

In this issue . . .

Welcome to New York City! Roy Harker, Executive Director	1
Editor's Column Donya Ahmadian, MPH	2
AGLP Online Newsletter Archive Completed Roy Harker	3
Professional Development and Advocacy Audrey La Noce, D.O., F.A.P.A.	4
Queer, Non-Binary, Trans Committee Column Sarah Noble, D.O.	4
Anti-Harassment and Non-Discrimination Eric Rafla-Yuan, M.D.	5
AGLP Journal Update Chris McIntosh, M.D.	5
AGLP Patrons	6
AGLP/APA Annual Meeting Schedule	7
Membership Form	10



Welcome to New York City!

Roy Harker, Executive Director

RHarker@aglp.org

New York City, "The city that never sleeps" welcomes you to APA 2024. A large portion of our AGLP membership call this city home and they are very happy to welcome you. Our New York Local Arrangements Committee, Shervin Shadianloo, Jose Vito, Kenn Ashley, Richard Pleak, and Jack Drescher have all worked hard to offer you a memorable experience in their hometown.

Highlighted events during the week include a Welcome Reception, on Friday, May 3, the annual Membership Meeting on Sunday afternoon, May 5, The AGLP Hospitality Suite in the Marriott Marquis, open on Monday, May 6 – with a continental breakfast available for AGLP members from 8:00am to 9:30am (RSVP now!) – and our Annual Awards Reception, on Monday evening at 7:00pm, this year honoring Richard Dudley, Jr., MD, Amy Hoffman, MD, Amir Ahuja, MD, and The Lesbian, Gay, Bisexual & Transgender Community Center. Once again PRMS is generously supporting this event. Some of the scheduled events require an RSVP. Please visit the website for more details.

The complete schedule of AGLP events and LGBTQ+ educational offerings is available at www.aglp.org. The AGLP Guide to New York, edited by Richard Pleak, is available online and is phone and tablet compatible (as is the AGLP website). The guide is intended to help AGLP members and supporters enjoy the city and the many pleasures it holds for the LGBTQ+ visitor. Herein you will find listed many popular clubs and restaurants. Whatever your pleasure, New York has something to offer.

TRANSPORTATION

Getting around NY is both simple and hard. Simple because most Manhattan streets (except far downtown) are laid out in a simple, numbered grid and because subway stations, buses, ride-sharing options, and cabs are ubiquitous, running 24 hours a day. Hard because the number of mass transit routes can be overwhelming and the subways may sometimes seem intimidating. Here are a few tips on getting around:

CAR SERVICES

A somewhat reasonably-priced alternative to cabs when traveling to and from the

Continued on page 3

2

The Newsletter of **AGLP**

Published guarterly from 1512 Spruce Street #2601, Philadelphia, PA 19102-3707.

The views expressed in the Newsletter are those of the writer and do not necessarily represent the opinions of AGLP. The sexual orientation of any writer or any person mentioned in the Newsletter should not be inferred unless specifically stated. Mailing lists for the Newsletter are confidential, to be used only by AGLP, and do not imply sexual orientation.

INFORMATION FOR AUTHORS

Persons wishing to submit articles for publication should send them to the National Office, 1512 Spruce Street #2601, Philadelphia, PA 19102; phone 215-222-2800: E-mail:

AGLPEditors@aglp.org. Submissions become the property of AGLP. The Newsletter reserves the right to make editorial changes and to shorten articles to fit space limitations. Name, address, daytime telephone number, and a short biographical statement about the author should accompany the submission even if the author requests anonymity in publication (which is discouraged).

ADVERTISING RATES

The Newsletter of AGLP accepts limited advertising depending upon space and applicability to issues affecting psychiatrists who either are part of the LGBTQ+ community or who treat LGBTQ+ patients. The mailing lists for AGLP are confidential and never sold or provided to any vendor.

Full Page Ad	\$450
Half-Page Ad	\$250
Business Card	\$150

Community service announcements are printed without charge, but are accepted only on a limited basis depending upon space limitations and applicability.

AGLP National Office

Roy Harker, Executive Director rharker@aalp.ora 1512 Spruce Street #2601 Philadelphia, PA 19102-3707 info@aglp.org www.aglp.org



View this and all AGLP Newsletters by visiting our website at www.AGLP.org. Scan the QR Code to the left to visit the entire archive.

Editor's Column Donva Ahmadian, MPH

AGLPEditors@aglp.org



Donya Ahmadian, MPH

Dearest AGLP Family,



s spring welcomes us, we return to the familiar faces of fresh flowers, some that we have not seen since the last spring came upon us. As we are met with the warmth of the sun and the colored landscapes which the season allows, we are filled with a reminder of all things new. As we've discussed before in this sacred space that we share, newness is

something that can meet us each day, if we're able to notice it. Of course, with the varying circumstances out of our control, it can be exceedingly difficult at times to spot it. However, if we look a little closer than maybe we are comfortable looking, we may just find that it is in the very least expected of places that newness is springing. Whether we are in celebration, in worry, in anxiousness, in fear, in joy, in grief- all things can teach us loveliness. In "Saint Francis and the Sow,"

Galway Kinnel writes......

"The bud Stands for all things Even those that don't flower. For everything flowers, from within, of self-blessing; Though sometimes it is necessary

To reteach a thing its loveliness, To put a hand on its brow Of the flower And retell it in words and in touch It is lovely..."

Similar to anything else in our creative worlds, these words will mean a hundred different things to each of us. As I read them and breathe them in, it reminds me of each of you. For, the fight that you fight — both those that are seen, in the work you do for your patients, communities, and loved ones - and the battles no one may ever see, there is that same loveliness. In the midst of your long hours, there is a truth that permeates- one that can remind us even when spring comes and your favorite tulips bloom, and even when spring comes, but there is no evidence of her – that indeed, there is new and remaining life. The same life we find in all things living, both human, animal, plant, and beyond — is the same

As Kinnel suggests, you will, like the seasons, reteach yourself your loveliness, retelling yourself, in words, touch, and beyond, that you too, have and will continue to flower from within.

expansiveness which can be found in the perspectives we take. The seasons do this with such power and gentleness....before we know it, the winter has passed, and the trees take shape and take hold of the sun, turning their brown leaves green and granting us shade in the park while we read our favorite books once again. As they shift and turn their pages, we too have pages to turn. Some of these pages will include around-breaking self-discoveries, both of our own, and of others, where narratives we have told or been told will pause and be repurposed. You will recall the moments you have fought for your own justice, for the power to tell and re-tell your story, to love with a burning fire who is it that you love, to affirm your identity in the

form you inherently deserve, and for your patients and communities to share that same right. As Kinnel suggests, you will, like the seasons, reteach yourself your loveliness, retelling yourself, in words, touch, and beyond, that you too, have and will continue to flower from within. Whether or not we see its' evidence, this is not proof of its' existence.

As you gather together at this year's APA Conference, you will be surrounded by others just like you in so many ways. Others who fought and remain fighting for the advocacy and access to mental health care and reform that you too have dedicated your lives to. Although not everyone has or will share our similar motives, there is one thing that will remain certain: your loveliness, your worthiness, your abilities, your springing of all things new (and so much more), are maybe not always visible to the eye- but their colorful life unquestionably courses through you. We get to choose the family we keep and as you surround yourself, like old loved ones gathering, ready to meet leaders and friends, remember that your offering is one and the same: life spent serving, giving, and renewing. Let the spring come and go, and when she leaves, we will not leave with her.

Yours in love and light.

Donya Ahmadian, MPH (she/her/hers)

VOLUME XLVIV(3) • APRIL 2024

Welcome to New York! Continued from page 1

airports. You can call a couple of days in advance for pick-up from any airport. The private service will definitely cost you more. This does not include bridge or tunnel tolls or gratuities. Sedans are for 1-4 passengers (no extra charge per passenger). Larger vehicles (at higher prices) are available for groups of 5-14 people. Drivers will meet you at the airport's baggage claim area. In cases of delay, they will wait for your arrival. There may be an extra fee for airport parking.

TAXIS

There are hordes of taxis in NY. You can hail them anywhere. Some will congregate around the major hotels. A yellow cab from Kennedy Airport is a fixed fare which does not include the toll or tip. (\$70 is the fixed rate from JFK to Manhattan). And of course, there is always ride-share which now outpaces Yellow Taxi in terms of the market share of travelers in and around the city.

Since the hotel area is quite central, taxis will generally not be too expensive to most destinations in Manhattan. (May be cheaper than the collective subway fares if a group is traveling.) However, if you are going to one of the other boroughs you may get some resistance from the cabbie, and the trip may be quite expensive. You may do better calling a car service for such a trip. Some locations in Brooklyn such as Brooklyn Heights and Park Slope are not too distant.

Cabs may he harder to get during rush hours, when it's raining and in midtown just before theater hour (8 pm) or just after (10-11 pm). All regular (yellow) NY cabs are required to use a meter and must give you a receipt if you ask. There should be no extra charges for additional passengers or luggage. Tipping 10-15% is considered appropriate for reliable and courteous service.

SUBWAYS

These can be very fast and convenient. Particularly if you are going downtown to the west village or Chelsea from the hotel area. The usual cost is \$2.90 per one-way trip of any length. Tap your smart phone or contactless credit or debit card to ride with OMNY. Get free rides after 12 fares within seven days using the same device or contactless card with fare capping. One can also pay a ride-at-a-time using a pay-as-you-go Metrocard (which can be filled with any dollar amount you think you will spend during the course of your stay). Transfers from subway to buses (and vice versa) are free if the transfer is done within two hours. Subway maps are posted in every station and in almost every subway car. Ask the token booth clerk for a free subway map. Be sure to distinguish between local and express stations and trains. Subways can be massively crowded during weekday rush hours. When using the subways during off-peak hours, you may feel more secure if you stay toward the center of the train.

BUSES

A more pleasant way to travel than the subways if they are not terribly crowded, but can be painfully slow – particularly during the day in midtown. Exact fare (\$2.90) or a Metrocard is required and transfers from buses to subways with the Metrocard are free. The route of a bus may not continue in the direction in which it was headed when you got on. Check the route first on the map attached to the pole marking the bus-stop.

WEATHER IN NEW YORK

May in New York is often beautiful, but not altogether predictable. In general, you can expect sunny days and temperatures in the 60s to mid 70s. In this period of transition to summer temperatures may vary widely from 50 to 80 degrees. Be prepared for the possibility of rain.

AGLP Online Newsletter Archive Complete

Roy Harker, Executive Director

RHarker@aglp.org

Thanks to the substantial efforts of AGLP Member Jim Krajeski, MD, our online archive of newsletters is complete. The archive, which now contains issues dating back to 1978 (when the organization was know as the *Gay Caucus of GLB Members of the APA*), was meticulously assembled and scanned by Jim over the course of several years. We are grateful for the trove of information maintained and compiled by Jim dating from 1978 to 2001. Check it out at https://aglp.org/Pages/newsletter-archives.htm.



AGLP Board of Directors, Advisory Council, and Standing Committees 2023 - 2024

PRESIDENT Amir Ahuja, M.D.		AAhuja@aglp.org
VICE PRESIDENT Eric Rafla-Yuan, M.D.		PBahekar@aglp.org
PRESIDENT-ELECT Pratik Bahekar, M.D.		PBahekar@aglp.org
SECRETARY Sarah Noble, D.O.		SNoble@aglp.org
TREASURER Chaden Nourredine, M.D.	chader	n.noureddine@gmail.com
NEWSLETTER EDITOR Donya Ahmadian, MPH		AGLPEditors@aglp.org
JOURNAL OF GAY AND Chris McIntosh, M.D.	LESBIAN MENTAL	. HEALTH Editors@aglp.org
EXECUTIVE DIRECTOR Roy Harker	215-222-2800	RHarker@aglp.org
AGLP ADVISORY COUN	ICIL	
CHILD AND ADOLESCEN Shervin Shadianloo, M.D.		n.shadianloo@gmail.com
EDUCATION COMMITTE Gene Nakajima, M.D. Pratik Bahekar, M.D. Howard Rubin, M.D.	E	GNakajima@aglp.org PBahekar@aglp.org HRubin@aglp.org
BIPOC MEMBERS Amir Ahuja, M.D.		AAhuja@aglp.org
FRYER AWARD Howard Rubin, M.D.		HRubin@aglp.org
INTERNATIONAL MEMB Gene Nakajima, M.D.	ERS	GNakajima@aglp.org
LEGAL ADVOCACY David L. Scasta, M.D., DLFA	APA	DScasta@aglp.org
MEMBERSHIP To be announced		
MEDICAL STUDENTS Mary Martin Ezie Nguyen Ryan Elliot	r	namary@med.umich.edu evnguyen@uw.edu relliott137@opayq.com
PSYCHIATRIC RESIDENT	S AND FELLOWS	
Emma Banasiak Chaden Noureddine	chader	ekbanasiak@gmail.com 1.noureddine@gmail.com
PSYCHOTHERAPY To be announced		
SOCIAL MEDIA Pratik Bahekar, M.D.		PBahekar@aglp.org
TRANS/NON-BINARY M Sarah Noble, D.O.	MEMBERS	SNoble@aglp.org
WOMEN Khadija "Kay" Hassan	kha	dija.hassan@edu.uag.mx
ASSEMBLY DELEGATES BISEXUAL PSYCHIATRIS Amir Ahuja, M.D., Presiden	STS	OF GAY, LESBIAN AND

Amir Ahuja, M.D., President Andy Tompkins, M.D., Representative Seth Roseblatt, M.D., Deputy Representative

AGLP REPRESENTATIVE TO THE APA ASSEMBLY (ACROSS) Margie Sved, M.D. MSved@aglp.org

3

Professional Development & Advocacy Column (for ECPs, by ECPs)

Guest contributor: Audrey La Noce, DO, FAPA (she/her)



ello friends! I and three other queer advocates will present on transgender evidence-based care at the APA Annual Meeting on Monday, May 6th from 3:45-5:15 PM at the Javits Center. The title of the workshop is "Channeling Your Passion and 'Inner Outrage' by Promoting Public Policy for Evidence-Based Transgender Care" (a

spicy title for an incredibly important issue!). Our goal is to have wide attendance to spread awareness across the psychiatric community. We will cover the following topics:

- The effects of legislative bans of the mental health of transgender individuals, youths, and adults.
- 2. The physical, emotional, and neuropsychiatric effects of an abrupt discontinuation of treatment, especially when the transgender person did not choose to discontinue treatment.
- 3. Changes in state-level legislation affecting transgender care, and how the changes have affected treatment providers.
- 4. How to develop a personal call to action to alter the public policy around these legislative changes.

It would be wonderful to have your support at our presentation! There will be Q&A, when you will be able to make your voice heard and be a part of the conversation. We hope to see you there!

Dr. Audrey La Noce (she/her) is the founder and CEO of Total Mental Wellness, an adult outpatient private practice in Fort Lauderdale, Florida. She sees firsthand the effects of legislative bans and is working hard in the state of Florida to combat this legislation, as well as at the federal level. Dr. La Noce is a member of the APA's Council on Advocacy and Government Relations, recently re-nominated for her second term. She uses her position on this council, as well as her work with AGLP to further advocate for the LGBTQ+ community, patients, and providers.



In addition to the talk highlighted above, please mark you calendars for two events specifically for our early career psychiatrist (ECP) members:

- AGLP ECP Committee Meeting: Monday, May 6 from 12-1PM EDT in the AGLP Hospitality Suite (Broadhurst/Belasco, Fifth Floor, Marriott Marquis) and on Zoom (Meeting ID: 920 8963 8944 | Passcode: 837924)
- AGLP ECP Happy Hour: Monday, May 6 from 5:30-7PM at The Dickens (783 8th Ave, New York, NY 10036). RSVP at https://www.aglp.org/Pages/annu alconference.htm

The PDA column highlights topics of particular interest to AGLP's early career psychiatrists, including: mentorship and supervision; supporting trainees; the transition into a first attending job; arts, culture, and media digests; diversity, equity, inclusion, and justice; ECP perspectives on legislation and policies affecting LGBTQIA+ people; and, of course, advocacy. We also spotlight our ECP members and the work they do. We invite any ECP members to submit their ideas or written pieces for this column to dr.theysi@gmail.com and hellodoctorkevo@gmail.com.

Queer, Nonbinary, and Trans Committee Sarah Noble, D.O.

SNoble@aglp.org



Sarah Noble, D.O.

Hello everyone and happy spring!

I can't wait to see everyone at the APA in a couple of weeks. It's always inspiring to see friends and colleagues and meet new folks! I'm looking forward to the trans/nonbinary committee's happy hour on May 4th at 6pm. We'll meet at Henrietta Hudson https://henriettahudson.com/history

Д

And the trans/nonbinary committee will have a proper in person meeting to discuss goals for the upcoming year on May 6th at 3pm after the Fryer Award lecture. That will be in Javits 1A19.

See you all soon!



Introducing AGLP's New Anti-Harassment & Non-Discrimination Policy

Eric Rafla-Yuan, M.D., Vice-President, AGLP



ERafla-Yuan@aglp.org

In a stride toward fostering an even more inclusive and safe environment, I am proud to inform you that we will have a new Anti-Harassment & Non-Discrimination Policy announced at the upcoming annual meeting in New York City. This policy underscores our commitment to ensuring that all participants at AGLP events feel respected and valued.

This policy reaffirms our dedication to a community where everyone — attendees, presenters, exhibitors, sponsors, contractors, volunteers, staff, and guests — can attend without fear of harassment or discrimination. This includes expectations from members and non-members alike to demonstrate

Eric Rafla-Yuan, M.D.

behavior that promotes respect and dignity for all and explicitly prohibits derogatory remarks, threatening behavior, unwelcome physical contact, and any other actions that compromise the integrity of our events.

To support our community, we are putting in place a confidential process for reporting concerns, including through an Incident Report Form on our website, or by discussing matters confidentially with an appointed Ombudsperson(s). The AGLP Executive Board is committed to diligently reviewing any reports and is empowered to respond appropriately.

We are especially grateful to our ECP (Early Career Psychiatrist) Committee for their leadership in pushing this forward. We plan to discuss and advertise this policy during the upcoming in-person events in New York City, and look forward to your feedback and input.





5

Journal of Gay and Lesbian Mental Health Update Chris McIntosh, MD, Editor-in-Chief

editors@aglp.org

Dear AGLP members:

Conference time is upon us, and I hope to see you all at the Annual Meeting of AGLP in New York in just a few weeks! As this will be my last Annual Meeting as JGLMH's Editor-in-chief, it will be poignant for me, but also exciting as we move into the future with our incoming Editor-in-chief and current Deputy Editor, Dr Mark Bradley.

Dr. Mark Bradlev is Program Director for the

Section Chief for Inpatient Psychiatry at the

Consultation-Liaison Fellowship and Clinical Professor of Psychiatry at NYU Grossman School of Medicine, as

well as Director of Consultation-Liaison Psychiatry and

Manhattan campus of the Veterans Affairs New York

Harbor Healthcare System. Dr. Bradley complete

medical school at Baylor College of Medicine. He



ley, M.D. received his residency training in Psychiatry at Columbia University and the New York State Psychiatric Institute, where he also completed a clinical fellowship in Consultation-Liaison Psychiatry as

Mark Bradley, M.D.

well as an NIH T32 research fellowship at the HIV Center for Clinical and Behavioral Studies. He additionally received a Master of Science degree in Biostatistics at Columbia's Mailman School of Public Health. He joined NYU in 2008.

His academic interests focus on the behavioral and neuropsychiatric aspects of HIV disease, including the role of psychiatric symptoms and psychological factors in transmission risk and adherence behaviors.



Please join me and Mark at the Meet the Editors session in the AGLP Hospitality Suite on Monday May 6 th , 9:30 AM, at the Broadhurst/Belasco Room, Fifth Floor, Marriott Marquis Hotel, 1535 Broadway, New York, NY.

Your JGLMH subscription is a benefit of membership in AGLP! Please remember that you can access the online subscription by first logging into your Member's Profile on aglp.org and then clicking on the tab for the Journal.

Best wishes to you all,

Chris

Support AGLP today! Upgrade to a Patron Level Membership

AGLP derives 13% of our budget from members who support us at the patron level. Your additional support helps finance the social and educational events we have planned for the San Francisco APA. AGLP fosters a community of LGBTQ+ psychiatrists who can advocate for our patients and find support for ourselves, and organize cutting edge educational programming. If you become a patron, you will be invited to our VIP reception on Monday May 22 at 6pm.

Additionally, you can donate to our medical student travel fund to help fund medical students to come to the APA conference. You can donate to the John O'Donnell Medical Student Travel Fund by clicking on **this secure link**. Or contact Roy Harker at RHarker@aglp.org. See www.aglp.org for more information.



WELCOME TO OUR NEW MEMBERS 2024

Jasim Abbasi Abdullah Abdullah Christy Anderson, M.D. Mark Bradley, M.D. Tim Branagan Jule Curry Brandon D'Souza Reni Forer Zachary Gallin Courtney Gamache Allison Grossman, M.D. Kaitlyn Kutzko Kara McBurnett Alex Nourishad, M.D. Nicole Obongo Christina Ragnarak Victor Rodrigues Hope VanBuren, M.D. Mika Verner



Q1 2024 performance: *Journal of Gay & Lesbian Mental Health*

The below figure shows how many times articles published in Journal of Gay & Lesbian Mental Health have been downloaded in January, February, and March of 2024.



Journal of Gay & Lesbian Mental Health achieved 23262 downloads in Q1 of 2024.

Benchmarking Q1 downloads

We have provided Q1 data back to 2021 to give more insight to the comparative performance of the journal during this time frame.





THANKS TO THE FOLLOWING WHO HAVE GENEROUSLY SUPPORTED AGLP IN 2023 AND 2024

EXCEPTIONAL	CONTRIBUTION
EXCLI HORAL	CONTRIBUTION

SPONSORING MEMBERS

THE ESTATE OF DAVID RUDOLPH KESSLER, M.D. THE ESTATE OF PETER L. HEIN, M.D.

FOUNDING MEMBERS

AMIR AHUJA, M.D. DAKOTA CARTER, M.D. JACK DRESCHER, M.D. GEORGE HARRISON, M.D. TIMOTHY HALL, M.D. GEORGE HARRISON, M.D. WILLIAM HERZ, M.D. PETROS LEVOUNIS, M.D. GENE NAKAJIMA, M.D. HOWARD RUBIN, M.D. ALAN SCHWARTZ, M.D. ANDY TOMPKINS, M.D.

PATRONS

JEFFREY AKMAN, M.D. KENN ASHLEY, M.D. MURRAY BENNETT, M.D. CURLEY BONDS. M.D. BRYAN CHAMBERLAIN, M.D. SUFEN CHIU, M.D. MARSHALL FORSTEIN, M.D. MICHAEL GOLDER, M.D. NORMAN HARTSTEIN, M.D. DANIEL HICKS, M.D. BRIAN HURLEY, M.D. **ROBERT KERTZNER, M.D.** JAMES P. KRAJESKI, M.D. ANTHONY MARINO, M.D. SARAH NOBLE, D.O. J. BRETT OFFENBERGER, M.D. R. KAAN OZBAYRAK, M.D. CHESTER ROBACHINSKI, M.D. DANIEL SAFIN, M.D. DAVID SCASTA, M.D. STUART SOTSKY, M.D. FELIX TORRES, M.D. ERIC YARBROUGH, M.D.

JOANNE AHOLA, M.D. JAMES BATTERSON, M.D. LONNY BEHAR, M.D. PHIL BIALER, M.D. STEVEN BLUESTINE, M.D. STEPHAN CARLSON, M.D. DEBBIE CARTER, M.D. HAROLD COTTMAN. M.D. LUIS FILIPE GOMES PEREIRA, M.D. ROBERT DELGADO, M.D. ROCHELLE KLINGER, M.D. DAVID KREFETZ, M.D. UBALDO LELI, M.D. CHRIS MCINTOSH, M.D. BLESSING OYENIYI, M.D. DAENA PETERSEN, M.D. DAVID PINE, M.D. RICHARD PLEAK, M.D. LEONARD RUBIN, M.D. ANAND SUKUMARAN, M.D. MARGIE SVED. M.D. JOSHUA THORNHILL, M.D. MARK TOWNSEND, M.D. **DOUGLAS VANDERBURG, M.D.** SERENA VOLPP, M.D.

DONATIONS TO STUDENT TRAVEL

6

JOANNE AHOLA, M.D. KENNETH ASHLEY, M.D. JAMES BATTERSON, M.D. LONNY BEHAR, M.D. STEVEN BLUESTINE, M.D. DAVID BOBROW, M.D. CURLEY BONDS. M.D. STEPHAN CARLSON, M.D. DEBBIE CARTER, M.D. BRYAN CHAMBERLAIN, M.D. GEORGE CRITS, M.D. ROBERT DAROFF, M.D. ROBERT DELGADO, M.D. ANDREW ELLIOTT, M.D. DAVID GOLDENBERG, M.D. DAVID HANKINS, M.D. WILLIAM HERZ, M.D. GARY HIRSHBERG, MSW KEVIN JOHNSON, M.D. CHARLES LEE, M.D. Kewchang Lee, M.D. JON LINDEFJELD, M.D. HUNG NGUYEN, M.D. RESUL OZBAYRAK, M.D. DAENA PETERSEN, M.D. RICHARD PLEAK, M.D. RAGHURAM PRASAD, M.D. WILLIAM REAMY, M.D. DANIEL SAFIN, M.D. JULIE SCHULMAN, M.D. ALAN SCHWARTZ, M.D. DANIEL SEWELL, M.D. ANAND SUKUMARAN, M.D. MARGIE SVED, M.D. JOSHUA THORNHILL IV, M.D. MARK TOWNSEND, M.D. SERENA VOLPP, M.D. MILTON WAINBERG, M.D. CECIL WEBSTER, M.D. CHERYL WILLS, M.D. JESS ZONANA, M.D.

7

AGLP Schedule and Highlighted Educational Sessions



Scan the QR Code to the left to view all of the latest schedule information on our website.

The following schedule is accurate as of May 9. For up to date listings closer to the convention of AGLP/APA events go to http://www.aglp.org/Pages/annualconference.htm

Friday, May 3

AGLP Welcome Reception

6:30 to 8:00 PM Joint AGLP and APA District Branch Happy Hour Balance Eating Disorder Treatment Center 18 W 21st St 4th floor, New York, NY 10010 Wine provided by Eric Yarbrough, purveyor of La Même Chose Wine in Williamsburg. This event graciously co-sponsored by Jack Drescher, MD. RSVP NOW...>

Nightime Outing

10:00pm Joint meeting with PrideCAPA REBAR Chelsea 225 W 19th St, New York, NY 10011 • https://www.rebarchelsea.com

Saturday, May 4

Empowering Healers: The AMA Recovery Plan for America's Physicians - a Blueprint for Restoring Joy to the Practice of Medicine 8:00 AM to 9:30 AM Jesse M Ehrenfeld, MD Room 1A21 Javits Center

True Tales of Leadership in Clinical, Organized, and Academic Psychiatry 8:00 AM to 9:30 AM Harsh Trivedi, MD, MBA, DFAPA; Rebecca Brendel, MD, JD; Saul Levin, MD, Ranaswamy Viswanathan, MD, DSc Room 1E14 Javits Center

Securing the Digital Future: What Psychiatrists Need to Know About Health Al 10:30 AM to 12:00 PM Jesse M Ehrenfeld, MD Rooms 1A04-1A05. Javits Center

Stemming the Opioid Tide: Innovative Hospital Approaches to Combat Stigma, Support Equity, and Improve Medical Outcomes 10:30 AM - 12:00 PM

Mark V. Bradley, MD; Abhisek Khandai; Simon Sidelnik; Samantha Zwiebel Room 1E07, Javits Center

AGLP Annual Medical Student and Resident Brunch

11:30 AM to 12:45 PM At the Home of Petros Levounis, MD RSVP Required: RSVP NOW...> After registering, you will receive a confirmation email containing information about joining the meeting.

Meet and Greet with APA President: Careers in Addiction Psychiatry

12:30 PM to 3:00 PM Petros Levounis, MD Rooms 1A04-1A05, Javits Center

Supporting IMGs Throughout Their Careers

12:30 PM to 3:00 PM Saul Levin, MD; Vishal Madaan, MD; Nitin Gogtay, MD Rooms 1A19-1A20, Javits Center

A Structural Conceptualization of the Designer-Affirming Psychiatric Consultation: Letter-Writing and Bevond

3:45 PM to 5:15 PM Fiona Fonseca, MD; Teddy Goetz, MD; Devin Greene, MD; Morgan Faeder *Rooms 1A15-1A16, Javits Center*

Trans/Non-Binary Committee Happy Hour

6:00 PM to 8:00 PM Henrietta Hudson 438 Hudson St, New York, NY 10014 • https://henriettahudson.com

Women's Dinner Outing

7:00 PM Añejo 668 10th Ave, New York, NY 10036 RSVP Required: RSVP NOW...> After registering, you will receive a confirmation email containing information about joining the gathering.

Nightime Outing

10:00pm Vers 714 9th Ave, New York, NY 10019 • https://www.versnyc.com

Sunday, May 5

50 Years After Dr. Anonymous: Remembrance of a Symposium Past, "Psychiatry: Friend or Foe to Homosexuals? A Dialogue" 8:00 AM to 9:30 AM Gene Nakajima, MD; Richard Dudley, MD; Mary Barber, MD; Saul Levin, MD; Petros Levounis, MD Room 1A08. Javits Center

LGBTQ+: A Primer for Mental Health Providers

8:00 AM to 9:30 AM Muhammad Ganesha, MD; Richard Pleak, MD; Jose Vito, MD; Shervin Shadianloo, MD Room 1A14, Javits Center

Transgender Healthcare in the Military: A Panel Discussion. What was it like then and where are we now?

8:00 AM to 9:30 AM Monica Ormeno, DO; Jesse Ehrenfeld, MD; Sofia Matta, MD; Blake Dremann; Emily Shilling Room 1E10. Javits Center AGLP Schedule and highlighted Educational Session Continued from page 7

Transgender Mental Health

8:00 AM to 9:30 AM Eric Yarbrough, MD Room 1E11, Javits Center

AGLP Annual Executive Board Meeting

9:00 AM to 12:30 PM Edison Room, Fifth Floor, Marriott Marquis This meeting also can be accessed virtually via Zoom. REGISTER NOW...> After registering, you will receive a confirmation email containing information about joining the meeting.

Kinky is not a diagnosis: What every Psychiatrist should know about sex and relationships

10:30 AM to 12:00 PM Fiona Fonseca, MD; Priyanka Amin, MD; Thara Nagarajan; Melanie Gold Rooms 1A04-1A05, Javits Center

AGLP and APA LGBTQ Caucus Annual Membership Meeting

1:00 to 3:00 PM Please join us to learn more about AGLP. Become involved in our organization and make an impact.

O'Neill, Fourth Floor, Marriott Marquis

This meeting also can be accessed virtually via Zoom. Advance registration required: REGISTER NOW...>

After registering, you will receive a confirmation email containing information about joining the meeting.

Journeys in Advocacy: You Can Be What You Can See

1:30 PM to 3:00 PM Katherine Kennedy, MD: Art Walaszek, MD; Fiona Fonseca, MD Rooms 1A15-1A16, Javits Center

Why is My Psychiatrist on Tiktok !? Answering the Ethical Questions of Psychiatric Involvement in Social Media

3:45 PM to 5:15 PM Ashvin Sood, MD; Jack Turban, MD: Sulman Mirza, MD Rooms 1A01-1A02, Javits Center

Poster Session: Differential Expression of microRNAs Associated with Opioid Use in Adults with and without Spinal Cord Injury

3:45 PM to 4:15 PM Dean Wundrach, Katherine Weir, Nguyen Nguyen, Lesliei Morse Location TBA

Nightime Outing

10:00pm Stonewall 53 Christopher St, New York, NY 10014 • https://thestonewallinnnyc.com

Monday, May 6

Managing Anti-LGBTQ Bias and Racism as a Trainee: Understanding and Addressing Discrimination in Patient-Provider Relationships 8:00 AM to 9:30 AM Omid Cohensedgh; Jennings Hernandez; Caroline Yi; Jean-Marie Alvez-Bradford *Rooms 1A04-1A05, Javits Center* AGLP: The Association of LGBTQ Psychiatrists

VOLUME XLVIV(3) • APRIL 2024

Providing free mental health services to the LGBTQ+ community using an interdisciplinary student-run clinic model

8:00 AM to 9:30 AM Constance Zhou; Christopher Ceccolini; Kate Fruitman, MD; Tacina Outram Rooms 1A17-1A18, Javits Center

AGLP Hospitality Suite

8:00 AM to 5:00 PM AGLP Hospitality Suite: Broadhurst/Belasco, Fifth Floor, Marriott Marquis

AGLP Member Continental Breakfast

8:00 AM to 9:30 AM AGLP Hospitality Suite: Broadhurst/Belasco, Fifth Floor, Marriott Marquis RSVP Required. RSVP NOW...>

AGLP Journal of Gay and Lesbian Mental Health

Meet the Editors 9:30 AM to 10:30 AM Chris McIntosh, MD, Editor; Mark Bradley, MD, Editor Elect AGLP Hospitality Suite: Broadhurst/Belasco, Fifth Floor, Marriott Marguis

Medical Student/Resident Discussion Group

10:45 AM to 11:45am Howard Rubin, MD AGLP Hospitality Suite: Broadhurst/Belasco, Fifth Floor, Marriott Marquis

ECP Committee Meeting

12:00 PM to 1:00 PM AGLP Hospitality Suite: Broadhurst/Belasco, Fifth Floor, Marriott Marquis

Chem-Sex, the Alchemy of Desire: Exploring the Role of Substance Use in the Sexual Behavior of Gay/Bisexual Men

1:30 PM to 3:00 PM German Velez, MD; Petros Levounis, MD; Rick Peter Fritz Wolthusen, MD; Luis Filipe Gomes Pereira, MD *Rooms 1A15-1A16, Javits Center*

I Still Love You: A Heart Surgeon Felled by Mental Illness

1:30 PM to 3:00 PM Michael F Myers, MD (Chair); Diane Pontius, Film maker; Kenneth Duckworth, MD Chief Medical Officer NAMI Rooms 3D01, 3D12, Javits Center

APA John Fryer Award and Lecture

Psychological Well-Being and Positive Mental Health in LGB Adults 1:30 PM to 3:00 PM Robert Kertzner, MD Rooms 1A19-1A20. Javits Center

Trans/Nonbinary Committee Meeting

3:00 PM to 4:00 PM Rooms 1A19-1A20, Javits Center

Racial, Gender, and Sexual Orientation Microaggressions Experienced in Healthcare and Strategies to Overcome

3:45 PM to 5:15 PM Saul Levin, MD; Dhruv Gupta, MD; Fiona Fonseca, MD; Ravi Chandra, MD Rooms 1A04-1A05, Javits Center AGLP Schedule and highlighted Educational Session Continued from page 8

Channeling Your Passion and "Inner Outrage" by Promoting Public Policy for Evidence-Based Transgender Care

3:45 PM to 5:15 PM Debra Barnett, MD; Aubrey La Noce, DO; Jack Turban, MD; Gilbert Smith Room 1E11, Javits Center

Entangled in the World Wide Web: From Identity Expression to Internet Addiction

3:45 PM to 5:15 Antoine (Tony) Beayno, MD Room 1E07, Javits Center

AGLP ECP Happy Hour

5:30 PM to 7:00 PM The Dickens, 783 8th Ave, New York, NY 10036 • https://thedickensnyc.com/ RSVP Required: RSVP Now...>

AGLP VIP Reception

(Invitation Only, Upgrade your membership to a patron category to boost your support of AGLP and receive an invitation) 6:00 PM to 7:00 PM The Green Fig; The Yotel, 570 Tenth Avenue, New York, New York 10036 P: 646.706.1717

AGLP Annual Awards Ceremony and Party

7:00 PM to 9:00 PM Our main event of the year. Socialize with old friends and make new ones. This year honoring Richard Dudley, Jr., MD, Amy Hoffman, MD, Amir Ahuja, MD, and The Lesbian, Gay, Bisexual & Transgender Community Center The Green Fig; The Yotel, 570 Tenth Avenue, New York, New York 10036 P: 646.706.1717

This event graciously co-sponsored by:



Nightime Outing 10:00pm Rise Bar 859 9th Ave, New York, NY 10019 • https://www.risebarnyc.com

Tuesday, May 7

Resident Perspectives on the Digital Kaleidoscope of LGBTQ+ Mental Wellbring in the Age of Social Media 1:30 PM to 3:00 PM Chaden Noureddine, MD; Nathen Spitz, MD; Allison Rhodes MD, MPH; Jessica Zonana, MD Room 1A08, Javits Center

The State of LGBTQ+ Mental Health 1:30 PM to 3:00 PM Amir Ahuja, MD Room 1E10, Javits Center

AGLP International and BIPOC Dinner Out

Informal gathering for international psychiatrists visiting from other countries, IMG's, and Black, Indigenous, and People of Color (including Latina/x/o, Asian/PIs) 6:30 to 8:00 PM Spice/Hell's Kitchen 39 E. 13th Street RSVP Required: RSVP NOW...> After registering, you will receive a confirmation email containing information about joining the meeting.

Nightime Outing

10:00pm Cubbyhole 281 W 12th St, New York, NY 10014 • https://www.cubbyholebar.com

Wednesday, May 8

The (Inadequate) Hours: How medical education has failed LGBTQ patients, and solutions to rectify this problem 8:00 AM to 9:30 AM Brandon Johnson, MD: Jason Lambrese; Gabriella Meyerseon; Emma Banasiak, MD Room 1E06, Javits Center

Issues in Transgender Mental Health

10:30 AM to 12:00 PM Kenneth Ashley, MD Room 1E16, Javits Center

Chemsex: Treatment Strategies and New Research

1:30 PM to 3:00 PM Mark Townsend, MD; Aliza Norwood, MD; Philip Schnarrs, PHD; Amir Ahuja, MD Room 1E07, Javits Center

Psychiatric Perspectives on Art and SMI: The novel, film & Opera, The Hours and its relevance to Virginia Woolf, sexual orientation, suicide, and depression

3:45 PM to 5:15 PM Gene Nakajima, MD; George Saiger; Gregora Gabrellas, MD, MA; Amir Ahuja, MD; Petros Levounis, MD Room 1E12, Javits Center

AGLP Guide to New York Edited by Richard Pleak, M.D.

Our guide to some of the best of New York City, now available online. Click **HERE**, scan the QR code at right, or visit www.aglp.org





AGLP MEMBERSHIP APPLICATION FORM

Name:
DEGREE: PREFERRED (NICK) 1ST NAME:
 FULL MEMBER-\$315 MEMBER OF THE APA RESIDENT - \$65 MEDICAL STUDENT - \$0 EARLY CAREER - \$140 (1st 3 years out of training) FRIEND/ALLY - \$110 INTERNATIONAL (OUTSIDE US AND CANADA) - \$140 (US CUR.) FOUNDING (PATRON LEVEL) - \$1,000 PATRON (PATRON LEVEL) - \$500
Sponsoring (Patron Level) - \$375
IF A STUDENT OR RESIDENT, DATE OF COMPLETION:
Do you want your to appear in an online directory of AGLP members?
Email:
Mailing Address:
City: Zip Code: Country:
COSTS DOWN. IF A PHYSICAL COPY IS REQUIRED PLEASE PROVIDE A PREFERRED ADDRESS: HOME DOFfice DO YOU WANT TO BE A NON-CONFIDENTIALLY LISTED ONLINE REFERRAL SOURCE? YES NO IF YES, FILL IN INFORMATION BELOW.
Age: Gender Date of Birth:
OFFICE PHONE
OFFICE Address:
Спу:
STATE: ZIP CODE:FAX NUMBER:
SPECIALTY:
HOME ADDRESS (OPTIONAL):
נוזץ:
STATE: ZIP CODE: EMAIL:
Номе Рноле:
I wish to pay by 🗅 Check 🗅 VISA 🗅 MasterCard 🗅 AMEX
CARD NO.

(MAKE CHECK OUT TO "AGLP", AND MAIL TO: 1512 Spruce Street #2601, Philadelphia, PA 19102

OR APPLY ONLINE AT WWW.AGLP.ORG

APPLICATION FORM

CAUCUS OF LESBIAN, GAY, BISEXUAL, AND TRANSGENDER PSYCHIATRISTS AMERICAN PSYCHIATRIC ASSOCIATION

(CLGBTP is the official APA minority caucus for lesbian, gay and bisexual psychiatrists. Membership lists are maintained by the APA; confidentiality is not assured. Membership is free.)

Name: ___

Address: _____

Сіту: ___

STATE: ______ - _____

APA Membership Status: ____

Please enroll me in the Caucus of Lesbian, Gay, Bisexual, and Transgender Psychiatrists.

DATE: _____

SIGNED: ____

Send this form to:

Office of Membership American Psychiatric Association 1000 Wilson Boulevard • Suite 1825 Arlington, VA 22209

You may also update your Online Membership Profile at www.psychiatry.org by checking off the appropriate caucus(es) in question 3Fa "APA Caucus Membership" in Section 3: Current Practice and Professional Activities.



Next year, Los Angeles will host the APA/AGLP Annual Meeting, May 17 - May 21, 2025.



Fill out this application, or scan this QR code, and become part of our community!