



AGLP
Opening Minds

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In this issue . . .

A Call to Action <i>Marshall Forstein, MD</i>	1
Editorial Column <i>Joanne Ahola, MD, and Jose Vito, MD</i>	2
What's in a Name - Continued <i>Sarah Noble, DO</i>	2
President's Column <i>Kenneth Ashley, MD</i>	3
Vice-President's Column <i>Eric Yarbrough, MD</i>	4
Med Student Travel Awardee <i>Scott Grossman</i>	4
JGLMH Updates <i>Mary Barber, MD</i>	5
Upcoming Subspecialty Meetings <i>Kenn Ashley, MD</i>	6
LGBTQ-Sensitive Medical Ed <i>Kevin Johnson</i>	7
Welcome to our new Members	7
AGLP Meeting Minutes <i>Jonathan Weiss, MD, Secretary</i>	8
AGLP Fall Meeting Photos <i>Joanne Ahola, MD</i>	10
AGLP Sponsors	11
Membership Forms	12



Roy Harker, left, and Mary Barber, MD, attend a reception hosted by Sarah Noble, DO, and Rufus Fowler in their Christian Street home during IPS Philadelphia. More pictures follow on page 10.

A Call to Action



Marshall Forstein, MD

A few months ago, as I began planning for the upcoming professional meetings that I attend each year, I realized I was becoming increasingly uncomfortable and resentful that I would be spending a considerable amount of money in states that had passed legislation stating that marriage was solely between a man and a woman. This became increasingly important after the Supreme Court Ruling on DOMA and the Prop 88 in California. I sent an email through AADPRT (American Association of Directors of Psychiatric Residency Training) stating that I believe that as an organization we should develop a policy to only hold professional meetings in states and territories that recognized same sex marriage. I had stated that supporting a state that made members of an organization less than equal was not in concert with the medical profession's commitment to mental as well as physical health, and that as psychiatrists we know that equal civil rights does indeed enhance mental health. When I thought about how much money professionals spend when they attend these conferences, I felt that we could actually make an impact on the economies of states that continue to treat GLBT people as second-class citizens. It was startling to realize that were I to be hurt in Tucson (where the next AADPRT meeting is to be held) my husband of 10 years (legally since 2004 in MA) and partner of 33 years would have fewer rights than two 17 year-

Continued on page 6

The Newsletter of the Association of Gay and Lesbian Psychiatrists

Co-Editors, Joanne Ahola, MD, and Jose Vito, MD

Published quarterly from 4514 Chester Avenue, Philadelphia, PA 19143-3707.

The views expressed in the *Newsletter* are those of the writer and do not necessarily represent the opinions of the Association of Gay and Lesbian Psychiatrists. The sexual orientation of any writer or any person mentioned in the *Newsletter* should not be inferred unless specifically stated. Mailing lists for the *Newsletter* are confidential, to be used only by the Association of Gay and Lesbian Psychiatrists, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to the National Office, 4514 Chester Avenue, Philadelphia, PA 19143; phone 215-222-2800; Fax: 215-222-3881; E-mail: AGLPeditors@aglp.org. Submissions should be clearly readable. Submissions on electronic media are preferred. Submissions become the property of AGLP and will not be returned unless requested and accompanied by a self-addressed and stamped envelope. The *Newsletter* reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged). The deadline for inclusion in the next issue is January 15, 2014.

ADVERTISING RATES

The *Newsletter* of the Association of Gay and Lesbian Psychiatrists accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are gay or lesbian or treat gay and lesbian patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

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Editorial Column Joanne Ahola, MD, and Jose Vito, MD

AGLPeditors@aglp.org



Joanne Ahola, MD



Jose Vito, MD

We would like to thank you all for welcoming us and giving us the opportunity to be your newsletter co-editors. Dr. Eric Yarborough has done such a great job that it is taking two of us to fill his shoes!

In this edition, our AGLP President, Dr Kenn Ashley, gives us an update on the LGBT issues in Russia. Vice President Eric Yarborough reports on LGBT submissions for the 2014 APA meeting in NYC as well as his other current endeavors. Mark your calendars now for NYC in the beginning of May!

Last spring Dr Scott Grossman was our travel awardee at the APA Annual Meeting in San Francisco and he tells us exactly what that experience was like for him. An exciting article from medical student Kevin Johnson discusses LGBT activism in current medical school education. Dr Marshall Forstein discusses his thoughtful initiative on professional meetings in states that are dangerous for our community

Check out photos and news from AGLP events at the IPS in Philadelphia! If you were not there, start planning now for NYC in May and San Francisco in October. It will be more fun if YOU are there!

We are excited to be your new co-editors and look forward to the next edition. We welcome any feedback and any exciting ideas from you, our members. Please consider this our invitation to each and every one of you reading this to write an article for the newsletter. Send articles, send your ideas and we will help you shape it. 500 words about what you do, what you think, what you teach, what you are passionate about.

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What's in a Name - Continued Sarah Noble, DO

In October, during the IPS in Philadelphia, the AGLP board met for our semi-annual business meeting. The challenging topic for which discussion is ongoing is the name of our organization. For many in the LGBTQ community, our name appears to send a message of exclusivity since it specifically mentions only lesbians and gays. Although in 2005, our bylaws were changed to intentionally include bisexual and trans psychiatrists and patients, our name was never adjusted to reflect this change.

The board decided it is important to ask our membership, do we need to adjust our name to reflect the intentions of our organization? Do we need a name that appears more inclusive? Obviously, there are concerns about changing the name including the risk of becoming an alphabet soup of letters, and a complicated and confusing acronym (ALGBTQP?). There is also the risk that if we change the name to something without all the letters, we lose the directness of stating we are an out group that is proud of our identity.

Another option taken by other organizations such as GMHC (and even companies like IHOP and KFC!) is that we simply change our identity to AGLP (rather than The Association for Gay and Lesbian Psychiatrists), and add a tag line that includes the entire LGBTQ community. Some examples of that approach might include:

- AGLP: Psychiatrists for sexual orientation and gender equality
- AGLP: LGBTQ Psychiatry
- AGLP: Psychiatry Advancing Equality for Gender and Sexual Minorities

The dialogue around this issue continues. Any change in the name of AGLP will require a vote by the membership. If you have comments or questions, please feel free to be in touch with me, Sarah Noble, D.O., at snoble@aglp.org.

President's Column

Kenneth Ashley, M.D.

KAshley@aglp.org



Kenn Ashley, MD

Fall has arrived in NYC with cooler temperatures, the streets flooded with students, the new restaurants, and the opening of the performing arts season. We are also facing a change in the Mayor's office and it is shaping up to be an interesting race. After the results of the democratic primary, some proclaimed the end of an assured vote based on group identity—the LGBT community did not uniformly support the lesbian candidate, the black community did not deliver a solid block of votes to the black candidate. As the former front runner, it was somewhat surprising how poorly Christine Quinn did. Now the question is whether or not New York City will embrace a politician who supports "progressive change."

Thankfully there has been a change in our march toward military involvement with Syria. There has been an agreement with Russia to act as intermediate with Syria and their chemical weapons. It is not clear, however, if the agreement with Russia signals a change in the general attitude of many towards Russia after the Snowden situation and the passage of anti-gay legislation.

As mental health professionals we need to present the current scientific literature which indicates that seeing LGBT people or talking about LGBT people does not cause children to become LGBT people.

Watching the responses to the Sochi 2014 Olympics is interesting. It is heartening to see the numbers condemning the discriminatory Russian legislation, but it remains unlikely that any change in locale is going to occur, and even less likely that there will be a significant boycott. The Russian officials have been changing their statements on how the law will be enforced, possibly loosening restrictions during the games for tourists and athletes. It is unlikely that it will translate into similar treatment for the Russian LGBT populations. Meanwhile, there is the possibility of further legislation which involves the removal of children from parents of "non traditional sexual orientation." The author of the bill reportedly based it on findings from the Regnerus study! As mental health professionals we need to present the current scientific literature which indicates that seeing LGBT people or talking about LGBT people does not cause children to become LGBT people. The data also show that children raised by LGBT parents are overall no different than children raised by heterosexual parents.

Closer to home, New York State has enacted several laws that change we practice medicine. In a misguided law to reduce gun violence we now have to report all involuntarily admitted psychiatric patients, as patients "likely to engage in conduct that would result in serious harm to self or others," to a registry to prevent gun ownership by such individuals. We also must now check when we prescribe controlled substances to see what prescriptions for controlled substances they have filled in the last six months. In spite of the glitches in the system, it has provided me with useful information.

Finally, in the next few weeks, Beth Israel Medical Center and Continuum Health Partners will become members of the Mount Sinai Health System. In the process, as I understand, becoming one of the largest health care networks in the nation. How that will impact on my day-to-day duties is unclear, but it is yet another change, another adventure.

Okay, one more thing. Hopefully I will see some of you at the GLMA Annual Meeting in Denver, or the APA IPS Meeting in Philadelphia. If not, the New York City May 2014 for the APA Annual Meeting. The Local Arrangements Committee is already hard at work planning a list of great activities.

As always, if there are any other thoughts or ideas about the organization, please contact me. Remember, we are always looking for folks interested in participating in the organization. Also, encourage your friends and colleagues to join AGLP!

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2013-2014

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Vice-President's Column**Eric Yarbrough, MD**

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*Eric Yarbrough, MD*

Fall is finally here and I'm happy to say that I survived another humid summer in New York City. IPS is just around the corner and it will be good to see you again and have the chance to catch up. Roy Harker and Sarah Noble have been gracious enough to open their homes to our rowdy bunch and we'll try our best not to leave damage to Roy's maison masterpiece.

Submissions have been made for the APA in the spring. One symposium will focus on gray areas and ethical issues in the LGBT community. The other is more of a workshop to help open an LGBT clinic or create one for patients regardless of location or cost. If they are accepted, and I certainly am keeping my fingers crossed for that, we should have two exciting events for New York in 2014.

I continue to work, ever so slowly, on the LGBT 101 DVD. Amir Ahuja has agreed to help me with the specifics. Essentially I'll be turning older AGLP symposia into text. That text will eventually be converted back into script for whatever lucky actors want to be part of our movie. The whole point of the DVD is to help create revenue for AGLP so we can give our members a break in dues as well as have more income to be used for our organization in the future. A secondary gain would be the education of mental health care workers everywhere to work with LGBT clients, but I'm going to try to keep my priorities straight.

Besides the DVD, we are always trying to come up with ways to build the organization. We always welcome insight and participation from our members. You are welcome to contact me with any questions, suggestions, thoughts, or ideas. For now, I'm going to sit back, relax a bit, and watch the newsletter roll out from a passenger seat.

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Medical Student Travel Awardee**Scott Grossman***Scott Grossman*

It was an honor to be able to attend the APA and AGLP meetings this past May as a student scholarship recipient. I viewed myself as having several responsibilities during this conference—to advocate for medical student interests, develop ideas for medical student recruitment and learn as much as I could about the AGLP as an organization. All three goals were pursued during my time in San Francisco and I was fortunate to have achieved some level of success in each. In my personal experience there are many individuals at Penn and elsewhere who are LGBT medical students with an interest in psychiatry and mental health. AGLP has a major role to play in mentorship and career guidance for these individuals and as a medical student who has become involved with the organization I see many opportunities for outreach on a national level. I was especially interested to learn about additional efforts undertaken by the AGLP throughout the calendar year. As my generation experiences American LGBT life in increasingly divergent ways from generations past I can foresee challenges that the AGLP may have in connecting with members of my generational and professional cohort. One issue that is especially salient with regard to medical student recruitment is the challenge of developing a creative strategy that would make LGBT mental health issues more pressing and important for Millennials. For

example, I believe that there is a large role for AGLP to play in advocating for and partnering with trans communities. Perhaps the role of the medical student members of the AGLP board could be expanded beyond recruitment to include 'generational advocacy.' This issue came to the forefront during our meeting in San Francisco while discussing the name of the group and I've thought about it a great deal since that time.

On a more personal note, I truly enjoyed meeting and speaking with other members of the AGLP board and general membership at the social activities in San Francisco. The gathering at Congregation Sha'ar Zahav was especially enjoyable. It's always meaningful for medical students like myself to be able to speak in a casual environment with more professionally advanced LGBT physicians and health care providers. One especially relevant statistic that we learn in medical school is the absence of professional and personal future anticipation experienced by LGBT youth relative to other youth. I have felt this shortsightedness in my own life and am truly thrilled to be able to meet people who can help fill the gap. I'd like to take this opportunity to thank the generous donors who made my attendance at the APA/AGLP meeting possible and say that I look forward to working further with the organization at IPS and elsewhere this coming academic year.

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New Editors-In-Chief for AGLP's Journal

Chris McIntosh, M.D., and Phil Bialer, M.D.

The Journal of Gay and Lesbian Mental Health has been the official journal of AGLP for many years now, and with the volume 18 it will have new editors-in-chief! The Journal originated as the Journal of Gay and Lesbian Psychotherapy under Founding Editor Dr. David Scasta. Dr. Jack Drescher is honored as Editor Emeritus for his work editing the Journal for no less than 10 volumes, and broadening the scope of the journal, leading to a name change to The Journal of Gay and Lesbian Mental Health. Now Dr. Mary Barber and Dr. Alan Schwartz join this esteemed list of past editors as their five year tenure as editors-in-chief come to a conclusion with the just released issue 17(4).

Your new editors-in-chief as of issue 18 (1) are familiar faces to AGLP members. Dr. Phil Bialer is a past president of AGLP and is currently the APA Assembly Representative for the Caucus of Lesbian, Gay, and Bisexual Psychiatrists. He currently is an Attending Psychiatrist at Memorial Sloan-Kettering Cancer Center and also serves as the Chair of the Education Committee for the Academy of Psychosomatic Medicine. He continues his clinical and academic work with the HIV/AIDS community and has contributed chapters to two recently published textbooks devoted to the field of HIV/AIDS Psychiatry. Dr. Bialer also contributed a chapter on Dysthymic Disorder to The LGBT Casebook.

Dr. Chris McIntosh is familiar to AGLP members as the current chair of the Membership and Psychotherapy Committees and a member of the Advisory Board to AGLP's Executive Committee. He is Clinic Head of the Gender Identity Clinic at the Centre for Addiction and Mental Health in Toronto, Canada, and also practices general adult outpatient psychiatry at a Toronto East General Hospital, a community hospital. Dr. McIntosh started contributing to the Journal as editor of its Media Series and then, like Dr. Bialer, served as an Associate Editor for the past year to learn the ropes of academic publishing. He also contributed to the LGBT Casebook with chapters of PTSD and Bipolar Disorder.

The Journal is a benefit of membership of AGLP in both print and online forms. If you are not getting your print copy or no longer have online access, please contact Roy Harker at rharker@aglp.org. You can also help us publicize the Journal by "liking" our Facebook page and following us on Twitter @JGLMHeditor. Or you can do it the old fashioned way by lending a friend a copy to peak their interest!

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Journal of Gay and Lesbian Mental Health 2014 Outstanding Psychiatry Resident Paper Award

The Journal of Gay and Lesbian Mental Health (JGLMH) is a quarterly, peer-reviewed journal indexed by PsychInfo. JGLMH is the official journal of the Association of Gay and Lesbian Psychiatrists (AGLP, www.aglp.org).

We are seeking outstanding resident papers on LGBT mental health; these can be original research papers, case series and detailed case reports, or review articles. The award includes \$500, publication in JGLMH, and assistance with travel to the AGLP annual meeting (held concurrently with the APA) in New York City in May to present the resident's work. The deadline to be considered for a 2014 award is March 1, 2014. Co-authored papers are eligible as well, but the resident must be the first author.

Entries can be submitted to editors@aglp.org.

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Journal of Gay & Lesbian Mental Health Volume 17, Issue 4, October-December 2013 is now available online

Introduction

Past, Present and Future

Mary E. Barber MD & Alan Schwartz MD

Original Research

Minority Stress, Homonegativity, Alcohol Use and Mental Health Among College Gay Males

John Flood BA, Chris McLaughlin PhD & Garry Prentice PhD

Celebrating the "Other" Parent: Mental Health and Wellness of Expecting Lesbian, Bisexual, and Queer Non-Birth Parents

Kira A. Abelson MPH, Rachel Epstein MA & Lori E. Ross PD

Review Article

An Overview of Gay, Lesbian and Bisexual Issues in Botswana

Morekwe Selemogwe PhD Candidate & Dale White PhD

2012 Fryer Award Lecture

What You See Is What You Get: 30 Years of the HIV Epidemic

Marjorie J. Hill PhD

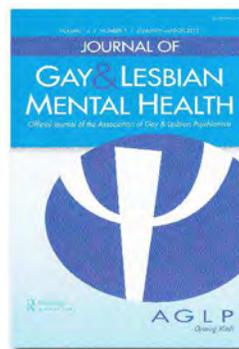
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Find out more at: <http://explore.tandfonline.com/page/beh/key-themes-in-social-psychology>

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JGLMH available online FREE to AGLP Members



The *Journal of Gay and Lesbian Mental Health*, the official journal of the Association of Gay and Lesbian Psychiatrists, is now available for viewing online free to all AGLP Members. The content is searchable with search words and phrases, and you can even download and print particular articles if you like.

Taylor & Francis, the publisher of the JGLMH, has developed a new and more reliable approach to accessing this online content, supplying each AGLP member with an activation code and complete instructions for registration

and access to the secured area. Once you have completed the registration process and activated your subscription, you will be able to access journal content from any computer, any time by entering your email address and password. Your subscription will run concurrently with your active AGLP membership status and will be renewed each year as you renew your membership.

Online help is available for any problems you may encounter. Links for assistance will be included in the initial activation code message you receive. If you have any questions or concerns regarding this access, please be back in touch. We hope that this new method will provide greater ease and dependability to the entire process.

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A Call to Action
Continued from Page 1

old [heterosexuals] who met and got married in Las Vegas after a night of drinking. Thus it seemed important to me that we should do everything we can to put economic pressure on states that are eager to take our money, but do not treat us as equals under the law. Imagine if all of the medical professional groups, and other mental health organizations signed onto a pledge to not meet in states that treated any of the members as less than equal!

I suggested that there might be other issues that the medical professions could also take a stand on, such as forcing women to undergo unwanted and unnecessary intrusive medical procedures before being able to access abortions, or limiting access to the right to vote by requiring picture identification documents. While I personally would support these as substantive issues if they were raised, I was limiting my call to action to the issue of states that legislated against same sex marriage, on the grounds that there was now federal legal precedent for equal rights for same sex relationships. There are yet other legal rights, such as adoption by lesbian and gay people that are still outlawed in many states.

In speaking to colleagues and friends, I received a great deal of support for the idea regardless of [their] sexual orientation. There were of course some concerns about restricting our meetings to states that had same sex marriage or unions. There was concern about members seeing the meetings as a part vacation, and going to sunny Florida or Arizona or New Orleans (places scheduled for AADPRT, AAP and other organizations meetings).

I have also brought this issue up to the Executive Committee of the Association of Academic Psychiatry (AAP), and at the upcoming annual meeting of AAP will be presenting a resolution to change the policy about where we would meet as an organization. At that meeting, I will also be presenting to the Executive Council of AADPRT, and others have agreed to bring the issue up to the Academy of Psychosomatic Medicine. I have begun speaking with people in the Associations of Family Medicine, Internal Medicine and Pediatrics to do the same.

I would hope that AGLP would bring forth a strong position statement of support for this proposal, and bring it through channels to the APA as well.

The denial of equal civil and legal rights has enormous detrimental effects on mental health. Suicide continues to be a significant issue amongst LGBT youth. While we may never eradicate suicidal ideation or behavior due to serious mental illness, we have an opportunity to at least level the playing field by promoting GLBT rights strongly and without ambivalence.

I do not imagine that we will see an immediate shift in the reality of where meetings are held because of contracts that are often made years in advance. Like some of our colleagues, I would work to raise funds to pay off the penalties if possible and move more quickly to enforce the policy I am proposing. If that is not possible, we could at least begin the process by taking a stance that we will no longer feed the economy of states that deprive us of equal treatment under the law.

Marshall Forstein, MD
Associate Professor of Psychiatry
Harvard Medical School

Former AGLP President 1990-1992

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Listings of Upcoming Subspecialty Meetings of Interests to Members

Kenn Ashley, MD

KAshley@aglp.org

Many AGLP members are members of other organizations such as the ones listed here. As a way to increase the visibility and effectiveness of AGLP, members that participate in other organizations are encouraged to hold gatherings at these meetings to increase networking potentials. In the past these have ranged from a hosted get together at a member's home to more formal presentations combining the issues central to AGLP and the primary meeting issue. If you are interested in improving communications between the subspecialties and AGLP, contact our President, Kenneth Ashley, MD, at KAshley@aglp.org for more details and suggestions.

American College of Psychiatrists <http://www.acpsych.org/>
Grand Hyatt, San Antonio, Texas
February 19-23, 2014

APA Institute on Psychiatric Services
2014 San Francisco, California
October 30-November 2
2015 New York, New York
October 8-11

APA Annual Meeting
2014 New York, NY
May 3-7
2015 Toronto, Canada
May 16-20

Association of Women Psychiatrists
<http://www.associationofwomenpsychiatrists.com/index.php>
Meetings have been in conjunction with the Annual APA Convention
For more details, please see the website above.

Black Psychiatrists of America (BPA)
<http://www.blackpsych.org/>

American Academy of Psychiatry and the Law (AAPL)
<http://www.aapl.org/>

American Academy of Psychoanalysis and Dynamic Psychiatry
<http://www.aapdp.org/>

American Association for Emergency Psychiatry
<https://www.emergencypsychiatry.org/>

American Association for Geriatric Psychiatry (AAGP)
<http://www.aagppa.org/>

American Association of Directors of Psychiatric Residency Training (AADPRT)
<http://www.aadprt.org/>

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Moving Forward: LGBTQ-Sensitive Medical Education

Kevin Johnson



Kevin Johnson

As my graduation from medical school approaches, I still find myself helplessly overwhelmed by the medical profession. How can one handle all the drugs, diseases, signs, symptoms, biomarkers, procedures, paperwork, licensing exams, insurance, and patients that accompanies an MD or DO? This first hit me three years ago as I traveled to a preceptor's office filled with depressing and self-deprecating thoughts: How can physicians handle all this medical drama? Can I learn all of this material? Am I a complete idiot? Should I just quit medical school and join the circus?

A physician reminded me that medical students have more influence at our school than we think. We pay thousands in tuition and play active roles in recruiting new students, which fuels our voices.

After sharing these concerns with my preceptor, a seasoned internist, she correctly suggested that I was being too hard on myself. Most students start medical school knowing very little, so an inferiority complex easily develops. Stress builds. They feel as if every other student knows more material, studies more hours, drinks more coffee, etc. The pressure is on, yet my preceptor assured me that I will learn everything I need to know to treat my patients.

I think about that assurance as I work to reform our medical curriculum with additional LGBTQ-friendly topics. Could implementing a transgender health lecture series overwhelm my classmates? Will facilitating an ally training become the tipping point for their brains or detract from learning about calcitonin or myasthenia gravis? Adding extra required information can overwhelm any medical student. Why do it?

Because medicine and medical education is rapidly evolving, some schools are shortening their preclinical curriculum from 24 to 18 months; technology is further enhancing learning with iPads and remote lectures; some schools teach histology without microscopes! Required subject material also change over time. I can't tell you how much instruction we've received on HIV and obesity, medical issues that have only

become a priority in the last 20-30 years. Integrating LGBTQ-inclusive health care can easily be part of that reform.

However, it's up to us medical trainees to initiate this. What would we like to get out of our training? A physician reminded me that medical students have more influence at our school than we think. We pay thousands in tuition and play active roles in recruiting new students, which fuels our voices. At some institutions, it's up to us to encourage (sometimes coerce) the administration to make whatever changes we think are necessary. At a health conference, for example, I was inspired by medical, and nursing students from all around the country who are running LGBTQ student groups, starting sexual health courses, writing special PBL cases, talking to education administration, planning lectures, or hosting movie discussions.

Plus, the literature shows that it helps. A 1995 study from Louisiana State University School of Medicine showed that exposing medical students to a panel of gay and lesbian physicians and to a mother of a lesbian led to lower homophobia ratings. Ten years later, a survey at a New York medical school demonstrated greater clinical exposure to LGBTQ patients led to more positive attitudes and more comprehensive history taking. These are two of many studies that show the necessity for LGBTQ health education. It's up to us to ensure this continues—even at the risk of overwhelming students with information, for it will aid them with learning what they need to know to take care of patients. They won't run off to join the circus, I promise!

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WELCOME TO OUR NEW MEMBERS

Navin Dargani, M.D.
New York, NY

Nicholas Domaney
Norwood, MA

William Gilson, M.D.
New York, NY

Gilbert Smith
Philadelphia, PA

Albert Zhou
Chicago, IL

AGLP Executive Committee Minutes**AGLP Phone Conference****Monday, August 19, 2013 3:30pm EDT**

In attendance: Kenn Ashley, Roy Harker, Serena Volpp, Jonathan Weiss, Jose Vito, Marshall Forstein, Joanne Ahola, Sarah Noble, Chris McIntosh

Excused: Eric Yarbrough, David Scasta, Jack Pula, Scott Grossman, Mary Barber, Amir Ahuja.

Item: Petition on marriage equality from Marshall Forstein

Marshall Forstein addressed the board and advisory council about an effort, initially addressed to the AADPRT (residency training directors), about relocation of annual meetings of psychiatric organizations to states with legal supports harmonious with the recent Supreme Court ruling establishing the unconstitutionality of DOMA. Relocation of meetings would afford members of these organizations protections for same-sex couples. Marshall has been in touch with other subspecialty organizations, including the psychosomatic psychiatrists (Michelle Riba), emergency psychiatrists, Saul Levin at the APA, and American Psychological Association. Marshall suggested that it should become policy to have conferences in friendlier states after current contracts have been completed. Marshall is requesting a letter from our board in support of this initiative.

Discussion/Plan: Serena raised the issue of inclusion of transgender protections rather than just marriage equality. Roy on behalf of the board will draft a letter with help/input from Marshall. Our newsletter editors will follow up with Marshall about submission to next newsletter in October.

Item: IPS Philadelphia 2013/board meeting

Discussion/Plan: AGLP events at IPS in Philadelphia in the fall are as follows: a social event Friday evening, October 12; executive committee/board meeting Saturday, October 12 from 8:30 am-12 noon at the Loews Hotel (AGLP hotel); a lunch break; an afternoon visit to the new building of the Barnes Foundation at 3 pm, room for 8 more; Sarah Noble graciously hosts an evening event at her home Saturday night 8-10 pm.

Item: APA New York 2014

Discussion: Eric has started to have meetings of the local arrangements committee for New York for next spring to discuss planning of social events and symposium submissions (including an analytically-oriented workshop and a symposium on LGBT clinic guidelines). The topic of international GLBT rights may be more suitable for the meeting in Toronto in 2015; Joanne would be interested in speaking about training for clinicians conducting assessments of LGBT asylum seekers.

Item: Membership development

Discussion/Plan: Chris will follow up with Scot McAfee or Marshall Forstein about the listserv for residency training directors. Free membership as a perk for international medical students was suggested, but international members pay mailing costs for hard copies of the journal.

Item: Fryer Award from Roy

Discussion: Mary and Roy had a phone conference with American Psychiatric Foundation. Roy submitted to the APF for review an application for an LGBT legacy matching grant from the Philadelphia Foundation; award winners will be announced next month. The grant application will also be submitted to APF for additional matching funds.

Item: Treasurer's report

Discussion/Plan: There has been no net gain or loss of members this month. Roy and Serena will work on the budget for the meeting in October. The organization is in a similar financial situation to a year ago. Thus far there has been no returning member from the direct mail/postcard campaign.

Item: Newsletter

The next deadline will be around October. Kenn suggested that medical student grant awardees write an article about their experiences at the conference.

Next meeting: Monday, September 16, 2013 at 3:00 pm EDT

AGLP Phone Conference**Monday, September 16, 2013 3:30pm EDT**

In attendance: Kenn Ashley, Roy Harker, Serena Volpp, Jonathan Weiss, Jose Vito, Joanne Ahola, Amir Ahuja, Jose Vito, Laura Ericson-Schroth, Eric Yarbrough, Chris McIntosh, Sarah Noble.

Item: Approval of minutes

Eric moved to accept membership minutes. Serena suggested changing Saul Levin, M.D.'s title from CEO to CEO/medical director. Jose seconded. The minutes were accepted. Last month's minutes. Serena moved and Jonathan seconded approval of last month's minutes. They were unanimously accepted.

Item: IPS Philadelphia next month

14 RSVPs have come in for the visit to the Barnes Foundation Saturday afternoon, 10/12/13. Roy will send out a second email blast to the membership.

Item: AGLP/APA 2014 in New York City

Eric reported on efforts of the local arrangements, next meeting 9/25/13 at 8 pm, location TBA. AGLP has two submissions to the conference: a panel discussion/symposium of three psychiatrists, two psychologists, and one social worker discussing grey areas in ethical psychiatric practice ethical questions; and another panel on establishment of clinics culturally sensitive to LGBT communities. Nominations for awardees are still being accepted; the venue for the rewards reception still needs to be determined.

Item: Follow-up on last month's marriage equality report from Marshall Forstein

Roy has been in contact with Marshall, continues to work with Marshall on penning a letter working on a letter in support of relocation of annual meetings of psychiatric organizations to states with legal supports for married gays and lesbians.

Item: Membership

Expired memberships were assigned for followup.

Item: PsychSIGN meeting at UC Irvine

A speaker from AGLP is requested at the PsychSIGN conference at Irvine, CA. Sarah offered to speak to East Coast groups. Roy will send Kenn a list of AGLP members in Orange County and other parts of southern California.

Item: Board and committee reports

Treasurer: Serena and Roy will work on the budget in advance of next month's

AGLP Executive Committee Meeting Minutes
Continued from Page 8

fall business meeting. Roy reported that a Delaware Valley Legacy Fund application has been submitted and an application for a grant to the APA Legacy Fund will be submitted to seed the fundraising project for AGLP's John Fryer award. Newsletter: Jose stated that Marshall Forstein would contribute an article; medical student grant awardees will also write an article as a requirement of the grant. Networking: Amir offered to distribute AGLP flyers at this year's GLMA convention.

Next meeting: Annual Fall Meeting, Saturday, October 12, 2013, 8:30am, Philadelphia, PA.

AGLP Fall Meeting
Saturday, 12 October 2013
Marriott Philadelphia Downtown, 8:30 am - 12:00 noon

In attendance: Roy Harker, Eric Yarbrough, Jonathan Weiss, Kenn Ashley, Joanne Ahola, Sarah Noble, Chris McIntosh, Serena Volpp, Scott Grossman, Amir Ahuja, Margie Sved, David Scasta.

I Approval of minutes

After Serena moves and Eric seconds, minutes for September 2013 are approved.

II Local Arrangements

Discussion from Eric: The Local Arrangements Subcommittee met in September to lay the groundwork for the opening and closing receptions and other functions at the annual meeting in New York next May. Planning will be completed by early 2014. Lonny Behar has generously offered space at the Norwood Club, or donations could be solicited from other funding sources (e.g., PRMS) to host a larger party. A dinner for transgender members and a residents' brunch are also planned.

Eric suggested a Saturday night social event such as a cruise. Kenn suggested inviting other mental health professionals to our social events, including the local gay physicians' group. Serena suggested offering a price differential between member and nonmember tickets, with payment/signup in advance. Roy will post online the AGLP guide to NYC to help drive traffic to our website.

Eric will develop a budget for food/catering at Norwood.

Names of potential award recipients were put forth. Alan Schwartz, named Paulson award recipient last year, will receive his award in New York this year.

Joanne suggested allowing the general membership to provide input into the award selection, to be completed by early December. Kenn added that the Board would maintain final approval but a general sense of the general membership would be appreciated.

III Membership

Margie recommends contact lapsed members via a hard copy in the mail, with follow-up via telephone. Joanne suggests signing members up for recurring dues payment via automatic renewal using a swipe attachment to a cell phone. Roy suggests sending a paper notice in the mail to members at 30 days after the renewal due date and at termination. Scott recommends continuing to send emails with a link to the online payment system. Kenn recommends using multiple reminder systems to increase membership renewals.

Plan: Scott will contact Benoit Dube at Penn to gain access to the psychiatry clerkship directors listserv to help recruit LGBT medical students interested in psychiatry. Roy will send out a year-end fundraising appeal via email to all members and a letter in the mail to more senior (50+) members.

IV. LGBT 101 DVD

Eric is working on an AGLP-sponsored DVD on LGBT issues in mental health practice to serve as a marketing tool. Serena requests that transgender issues be included. Eric has lined up a film director in NYC to work on this project.

Plan: Eric will speak with the APA and work on searching for private funders.

V. AGLP Name Change

Sarah reported that one person attended the name change discussion at the annual meeting in San Francisco. Roy specified that a formal organizational name change would require a notification to the membership 90 days in advance of a vote, i.e., in time for the January 2014 newsletter. Most suggestions have involved keeping the letters of AGLP with a more inclusive new tag line, e.g., Psychiatric association for the LGBT community; Psychiatrists for sexuality (or sexual orientation) and gender equality; Psychiatrists advancing equality for sexual and gender minorities.

Plan: Sarah will put forward a list of three renaming options for the January newsletter.

VI. Development Officer

Roy and Mary, in concert with the American Psychiatric Foundation, have started to apply for grant funding.

Plan: A notice will be posted in the newsletter that AGLP is seeking for a grant writer. Roy will look for older correspondence.

VII. Budget

Details of the proposed budget were discussed. Eric moves and Jonathan seconds the budget.

Plan: The new budget is approved, including a salary increase for our executive director.

VIII. Board and committee consolidation

Eric broached alteration of the structure of the Executive Committee to include an Education chair with a portfolio covering the annual symposium and educational outreach; an Events chair to organize social events at the annual APA and IPS meetings; and a Membership chair.

Roy states that any changes would require a change to the bylaws.

Plan: Roy will work on modifying descriptions of chairs and subcommittee heads in order to re-organize committees.

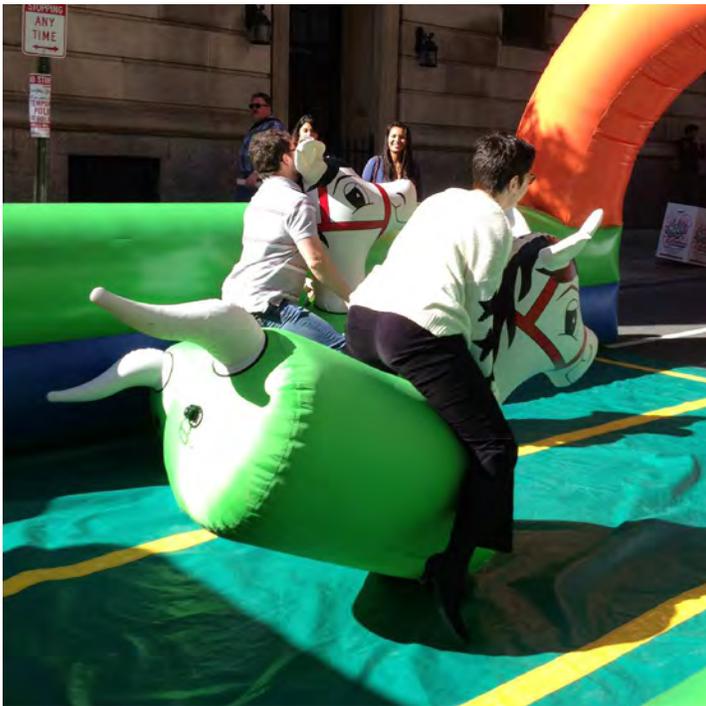
IX. David Scasta's Assembly report

David chairs the allied organizations group in the Assembly. He plans to step down within two years. AGLP will need to identify a new representative to start shadowing at Assembly plenary meetings.

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**AGLP Annual Fall Meeting
Philadelphia, Pennsylvania**

Photos by Joanne Ahola, M.D.



Outgoing Co-Editor of the JGLMH Mary Barber, MD, (foreground) and In-Coming Co-Editor Chris McIntosh, MD, race to the finish at Philadelphia's OutFest. *Photo by Roy Harker*



Hosts of the Friday Evening Welcome Reception Bob Ranando and Roy Harker.



AGLP Members at the Friday Welcoming Reception.



AGLP Members toured the Barnes Foundation on Saturday following the morning meeting.



AGLP Members at the Friday Welcoming Reception.

THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP FOR 2013-2014

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