryer Award**

Award Presentation and Lecture

Tuesday, May 21, 2013

Room 134, Exhibit Level, North Bldg.,  
Moscone Convention Center from 9-10:30AM

**C**aitlin Ryan, PhD, ACSW, a pioneer in lesbian, gay, bisexual and transgender (LGBT) health and mental health will receive the John E. Fryer Award from the American Psychiatric Association (APA) at their annual meeting on May 18, 2013 for major contributions to the mental health and well-being of LGBT people. The award is presented by the APA in association with the Association of Gay and Lesbian Psychiatrists and given in honor of Dr. John Fryer, a gay psychiatrist who played a crucial role in prompting the American Psychiatric Association to review the scientific data and to remove homosexuality from the APA's diagnostic list of mental disorders in 1973.

A clinical social worker, researcher and policy expert, Dr. Ryan's groundbreaking contributions to LGBT health and mental health have spanned nearly 40 years through early community development, program implementation, research, policy and systems change. Dr. Ryan received her clinical training with children, adolescents and adults in inpatient psychiatric and community mental health programs. Dr. Ryan has an undergraduate degree

with a concentration in human sexuality from Hunter College, a master's degree in clinical social work from Smith College School for Social Work, and a doctorate in public policy with a focus on health policy from Virginia Commonwealth University. She directs the Family Acceptance Project at SF State University.

Prior to the AIDS epidemic in the 1970s, her early organizing activities helped establish a national network of LGBT health and mental health providers throughout the United States that provided a platform to address critical LGBT health, mental health and AIDS-related issues. Dr. Ryan pioneered community-based AIDS services at the beginning of the epidemic; initiated the first major study to identify lesbian health needs in the late 1970s and early 1980s; and has worked to implement quality care, evidence-based practice and family-related services for LGBT youth since the early 1990s.

Recognizing that the approach to serving LGBT adolescents focused either on individual or peer support, and that research and practice had not included families — who play a critical role in the health and well-being of children and adolescents, overall — Dr. Ryan launched the Family Acceptance Project in 2002 to study LGBT adolescents in the context of their families, culture and faith communities and to develop the first evidence-based family intervention model to promote healthy futures for LGBT children and youth.

After publishing seminal research that established the essential role that families play in the health and well-being of their LGBT children, Dr. Ryan and her team from the Family Acceptance Project at SF State University have been developing evidence-based family education resources and intervention approaches to help ethnically and religiously diverse families support their LGBT children to prevent health and mental health risks, placement in custodial care and homelessness and to promote well-being. These include the first "Best Practice" resources for suicide prevention for LGBT youth and young adults designated by the national Best Practices Registry for Suicide Prevention, and published in multi-lingual and faith-based versions.

Dr. Ryan's work has helped guide the delivery of care for LGBT populations through foundational policy and practice guidelines. These include co-authoring the first guidelines on AIDS policy for members of Congress, state and local officials that provided the framework for more than half of the recommendations for the first U.S. Presidential Commission on AIDS; co-authoring the first clinical care guidelines and the first guide to health and mental health care for LGBT youth for the Health Resources and Services Administration; and co-authoring the first guidelines for care of LGBT out-of-home youth published by the Child Welfare League of America and disseminated to child welfare systems across the country.

Dr. Ryan's work has been recognized by all of the major mental health professional associations, including the American Counseling Association's Counselors for Social Justice, the National Association of Social Workers, the American Psychological Association's Division 44 which awarded her the Distinguished Scientific Contribution Award; and many other professional and community organizations and groups.

Dr. Ryan served as a member of the Committee on LGBT Health for the Institute of Medicine, National Academy of Sciences and the LGBT Populations Task Force of the National Action Alliance for Suicide Prevention. She trains on her work across the U.S. and internationally. And she is collaborating with agencies, organizations, faith communities and providers to develop an international movement of family acceptance to promote wellness and healthy futures for LGBT children, youth and young adults.

About the Family Acceptance Project: The Family Acceptance Project is a research, intervention, education and policy initiative that is designed to: 1) decrease health and mental health risks and promote well-being for LGBT children and adolescents; 2) strengthen and help ethnically and religiously diverse families to support their LGBT children; 3) help LGBT youth stay in their homes to prevent homelessness and the need for custodial care in the foster care and juvenile justice systems; 4) inform public policy and family policy; and 5) develop a new evidence-based, family model of wellness, prevention, and care for LGBT children and youth. For more information, please visit: <http://familyproject.sfsu.edu/>

Created by AGLP in 2006, The John E Fryer, MD Award honors an individual whose work has contributed to the mental health of sexual minorities. The award was endowed through a generous grant from the Gill Foundation, a bequest from the estate of psychiatrist Frank Rundle, and contributions from many AGLP members. Other past awardees include Barbara Gittings and Franklin Kameny; Past APA President Laurence Hartmann; Psychiatrist and Researcher Richard Pillard; San Francisco Mayor Gavin Newsome; LGBT activist Evan Wolfson; and Bishop Gene Robinson.

• • •

## THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2013-2014

## EXCEPTIONAL CONTRIBUTION

DAVID RUDOLPH KESSLER, MD

## FOUNDING MEMBERS

KENN ASHLEY, MD

JACK DRESCHER, MD

UBALDO LELI, MD

EDWARD NIX, MD

LEONARD RUBIN, MD

ANDY TOMPKINS, MD

## PATRONS

JEFFREY AKMAN, MD

CURLEY BONDS, MD

WILLIAM COHEN

MICHAEL GOLDER, MD

GEORGE HARRISON, MD

NORMAN HARTSTEIN, MD

DAN HICKS, MD

JAMES P. KRAJESKI, MD

PETROS LEVOUNIS, MD

ANTHONY MARINO, MD

CHRISTOPHER MCINTOSH, MD

HOWARD RUBIN, MD

DAVID SCASTA, MD

ALAN SCHWARTZ, MD

LOWELL TONG, MD

TIM VALKO, MD

ERIC YARBROUGH, MD

## SPONSORING MEMBERS

STEWART ADELSON, MD

MARY BARBER, MD

PHILIP BIALER, MD

JAMES BATTERSON, MD

LONNY BEHAR, MD

STEVEN BLUESTINE, MD

ROBERT CABAJ, MD

CHERYL CHESSICK, MD

ROBERT DELGADO, MD

BENOIT DUBE, MD

WILLIAM GILMER, MD

CARLOS GREAVES, MD

ELLEN HALLER, MD

WILLIAM HERZ, MD

ROBERT KERTZNER, MD

JONATHAN KOELLE, MD

DAVID KREFETZ, DO

MARLIN MATTSON, MD

ROBERT J. MITCHELL, MD

J. BRETT OFFENBERGER, MD

ANAND PANDYA, MD

RICHARD PLEAK, MD

DANIEL SAFIN, MD

DANIEL SEWELL, MD

MAURICE SMITH, MD

SERENA VOLPP, MD

SYDNEY WRIGHT, JR., MD

PENELOPE ZIEGLER, MD

## DONATIONS TO STUDENT TRAVEL

LONNY BEHAR, MD

PHILIP BIALER, MD

JUAN BUONO-ALCARAZ, MD

WILLIAM BYNE, MD

KEVIN CARRIGAN, MD

ERIC CHRISTOPHER, MD

ROBERT DAROFF, MD

MARSHALL FORSTEIN, MD

MICHAEL GOLDER, MD

CARLOS GREAVES, MD

ELLEN HALLER, MD

RICHARD HERSH, MD

WILLIAM HERZ, MD

DAN HICKS, MD

KARL JEFFRIES, MD

EDWARD KANTOR, MD

DAVID KREFETZ, DO

JOHN KRUSE, MD

GERNOT LANGS, MD, PHD

KEWCHANG LEE, MD

EDWARD LIM, MD

JAMES LINDSEY, MD

PAUL LYNCH, MD

DANIEL MARDONES, MD

SCOTT MASTERS, MD

CHRISTOPHER MCINTOSH, MD

JOSEPH MERLINO, MD

ROBERT MITCHELL, MD

JOSEPH MURRAY, MD

ROGER PEELE, MD

RICHARD PLEAK, MD

ALAN SCHWARTZ, MD

DANIEL SEWELL, MD

JOSHUA THORNHILL, MD

ANDY TOMPKINS, MD

LOWELL TONG, MD

DOUGLAS VANDERBURG, MD

**AGLP Executive Committee Phone Conference Minutes****AGLP Business Meeting October 6, 2012 1:00pm-3:00pm EST**

In attendance: Kenn Ashley, Roy Harker, Jonathan Weiss, Eric Yarbrough, Serena Volpp, Jack Pula, Amir Ahuja, Ubaldo Leli, Sarah Noble, Mary Barber, Howard Rubin, Gene Nakajima, Marshall Forstein. Laura Erickson-Schroth.

Item: Local arrangements in San Francisco

Discussion: The local arrangements committee for San Francisco in May 2013 is considering three sites for the awards ceremony and reception. A residents' brunch is planned for Sunday morning, May and a women's reception that evening. Other social events for members, partners, international members are being considered.

Plan: Local arrangements committee will continue to development plans for AGLP events in San Francisco in May.

Item: Approval of board minutes

Discussion: Ubaldo moves to approve August and September minutes, and Jonathan seconds. Ubaldo moves to approve amended minutes, and Eric seconds. Ubaldo moves, Serena seconds.

Plan: Minutes for August and September are approved

Item: Membership chair

Discussion: Kenn encourages board members to solicit interest in chairing the membership committee and recruiting new members. Karl had been working on speaking points for prospective members and a letter to current members about membership renewal.

Plan: Chris will be the new membership chair.

Item: Budget

Discussion: The projected budget for FY2013 is discussed. Mary proposes, and Ubaldo seconds selecting financial review rather than the more expensive full audit. Mary firsts and Eric seconds the budget.

Plan: The proposal is approved for a financial review. The budget is approved.

Item: Organizational name change

Discussion/Plan: A task force consisting of Sarah, Jack, and Mary will solicit information from the membership about considering a name change for AGLP.

Item: David Scasta's written report is submitted.

Discussion/Plan: Ubaldo moved and Jonathan seconded to include David's report.

Item: DVD product development Eric

Discussion/Plan: A subcommittee consisting of Eric, Amir, Jack, and Mary was formed to develop a documentary DVD on LGBT mental health. Topics may include an introduction to LGBT psychology, sexual history taking, trans mental health.

Item: Journal

Discussion/Plan: Mary reported that Volume 17 of the JGLMH will be released in 2013. Starting with Volume 18 Phil Bialer and Chris McIntosh will be the new editors of the journal, with Laura as associate editor. A book review editor is still sought to replace Bob Kertzner.

**AGLP Board Meeting November 19, 2012 4:00pm-5:00pm EST**

In attendance: Kenn Ashley, Roy Harker, Jonathan Weiss, Eric Yarbrough, Serena Volpp, Christopher McIntosh, Sarah Noble

Excused: Jack Drescher, Ubaldo Leli, Jack Pula

Item: Presidential report

Discussion: The local arrangements committee has recommended either the Intercontinental or the Courtyard by Marriott as the conference hotel for the APA annual meeting in San Francisco in May 2013. The AGLP reception during the annual meeting in

San Francisco will be held at Congregation Shaar Zahav in the city's Mission District. Contact with members with recently expired memberships will be shared among executive committee members

Plan: The Hotel Intercontinental will serve as the AGLP hotel for the conference.

Item: Vice-presidential report

Discussion: The next newsletter will include interviews with APA presidential and trainee candidates. Eric has helped to organize a symposium on the don't-ask-don't-tell policy (DADT). He will draft an email and Facebook posting to distribute to membership to solicit donations to support registration fees and travel costs for symposium participants to the conference.

Plan: Eric will contact Roy with more details about contacting the membership and to arrange the schedule for the conference hospitality suite.

Item: Membership development/Psychotherapy case conference

Discussion: Several new members joined AGLP following a social event hosted by Christopher in Toronto. Sample articles from the journal could be distributed to potential new members. Chris will work on expanding AGLP recruitment drives/local host parties.

Plan: Chris will write an article for the newsletter. A transgender case is recommended for psychotherapy case conference.

Item: Secretary's/child and adolescent committee report

Discussion: forensic meeting invited other glbt psychiatrists to join

Item: Treasurer's report

Discussion: AGLP's finances are stable despite a net loss of members this past month following a recent financial review. Outreach to a major donor about his potential donation was discussed

Plan: Eric will write to the major donor.

Item: Name change of journal

Discussion: The Journal of Gay and Lesbian Mental Health may expand to include other constituencies.

Plan: Kenn will reach out to outreach to the journal editors.

Item: Transgender committee report

Discussion: Jack Pula's report will be included.

Plan: Future subcommittee meetings will be held by telephone, and in person at APA/IPS.

Item: Organization name change

Discussion: Sarah is chairing a task force responsible for discussing whether our organization name matches our goals and will solicit feedback from members on this issue. An article in the newsletter will publicize the issue to the membership.

Plan: Sarah will liaise with Mary Barber and Jack Drescher.

Item: Fryer award

Discussion: Kenn has been in conference call with APA to discuss plans for the Fryer award funds. The APA has offered to place the current funds into a restricted fund at APA. No interest would accrue in the first year of the new fund, but APA could pay for award for next few years and use APA Foundation staff to help fundraise for fund. Roy will summarize APA offer after discussing with Fryer subcommittee.

**AGLP Board Meeting February 11, 2013 3:30pm-4:20pm EST**

In attendance: Kenn Ashley, Roy Harker, Jonathan Weiss, Eric Yarbrough, Serena Volpp, Amir Ahuja, Maureen Murphy-Ryan, Dan Safin.

Excused: Sarah Noble, Jack Pula, David Scasta.

Item: Presidential report/San Francisco

AGLP Phone Conference Minutes  
Continued from Page 9

Discussion: Fundraising continues to support the attendance of two guest speakers to the APA/AGLP symposium on DADT. Receptions are being planned for Friday and Saturday nights May 17-18 and a women's reception on Sunday May 19 with Ellen Haller of UCSF. The minority reception will take place Tuesday night May 21.

Plan: Eric will coordinate travel with the two symposium speakers. Contact Gene Nakajima if interested in presenting at upcoming international meetings.

Vice-presidential report

Discussion: Eric is coordinating the hospitality suite at the Intercontinental during the APA/AGLP conference on Monday and Tuesday May 20-21 from 9 am to 7 pm. Planned events include the resident paper award presentation, residents' process group with Marshall Forstein, and psychotherapy case conference.

Item: Membership development

Discussion/Plan: Recently lapsed members will be contact to consider renewing their membership.

Item: Fryer Award

Discussion/Plan: The board has accepted the APA's offer to assist in fundraising and management of the Fryer award funds. Roy will reach out to APA to finalize the agreement.

Item: Organizational name change

Discussion/Plan: Sarah will collect information from the membership to present to the board about possible modifications to AGLP.

Item: Treasurer's report

Discussion/Plan: AGLP has received royalties from the journal and continues to develop its membership.

Item: Website

Discussion/Plan: Maureen will update the website. Descriptions of board and general members may be added to the website.

Item: New medical student chair

Discussion/Plan: Kenn contacted PsychSign to solicit interest. Roy will contact medical student members of AGLP to solicit interest in the position.

**AGLP Business Meeting March 18, 2013 3:30pm-4:30pm EDT**

In attendance: Kenn Ashley, Roy Harker, Jonathan Weiss, Eric Yarbrough, Chris McIntosh, Amir Ahuja, Serena Volpp, Sarah Noble, Scott Grossman. Excused Mary Barber, Jack Pula, Gene Nakajima, David Scasta.

Item: Approval of minutes

Discussion: The minutes for October 2012, November 2012, and February 2013 were unanimously moved upon Serena's motion and Eric's seconding.

Item: APA San Francisco 2013

Discussion: Preparations for the AGLP symposium on DADT Symposium continue to proceed. Roy has purchased travel to the conference for the participants. There has been a limited response to a prior email sent out to the membership for fundraising.

Plan: Roy will resend an email message targeting fundraising specifically for support of the AGLP symposium on DADT.

Item: APA San Francisco hospitality suite programming

Discussion: Submissions for the journal-sponsored resident paper award are pending. Chris McIntosh is developing a trans-focused psychotherapy case conference. Eric confirmed that the resident process group with Marshall Forstein will take place in the suite.

Item: IPS Philadelphia 2013

Plan: The AGLP business meeting will take place during the IPS meeting on Saturday, October 12, 2013 in Philadelphia with a social event chez Roy Harker the preceding evening.

Item: Education Committee, Speakers' Bureau

Discussion: A new chair is sought in light of Andy Tompkins' reduced time availability for the work of the committee, including further development of the speakers' bureau.

Plan: Email membership to solicit interest in the position. Survey adult psychiatry residency programs about LGBT topics in the program curricula in concert with the Group for the Advancement of Psychiatry.

Item: Fryer Award Update

Discussion: AGLP has accepted the agreed-upon arrangement with the APA about the award funds. The American Psychiatric Foundation will provide three years of fundraising support retroactive to 1-1-2013. Mary has agreed to help Roy to follow up on this arrangement.

Item: AGLP Identity Committee

Discussion: Sarah reviewed her compilation of responses for organizational name changes. Comments from the majority of respondents recommend a name change, with AGLP with an added tag line descriptor receiving the highest number of responses.

Roy suggested a 90-minute conversation with the membership in the hospitality suite in May 2014 to formalize a name change.

Item: New Business: Development Officer/Intern

Discussion: Discussion of hiring a development officer to focus on organizational fundraising continues. Roy reported via Mary that Debbie Glaser is the new book editor of the JGLMH and that there are currently more AGLP Facebook page members than AGLP members. Current and potential members are referred to the AGLP website ([www.aglp.org](http://www.aglp.org)) for details about AGLP events in San Francisco and the benefits of membership.

**AGLP Business Meeting April 15, 2013 3:30pm-4:30pm EDT**

In attendance: Kenn Ashley, Roy Harker, Jonathan Weiss, Eric Yarbrough, Chris McIntosh, Amir Ahuja, Serena Volpp, Sarah Noble, Scott Grossman, Jack Pula, Gene Nakajima.

Item: APA San Francisco 2013

Discussion: Eric reported that John Cruse will host a social Friday evening, May 17, during the APA/AGLP conference. A social outing for significant others during the APA meeting was discussed. Jack is planning a transgender issues subcommittee meeting in the hospitality suite. No submissions were received this year for the student paper award.

APA President-Elect Paul Summergrad wants to meet with AGLP and other organizations for informal and exploratory discussions on the theme of stigma.

Plan: Contact the GLBT committee of the Northern California Psychiatric Society for nominations for award recipients at the San Francisco meeting next month. Roy will contact the Contemporary Jewish Museum for information about tours of the Kehinde Wiley exhibit.

Item: Approval of award nominees

Discussion/Plan: Approved Alan Schwartz for Paulsen award and Patricia Robertson for Gittings award.

Item: Treasurer's report

Discussion/Plan: Roy will re-contact the membership to encourage members to renew and support the AGLP symposium on DADT.



## AGLP 2013 Award Winners

The Executive Board of the Association of Gay and Lesbian Psychiatrists proudly announces the 2013 Award Winners:



Alan Schwartz, M.D.

The 2013 James Paulsen Award goes to **Alan Schwartz, M.D.**, for outstanding contributions on behalf of the LGBT Community and service to AGLP through his work as Editor of the Journal of Gay and Lesbian Mental Health. Alan, working as Co-editor in Chief of the Journal of Gay and Lesbian Mental Health for the past five years along with Mary Barber, M.D., has been in private practice in New York City for the past sixteen years, conducting psychotherapy, psychoanalysis, psychopharmacology and clinical supervision, after completing a Post-Doctoral Fellowship in HIV psychiatry at Cornell Medical Center. He completed his Residency in Psychiatry at the Institute of Pennsylvania Hospital. He is a Psychoanalyst at the William Alanson White institute, where he is also on the Board of the LGBT

Study Group and the White Societies Ethics committee. He is the chair of the LGBT Committee of the Group for Advancement of Psychiatry, which is currently working on a project to create a short Educational Film about Sexual Orientation Change Efforts which is meant to serve as a resource to licensing boards, ethics boards and professional sanctioning boards asked to review complaints against providers of such "treatment."

The 2013 Barbara Gittings Award is awarded to **Patricia Robertson, M.D.** Patty Robertson is Professor and Director of Medical Student Education in the Department of Obstetrics, Gynecology, and Reproductive Sciences at the University of California, San Francisco. She attended Mount Holyoke College in South Hadley, Massachusetts, where she majored in biological sciences and tried to happily date men, as she definitely wanted children in her future. Alas, she fell in love senior year with another woman at Mount Holyoke, and they went to medical school at the University of Texas Health Science Center, San Antonio, where they were part of the gay underground as it was too dangerous to be out (indeed, at a lesbian camp-out at a nearby lake, the camp was disbanded by the sheriff at 3 AM as a distraught husband was about to arrive with his rifle to look for his wife). Patty matched in ob-gyn at the University of California, San Francisco, as the only woman at her residency level. When she rotated to San Francisco General Hospital, she organized a study on the prevalence of sexually transmitted infections and frequency of Pap smears in lesbians compared to heterosexual women, and from that published study, she recognized that lesbians were not getting health screenings due to lack of access to health care, as well as past difficult experiences, due to homophobia. She thus co-founded Lyon-Martin Health Services in San Francisco in 1978, which is now a full-service clinic for lesbians and other women. In 1983, she co-founded the Women in Medicine conference with her partner at that time, Dr. Lesley Anderson, an annual conference for lesbian physicians and their families, which celebrates its 30th anniversary in Clearwater, Florida, next month, and for which she continues to be a board member. Patty has also been a board member and past chair of the grants committee for the Lesbian Health Fund, which awards research funds for pilot studies in lesbian health. She was a co-founding director for the UCSF Center for Lesbian Health and Research and served in that capacity for eight years. In 2010, she co-edited the first lesbian

health textbook, *Lesbian Health 101, a Guide for Clinicians*, which has several chapters on mental health issues for lesbians, written by some of your members, including Dr. Ellen Haller and Dr. Mary Barber. Patty has a strong interest in mental health issues, and recently completed five years as a member and then Co-Chair of the University of California Mental Health Oversight Committee for the ten University of California campuses. As a perinatologist who provides obstetric care to high risk patients, Patty started the Mood Assessment Disorder in Pregnancy Clinic at UCSF, which now has a social worker and a perinatal psychiatrist. She has a passion for teaching, and is an inaugural member of the UCSF Academy of Medical Educators. Five years ago, she established a summer internship program for pre-med under-represented minority students including LGBT students at University of California at Berkeley, to inspire them to keep on their journey to become physicians and not get discouraged by large science classes there. Patty is here tonight with her partner of over 15 years, Reverend Susan Ashton, who is steadfast in her loving support of Patty's work.

These awards will be conferred at the AGLP Annual Awards Reception at Congregation Sha'ar Zahav, 290 Dolores Street (at 16th Street), San Francisco, on Monday, May 20 at 8:00pm.

The 2013 Distinguished Service Award and the 2013 Stuart Nichols Award for outstanding achievements in GLBT Community Mental Health will be announced shortly.

•••

## Pregnancy After Transitioning Study

Through the University of California, San Francisco

What's the study:

- A study of fertility, pregnancy, & birth outcomes in trans gender men who have been pregnant
- An anonymous online survey

To participate you must be:

- Assigned female at birth with a transmasculine/ transmale/ FTM gender identity
- Identified as male prior to pregnancy
- Completed a pregnancy within the last 10 years
- English-speaking
- 18 years old or older

Sorry, you are not eligible if you are:

- Not English speaking
- Under 18 years older

If you are interested in participating, please contact:

Lexi Light, study coordinator  
LightA@obgyn.ucsf.edu  
415-206-6453

or Dr. Jennifer Kerns, MD, MPH, principle investigator  
KernsJL@obgyn.ucsf.edu  
415-206-3157

•••

## APA/AGLP Annual Meeting May 17 to May 22, 2013 San Francisco, California

Shaded areas require Registration/RSVP  
Register/RSVP online at [www.aglp.org](http://www.aglp.org)

**AGLP Host Hotel**  
**INTERCONTINENTAL SAN FRANCISCO**  
888 Howard Street, San Francisco, California 94103



Scan the QR Code to the left to view all of the latest schedule information on our website.

### Friday, May 17

**Welcome Reception**  
**4:00pm to 7:00pm**

At the home of John Kruse, M.D. 45 Hartford Street (just one block from the Castro MUNI station)

**Residents and Medical Students Outing**  
**8:00pm to 10:00pm**

Toad Hall (Castro) 4146 18th St (btw Castro & Collingwood St)

**Residents and Medical Students Outing**  
**10:00pm to Midnight**

Badlands (Castro) 4121 18th St (btw Castro & Collingwood St)

### Saturday, May 18

**Master Course 01: Treating the LGBT Patient**  
**9:00am to 4:00pm**

Moscone West - Level 3 Room 3000

Director: Petros Levounis, M.D., Faculty: Jack Drescher, M.D., Mary Barber, M.D., and Jennifer C. Pizer, J.D.

This course provides the general psychiatrist with essential tools for LGBT affirmative treatment. The course is organized in four sections which cover basic concerns that affect LGBT populations, including: 1) coming out, heterosexist attitudes, and the 'don't ask, don't tell' mentality; 2) legal issues, 3) gay parenting, and 4) sexual identity in patient-therapist relationships. Case studies with different DSM diagnoses will illuminate the impact of LGBT identity and illustrate ways of working with each patient.

**Chamber Music Concert: Rainbow Chamber Players**  
**6:00pm to 7:30pm**

Four psychiatrists (Clayton Bullock, MD, Randy Rischette, MD, Gary Huang, MD, and Gene Nakajima, MD) and members of the LGBT orchestra, the Bay Area Rainbow Symphony will perform Brahms, and gay composers Nicholas Pavkovic, John Ireland, and Poulenc. St Matthew's Lutheran Church, 3281 16th St. @ Dolores <http://www.stmatthews-sf.org/> (BART: 16th St. Mission Stop, MUNI: J Church to 16th St.). Reception follows. Free, donations accepted. Info: Bay Area Rainbow Symphony: <http://bars-sf.org/>

**Welcome Reception**  
**8:15pm to 10:00pm**

538 Sanchez Street in the Castro, just south of 18th Street

### Sunday, May 19

**AGLP Annual Business Meeting**  
**8:30am to 1:00pm**

Intercontinental San Francisco Sutter Room, Fifth Floor

**AGLP Booth Open**  
**10:00am to 4:00pm**

Moscone Convention Center at Booth #2125

**6th Vital Sign: Assessing Cognitive Impairment In HIV**  
**1:00pm to 4:00pm**

Resident and Medical Student Only session

Moscone N level, Exhibit room 112 Marshall Forstein, MD

**AGLP/APA GLB Caucus Annual Membership Meeting**  
**3:00pm to 4:30pm**

Intercontinental San Francisco Howard Room, Fifth Floor

**Keynote Speech by President Bill Clinton**  
**5:30pm to 6:30pm**

Moscone Center, Hall D

**Film screening and discussion: We Were Here**  
**7:00pm to 10:00pm**

A 2012 documentary about 5 survivors of the HIV/AIDS epidemic in San Francisco. Jose Vito, MD, and Richard R. Pleak, MD Bill Weber, one of the film's directors, will be joining us, as will 3 of the film's subjects: Daniel Goldstein, Eileen Glutzer, and Ed Wolf. SF Marriott Marquis, Nob Hill Rooms A-D

**AGLP Women's Dinner**  
**7:00pm to 10:00pm**

Ellen Haller's home at 457 Frederick Street San Francisco.  
RSVP now at [www.aglp.org](http://www.aglp.org)

**AGLP Trans Committee Reception**  
**7:30pm to 10:00pm**

At the home of Dan Karasic, MD 86 Montezuma Street

**Residents and Medical Students Outing**  
**8:00pm to 10:00pm**

Hi Tops (Castro) 2247 Market St (btw Sanchez & 16th

**AGLP Wine Bar Outing**  
**10:00pm - to 11:30pm**

Blush Wine Bar 476 Castro Street (Near 18th Street)

AGLP Schedule of Events  
Continued from Page 12

## Monday, May 20

### AGLP Hospitality Suite 8:30am to 5:00pm

Intercontinental San Francisco, Howard Room, Fifth Floor

- 10:30am to 12:00noon  
Case Consultation on Transgender Issues  
Chris McIntosh, MD
- 3:30pm to 5:00pm  
Resident/Medical Student process group: Being gay in medicine  
Marshall Forstein, MD

### AGLP Booth Open 10:00am - 4:00pm

Moscone Convention Center at Booth #2125

### Kehinde Wiley | The World Stage: Israel AGLP Private Docent-led Tour

11:00am to 12:00noon

The Contemporary Jewish Museum

736 Mission Street (btwn. 3rd and 4th Streets), San Francisco, CA 94103

\$22.00 for AGLP Members Free to AGLP Sponsors and Patrons

Includes entrance to the museum for other exhibits RSVP only, no walk-ins

RSVP now at [www.aglp.org](http://www.aglp.org)

Gay, African American, and Los Angeles Native artist Kehinde Wiley in his newest art exhibit, *The World Stage: Israel*, is currently being featured at San Francisco's Contemporary Jewish Museum. With a homoerotic twist, Wiley paints chiseled images of black men which maintain a, "sense of dignity in each pose," Wiley told *429Magazine*. Each model is painted standing in front of an eccentric background of colorful and symbolic images of Ethiopian and Israeli derived backdrops.

### AGLP VIP Reception 6:00pm to 7:00pm

Private event for AGLP Patrons, Sponsors, and their guests.

Congregation Sha'ar Zahav 290 Dolores Street (at 16th Street), San Francisco

RSVP now at [www.aglp.org](http://www.aglp.org)

### AGLP Annual Awards Reception 7:00pm to 9:30pm

Hors d'oeuvres and cash wine bar

Congregation Sha'ar Zahav 290 Dolores Street (at 16th Street)

This year honoring: Alan Schwartz, MD, Co-Editor of the *Journal of Gay and Lesbian Mental Health*; and Patricia A. Robertson MD, Professor and Endowed Chair of Obstetric and Gynecologic Education, Division of Maternal-Fetal Medicine, Department of Obstetrics, Gynecology and Reproductive Sciences, University of California at San Francisco; Others to be announced...

## Residents and Medical Students Outing

9:00pm to Midnight

Churchill (Duboce Triangle) 198 Church St (btw Reservoir & Market St)

APA guests will get happy hour prices for the whole night!

## Tuesday, May 21

### AGLP Hospitality Suite 8:30am to 5:00pm

Intercontinental San Francisco

Howard Room, Fifth Floor

### 2013 John Fryer, M.D. Award and Lecture

9:00am to 10:30am

Caitlin Ryan, Ph.D., ACSW Director, Family Acceptance Project, San Francisco

State University Room 134, Exhibit Level, North Bldg., Moscone Convention

Center

### AGLP Booth Open 10:00am to 4:00pm

Moscone Convention Center at Booth #2125

### To Be or Not To Be Out: Gay and Transgender Psychiatrists Discuss Implications for Faculty, Trainees, and Patients

11:00am to 12:30pm

Marshall Forstein, MD; Larry Ozowara, MD; Francesco Ferrari, MD, and Jack

Pula, MD

### Teaching Cultural Competency: Identifying and Changing Stereotypes Using Film with Emphasis on Gender Identity Disorder

2:00pm to 5:00pm

Prameet Singh, MD; David Roane, MD; Dennis Lin, MD; Asad Kirmani, MD,

and Jack Pula, MD

### AGLP SYMPOSIUM

#### Bringing the Uniform Out of the Closet: Artistic and Clinical Perspectives of Gay Military Life Before and After Don't Ask Don't Tell

2:00pm to 5:00pm

Moscone West - Level 3, Room 3001 Moscone Convention Center

"Don't Ask Don't Tell" was a United States policy that ended in September of 2011. While instated and even after, it has had negative effects on homosexuals serving in the military. Mental health care workers need to understand how this policy has affected both those serving as well as their families. This presentation will explore the effects of DADT from several viewpoints. Service members' stories will be shared through a photojournalism project of photos and oral interviews with service members affected by the military's ban on homosexuals serving. This constitutes an ethnographic record of these service members' stories that is a window into the broader mental health concerns of the population. A professional narrative will help attendees understand how policy changes came about and explain ways to identify and treat lasting scars. Other discussants will share personal accounts as well as contrast our military to those in other countries.

AGLP Schedule of Events  
Continued from Page 13

### Minority and International Psychiatrists Reception 7:00pm to 8:30pm

All AGLP members welcome! Le Charm on 5th street near Folsom. There is a \$35 prix fixe dinner with vegetarian options.

### 8:30pm to 10:00pm

At the home of Richard Shapiro, MD, 855 Folsom street, #907

## Wednesday, May 22

### Asylum Seekers and Refugees: Mental Health Challenges and Needs 2:00pm to 5:00pm

Room 124, Moscone North - Exhibit Level Moscone Convention Center  
Ariel Shidlo, Ph.D., Joanne Ahola, M.D., Judy Eidelson, Ph.D., Hossam Mahmoud, M.D., M.P.H., Kelsey Lebrun Keswani, M.A., and Christopher McNary, J.D.

The United States is home to a growing population of asylum seekers and refugees. They often present with complex PTSD and have specialized mental health needs and challenges. This multi-disciplinary symposium, with a focus on LGBT refugees and asylum seekers, presents state of the art clinical guidelines and empirical research on the mental health needs of this vulnerable and underserved population. Papers include: (1) Guidelines for the mental health and forensic assessment of LGBT asylum seekers; (2) Mental health assessment and treatment of refugees who escape war torn countries; (3) Assessment and treatment of unaccompanied children refugees; and (4) Empirical data from a pioneering study of the mental health impact of immigration detention on LGBT asylum seekers.

### Bullying and Suicide: The Mental Health Crisis of LGBT Youth, What Is Being Done About It, and How You Can Help 2:00pm to 5:00pm

Amir Ahuja, M.D., Chair  
Moscone South - Esplanade Level, Room 305

•••

### Philadelphia Help: AGLP App for Smart Phones

A new App for AGLP members is now available for download. If you use an iPad, iPhone, or other Smart Phone or portable wireless device you can access AGLP schedule information, the AGLP Membership Directory, and even the new AGLP online *Journal of Gay and Lesbian Mental Health* through your portable device.



To add this:

- On your smart phone, go to the App Store and search for "Memberclick" to download this app for free.
- To set up your connection, you will need the Organization Name: "aglp" (note: lower case only); your AGLP Username; and Password just like you use on the AGLP website.

Real time schedule information is updated constantly, as is the AGLP Member Directory. You'll find this especially useful if you plan to join us at the APA in San Francisco this year. If you have any questions regarding this new feature, contact the National Office for help.

AAOL Report  
Continued from Page 6

Disparities. If the Council endorses the statement, it will go back to the Assembly for endorsement, and if successful, then to the Board of Trustees to become the official statement of the APA. Parenthetically, the Board of Trustees approved Catlin Ryan as the next John Fryer awardee at its December 1, 2012 meeting.

### APA Position Statement on Issues Related to Homosexuality

Over the last 40 years the American Psychiatric Association has issued many position statements addressing issues related to homosexuality as scientific research and knowledge has expanded clinical and psychiatric understanding of same-sex attraction. While recognizing that the scientific understanding is incomplete and, because of societal stigma, often distorted, the American Psychiatric Association holds the following positions regarding same-sex attraction and associated issues:

It is the American Psychiatric Association's position that same-sex attraction, whether expressed in action, fantasy, or identity, per se implies no impairment in judgment, stability, reliability, or general social or vocational capabilities. [1,12] The American Psychiatric Association opposes discrimination against individuals with same-sex attraction whether it be in education, occupation, parenthood rights, adoptive rights, military service, immigration status, housing, income, government services, retirement benefits, ability to inherit property, rights of survivorship, spousal rights, family status, and access to health services. [1-12] The American Psychiatric Association recognizes that such discrimination and societal, religious, and family stigma may adversely affect the mental health of individuals with same-sex attraction, necessitating intervention by mental health professionals, for which, the American Psychiatric Association supports the provision of adequate mental health resources to provide that intervention.

The American Psychiatric Association believes that the causes of sexual orientation (whether homosexual or heterosexual) are not known at this time and likely are multifactorial including biological and behavioral roots which may vary between different individuals and may even vary over time. The American Psychiatric Association does not believe that same-sex orientation should, or needs to be changed and efforts to do so represent a significant risk of harm by undermining self-esteem and subjecting individuals to forms of treatment which have not been scientifically validated. There is no credible evidence that any mental health intervention can reliably and safely change sexual orientation; nor, from a mental health perspective does sexual orientation need to be changed. [7,9, 13] The American Psychiatric Association supports same-sex marriage as being advantageous to mental health of same-sex couples.[11]

1. 1973 Position Statement on Homosexuality and Civil Rights
2. 1984 Position Statement on Homosexual Issues Concerning the Military
3. 1988 Position Statement on Discrimination Based on Gender or Sexual Orientation
4. 1990 Position Statement on Homosexuality in the Armed Services
5. 1991 Position Statement on Homosexuality on the Immigration and Naturalization Service
6. 1992 Position Statement on HIV and Discrimination
7. 1998 Position Statement on Psychiatric Treatment and Sexual Orientation
8. 1999 Position Statement on Diversity
9. 2000 Position Statement on Therapies Focused on Attempts to Change Sexual Orientation (reparative or conversion therapies)
10. 2002 Position Statement on Adoption and Co-Parenting Children by Same-Sex Couples
11. 2005 Position Statement on Supportive Legal Recognition of Same-Sex Civil Marriage
12. 2011 Position Statement on Homosexuality
13. American Psychological Association Task Force on Appropriate Therapeutic Responses to Sexual Orientation. (2009). Report of the Task Force on Appropriate Therapeutic Responses to Sexual Orientation. Washington, DC: American Psychological Association

Continued on page 15

## Listings of Upcoming Subspecialty Meetings of Interests to Members

Many AGLP members are members of other organizations such as the ones listed here. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get together at a member's home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP, contact our President, Kenneth Ashley, MD, at [KAshley@aglp.org](mailto:KAshley@aglp.org) for more details and suggestions.

American Academy of Child and Adolescent Psychiatry  
Walt Disney World Dolphin Hotel, Orlando, Florida  
October 22-27, 2013

American Academy of Psychiatry and the Law (AAPL)  
<http://www.aapl.org/>

American Academy of Psychoanalysis and Dynamic Psychiatry  
<http://www.aapdp.org/>

American Association for Emergency Psychiatry  
<https://www.emergencypsychiatry.org/>

American Association for Geriatric Psychiatry (AAGP)  
<http://www.aagppa.org/>

American Association of Directors of Psychiatric Residency Training (AADPRT)  
<http://www.aadprt.org/>

American College of Psychiatrists  
<http://www.acpsych.org/>  
Grand Hyatt, San Antonio, Texas, February 19-23, 2014

American Psychiatric Association (APA)  
<http://www.psych.org/>

2013 APA Institute on Psychiatric Services  
Philadelphia, Pennsylvania, October 10-13, 2013

2014 APA Annual Meeting  
New York, New York, May 3-7, 2014

2014 APA Institute on Psychiatric Services  
San Francisco, California, October 30-November 2, 2014

2015 APA Annual Meeting  
May 16-20, 2015, Toronto, Ontario, Canada

2015 APA Institute on Psychiatric Services  
New York, New York, October 8-11, 2015

2016 APA Annual Meeting  
May 14-18, 2016, Atlanta, Georgia

Association of Women Psychiatrists  
<http://www.associationofwomenpsychiatrists.com/index.php>  
Meetings have been in conjunction with the Annual APA Convention

Black Psychiatrists of America (BPA)  
<http://www.blackpsych.org/>

•••

AAOL Report  
Continued from Page 14

The Assembly is keeping a close eye on the Affordable Health Care Act (ACA). By January 1, 2014 states must establish health insurance exchanges which mandate minimum coverage in the state. If the state declines, it defaults to the federal standards which have not yet been set. Alternatively, the states can engage in a state health insurance exchange partnership which uses some of the federal standards and additional state standards. The state standards must at least meet the federal standards but can exceed them. Over half of the states will default to the federal standard. Mental health parity will be a focus issue for psychiatrists and is mandated under the current law. The devil however is in the details and the APA will need to be deeply involved in the setting of standards on a state-by-state basis.

I will close this long winded report with thanks to AGLP for its support of me in the Assembly. In the process of running again for Speaker-Elect of the Assembly I had the opportunity to sit in on the deliberations of the Joint Reference Committee (JRC). One gets a whole new perspective on the governance of the APA in watching the representatives from the Board of Trustees and the Assembly work together to make sense and effective use of Assembly action papers. Win or lose, that knowledge will be helpful in understanding how to compose effective action papers. I would be delighted to take initiatives in the form of an action paper from individual AGLP members to the Assembly. AGLP members are welcome to contact me at [scastaassembly@msn.com](mailto:scastaassembly@msn.com) regarding any initiatives, comments, problems with the APA, etc., that they might have and I can help with.

Respectfully submitted,

David Scasta, MD, DFAPA  
AAOL for AGLP

•••



### WELCOME TO OUR NEW MEMBERS

**Joanne Ahola, M.D.**  
New York, N.Y.

**Bernhard Kis, M.D.**  
Bochum, Germany

**Eric Chan, M.D.**  
San Francisco, CA

**Louis Ostrowsky, M.D.**  
Cambridge, MA

**A. Evan Eyler, M.D.**  
Montpelier, VT

**W. Joseph Touchstone, M.D.**  
Brewerton, NY

**Abby Hartzler, M.D.**  
Mill Valley, CA

**Bryce Winger**  
Indianapolis, IN

